

A group of dancers in black costumes are performing on a stage under blue lighting. Some dancers are standing in a line, while others are on the floor in various poses. The background is dark with some smoke or fog effects.

# 2026 COMPETITION TEAM PROSPECTUS

*Where passion fuels purpose.*





# About the Program

For the dedicated performer, ready to WORK!

We recommend our 2026 Competition Team for students and families who show great commitment to their dancing and the studio. Students who participate in our Competition Teams will be the face of CSPA at Troupe Competitions and Performance Opportunities throughout the year. Being part of the CSPA Competition Team teaches dancers invaluable skills around team work, resilience and dedication.

Our Competition Team is aimed at passionate, talented performers who aim to do their best and improve weekly. We work incredibly hard as a team with respect and kindness in mind.

CSPA continues to make its mark in the Melbourne dance scene and we know that 2026 will be another step forward in cementing our fantastic reputation with like minded studios and organisations.





# The Commitment

Students wishing to join a competition team **MUST** commit to the entire year. At CSPA every single person is a valued member, thus meaning they fulfill their part in the team by committing to all requirements and performances that come with being a member in our competition team

We require 90% attendance for all Competition Team members with the expectation that they will participate in additional rehearsals/classes in the lead up to Competitions/Performances. CSPA will aim to compete in 3 Troupe Competitions per year, these dates will be released to our families in Term 1.

Due to the early release date of competitions, we require a 100% attendance rate for all competitions.

Students who wish to join our Competition Team must participate in at least one Ballet class, one Jazz Technique class and Pilates weekly. This is a non-negotiable requirement and essential in providing the best training programs for our students.





# Teams + Timetables

## **6U COMPETITION TEAM:**

- Monday + Wednesday
- Requirements - X1 Ballet Class, x1 Jazz technique class, + Troupe Rehearsal class (2 hours)
- Additional - Junior Hip Hop Crew, Acro, Tap, Mini/Junior Musical Theatre, Mini/Junior Hip Hop + CSPA Musical Theatre Extension

## **10U COMPETITION TEAM:**

- Thursday + Saturday
- Requirements - X1 Ballet Class, x1 Jazz technique class, x1 Pilates class + Troupe Rehearsal class (2 hours)
- Additional - Additional - Junior Hip Hop Crew, Acro, Tap + Extension Programs

## **13U COMPETITION TEAM:**

- Tuesday + Thursday
- Requirements - X1 Ballet Class, x1 Jazz technique class, x1 Pilates class + Troupe Rehearsal class (2 hours)
- Additional - Junior Hip Hop Crew/Senior Hip Hop Crew, Acro, Tap + Extension Programs

## **16U/ Senior COMPETITION TEAM:**

- Monday + Wednesday
- Requirements - X1 Ballet Class, x1 Jazz technique class, x1 Pilates class + Troupe Rehearsal class (2 hours)
- Additional - Senior Hip Hop Crew, Classical Extension Program, Acro, Tap + Extension Programs





# Female Uniform



STYLE	CLOTHING	SHOES/TIGHTS	HAIR/GROOMING
<b>BALLET EXAM CLASSES</b>	Black "ANNABELLE" Leotard & Ballet Skirt (Energetiks brand) For colder months, students are able to wear a matching black cross over.	Leather, split sole ballet shoes. Theatrical pink ballet tights.	Hair must be pulled off face in a neat bun.
<b>17 &amp; U OPEN BALLET</b>	Any leotard/ballet skirt combination	Leather, split sole ballet shoes. Theatrical pink ballet tights.	Hair must be pulled off face in a neat bun.
<b>TROUPES &amp; JAZZ TECHNIQUE</b>	Any Black/CSPA fitted dance attire. E.g. Black Leotard, Black CSPA shorts, Black CSPA crop, Black CSPA singlet etc.  Preferred uniform is CSPA Black Crop Top & Black shorts. NO T-SHIRTS, BAGGY CLOTHES ETC.	Tan split sole jazz shoes (no laces) Tan tap shoes (buckle) Half soles *Shoes are relative to troupes students are enrolled in, if you are unsure please contact admin.	Hair must be pulled off face in a neat bun.
<b>HIP HOP</b>	Black fitted dance attire. E.g. Black Leotard, Black CSPA shorts, Black CSPA crop, Black CSPA singlet etc. As Hip Hop is more relaxed, students may want to wear baggy shorts/pants.	Any sneakers are able to be worn in class however at performance time, we require students to wear predominantly white sneakers.	Hair must be neatly pulled off face in ponytail/bun.
<b>ACROBATICS</b>	Black fitted dance attire. E.g. Black Leotard, Black CSPA shorts, Black CSPA crop, Black CSPA singlet etc.	Convertible tights. Bare feet.	Hair must be pulled off face in a neat bun.

