



# The Bad, The Ugly, The Good In Healing U With Doc G.

"Seeing beyond the **BAD** and  
**UGLY** to uncover the **GOOD**"

↓ MY WORK

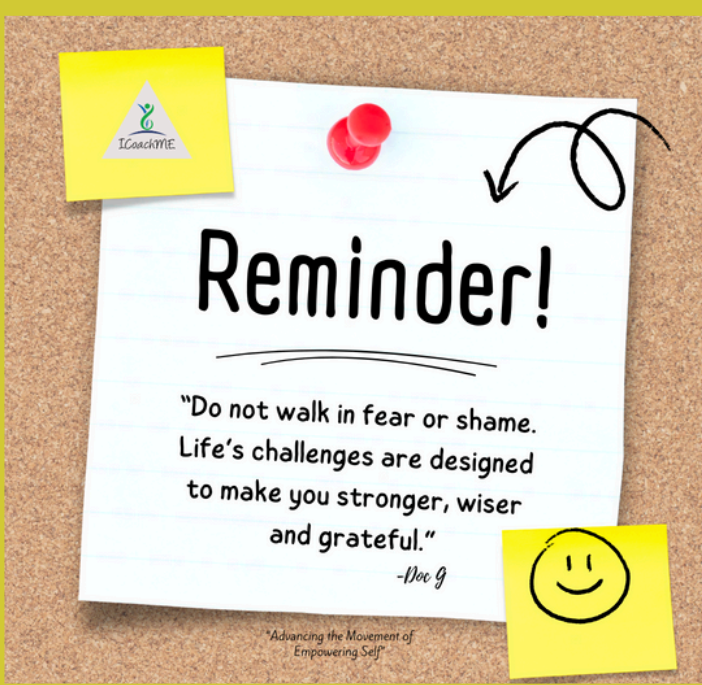


## ABOUT ME

I am a Clinical Psychologist and worked in the field of Psychology for the past 20 years in settings such as outpatient mental health centers, hospitals, educational and residential facilities.

In 2005, she founded Community Therapeutic Services, LLC which is an agency that provides counseling, psychotherapy, and/or psycho-education services to children, adolescents, adults, groups and families.

In 2017, ICoachME was established. ICoachME is a conscious awareness coaching company dedicated to fostering empowerment and enlighten individuals to the movement of self-awareness.



## CV WORK

### Licensed Psychologist (2013–Present)

- Maryland/Washington, DC
  - Experienced working with individuals facing a wide range of mental health concerns, including neurobiological disorders, mood disorders, trauma, anxiety, sleep issues and, impulse-control disorders.

### Author (2019–Present)

- Series
  - It's Really A Spiritual Battle: Mankind's Struggle With Depression — Book One (Launch: September 2025)
  - It's Really A Spiritual Battle: Mankind's Struggle With Regrets — Book Two (Launch: October 2025)
- Published Works
  - Depression: The Average Person's Hidden Secret (2019)
  - ICoachME Book of Quotes (2019)
  - CoachME Daily Journals — series for ages 7 through adult

### Motivational Speaker (2019–Present)

Inspires audiences with talks on personal growth, mental health awareness, resilience, and overcoming life's challenges.

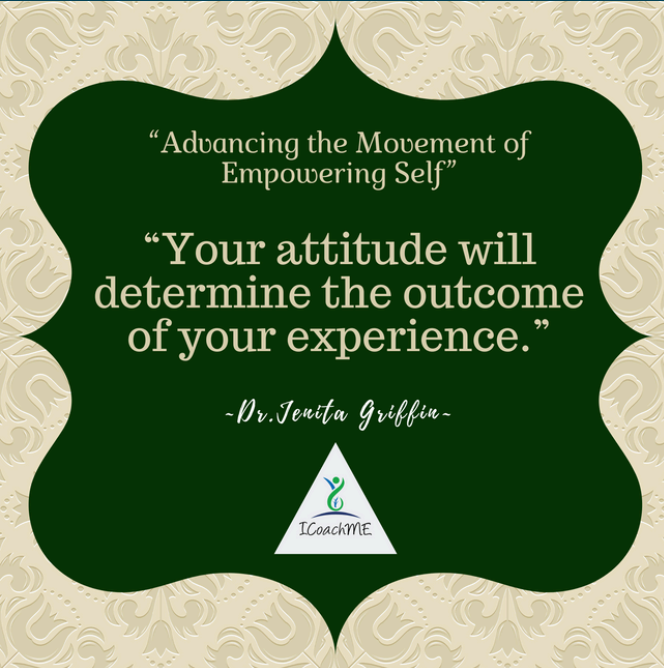
## EDUCATION

Doctorate in Psychology  
Argosy University, 2013

Masters in Psychology  
Bowie State University, 1999

Bachelors in Psychology  
Bowie State University, 1996

## QUOTES:



## CONTACT INFORMATION

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### Social Media:

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Facebook: advancingthemovementofempoweringself/

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