

*Concept Studios*  
OF PERFORMING ARTS

# 2026 LIL GROOVERS PROSPECTUS

*The first move into Concept Studios of Performing Arts*





# About the Program

Lil Groovers isn't your run-of-the-mill dance classes. It's a tailor-made experience for the little rockstars of our studio aged 2.5 to 4, where they can find their unique groove. And we're not just talking dance moves; Each part of our class is woven with educational components to help students get ready for Big school because creating the whole little human to be confident is important to us.

With 6 Different Styles, we've got a class for every little Preschooler;

1. Lil Hip Hop: A fun journey exploring shapes, colours, and dance elements, led by Bboy Beatz and Boomah. The coolest and most supportive hip hop experience in town.
2. Lil Jazz: A sensational world where your little one becomes a mini superstar, mastering explosive moves and dancing to the latest pop hits with joy and self-expression.
3. Lil Acrobats: The ultimate class for strength, flexibility, and flips led by Trixz, the flipping fox. Combining acrobatics with a literary twist for holistic development.
4. Lil Ballet: Perfect for budding ballerinas who love twirling, unicorns, and dressing up in cute tulle. Tippy the unicorn guides young ballerinas with foundational positions and posture.
5. Lil Cheer: An epic class focusing on team camaraderie, spirited sports atmosphere, high jumps, and magical bounces. An opportunity for your preschooler to build confidence and embrace teamwork.
6. Lil Tap: For the tiny rhythm creators, Lil Tap is the perfect preschool playground where each Lil Tapper dives into a rhythm-filled adventure, tuning their ears to magical beats. It's not just about making noise; Lil Tap embraces musicality, enhancing balance, coordination, and control.

And here's the secret sauce – every song, every move is crafted for max learning and confidence boost. We're not just here to dance; we're prepping these little legends for big school – because a confident Lil human is a happy Lil Human.

We'd love for you and your little one to experience the magic firsthand!



## Lil Ballet

Our Lil Ballet classes at CSPA are perfect for young dancers who adore unicorns and magical adventures! Guided by Tippy the unicorn, your child will learn foundational ballet positions, posture, and the joy of graceful movement. With each class, they'll build confidence and discover the magic of ballet in a fun, enchanting environment.

## Lil Tap

Lil Tap is the perfect class for preschoolers eager to explore rhythm and movement! In this fun and engaging class, your little one will learn the art of tap dance, enhancing their balance, coordination, and musicality with every step. From lively shuffles to rhythmic heel taps, they'll embark on a delightful journey into the world of tap, creating their own symphony with every move.

## Lil Jazz

The perfect preschool dance class for young dancers who love to twirl, glide, and leap in a magical setting filled with unicorns, tutus, and rainbows! Our fun and supportive environment introduces your child to basic jazz technique and dance fundamentals, helping them develop coordination, strength, and confidence. Each class transports your child to a world of wonder, where they can express themselves through graceful movements and explore their love for dance. With glittering tutus and whimsical unicorns, every aspect of our classes is designed to spark your child's imagination and inspire creativity.

## Lil Hip Hop

Our dynamic kids' program is designed to nurture individuality, boost confidence, and teach essential hip hop fundamentals. Through engaging weekly sessions, including props, Cyphers, freestyling, and foundational techniques, your child will naturally progress while having a blast. Our epic warm-up routine enhances balance, coordination, strength, and determination, laying the groundwork for success in both dance and life.

## Lil Acro Cheer

Designed for toddlers, this class helps children develop gross motor skills, safe tumbling techniques, and school readiness in a fun, nurturing environment. Your child will gain strength, improve flexibility, and explore different cultures and places through movement. Our experienced instructors provide a safe, supportive space for your child to step out of their comfort zone and learn essential skills for both physical and social development. With Lil Acrobats, your child will be well-prepared to excel in sports, team activities, and future dance classes.

## My Big Person and Me

My Big Person & Me is a movement class where little ones get to do the class with their big person right by their side. It's the perfect starting point for children who aren't quite ready to jump into a class on their own yet. Together, you'll move, play, dance and explore the Lil Groovers world, while gently building your child's confidence and familiarity with class structure.

# Timetable

## MONDAY

2:30 - 3:15PM - Lil Ballet + Tap

3:15 - 4:00PM - Lil Hip Hop + Jazz

## WEDNESDAY

3:15 - 4:00PM - Lil Ballet + Tap

4:00 - 4:30PM - Lil Cheer

## SATURDAY

9:00 - 9:30AM - My Big Person & Me!

9:30 - 10:15AM - Lil Ballet & Tap

10:15 - 11:00AM - Lil Acro + Cheer





# Uniform Requirements

## **GIRLS:**

- **Pink Leotard**
- **Pink Ballet Skirt**
- **Pink Cross Over Wrap for winter if needed**
- **Option to wear CSPA Jackets/Jumpers**
- **Pink Accessories**
- **Theatrical Pink Tights**
- **Required Shoes specific to style of dance**

## **BOYS:**

- **White Leotard/Singlet**
- **Black Shorts/Leggings**
- **Black Ballet Shoes**
- **Required Shoes specific to style of dance**

*All items can be purchased through Mino Dance Sunbury or Concept Studios of Performing Arts*



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# Ready to take the leap?

To join one of our Lil Groovers classes, please email [info@conceptstudios.com.au](mailto:info@conceptstudios.com.au) to organise a trial lesson and to discuss any questions you may have after reading through this prospectus.

We can't wait to welcome you to our CSPA Family in 2026!

## To contact us:

Email: [info@conceptstudios.com.au](mailto:info@conceptstudios.com.au)

Phone: 0431 345 730

Website: [www.conceptstudios.com.au](http://www.conceptstudios.com.au)

For a deeper insight into our studio, follow us on social media:

Instagram: [@conceptstudiospa](https://www.instagram.com/conceptstudiospa)

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