Please note that for Competitions/ End of Year Showcase, students may require different tights/shoes to match their costumes/shoes for respective routines. If a student does two classes in one evening i.e. Jazz and Ballet, they are able to wear the same pair of tights for both classes. We do not expect them to change in between.



# Opportunities

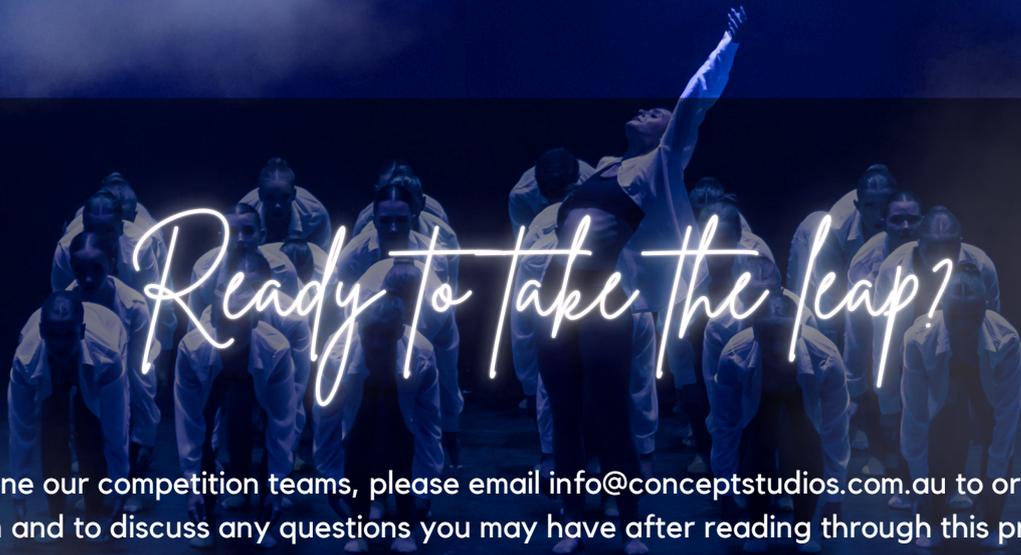
**CSPA HOLDS PRIDE IN ITS ABILITY TO PROVIDE OUR DANCERS AN ARRAY OF OPPORTUNITIES:**

## **Performance Opportunities:**

- Perform at competitions (approximately 3 per year)
- Perform at community events
- Guest performers at our annual junior and recreational showcase
- Perform in our annual competition showcase
- Opportunity to be apart of Concept Cabaret (Cabaret style singing showcase)
- Yearly COMDANCE Ballet Examinations
- \*New in 2025 perform in CSPA Musical Spectacular
- \*IN THE WORKS - Opportunity to dance in the USA, Disneyland + Universal Studios

## **Program Opportunities:**

- Assistant/Junior teacher program
- Private Lessons, focusing on technique development to curating competition routines
- Reformer Pilates Extension Program
- Advanced Classical Ballet Extension - Head Faculty -retired Ballerina, Ashleigh McKimmie (Extensive experience Internationally )
- Junior and Senior Hip Hop Crew - Head Faculty - Ben Uili (Extensive experience internationally)



# Ready to take the leap?

To join one of our competition teams, please email [info@conceptstudios.com.au](mailto:info@conceptstudios.com.au) to organise a trial lesson and to discuss any questions you may have after reading through this prospectus.

We can't wait to welcome you to our CSPA Family in 2026!

## To contact us:

Email: [info@conceptstudios.com.au](mailto:info@conceptstudios.com.au)

Phone: 0431 345 730

Website: [www.conceptstudios.com.au](http://www.conceptstudios.com.au)

For a deeper insight into our studio, follow us on social media:

Instagram: [@conceptstudiospa](https://www.instagram.com/conceptstudiospa)

Facebook: [Concept Studios of Performing Arts](https://www.facebook.com/ConceptStudiosofPerformingArts)

