



# Countryside Hospice Support & Memory Center

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March 2018

**New location!**

## **30<sup>th</sup> Turkey 'n Biscuit Supper**

Thursday April 5 4:30 -7pm

First United Methodist Church – Trinity Hall

Adults - \$8.00 Children 12 and under - \$4.00 Carry outs available

A word to the wise...get your dessert before you sit down. That's right, go thru the serving line and load your plate with steaming hot turkey and gravy topped with scratch biscuits, add a few salads on the side – find a table with your family and friends but do not sit down! Instead proceed to the dessert table to snag your favorite pie, homemade brownies or carrot cake. Many have not followed this advice and have sadly watched the last piece of sour cream raisin or pecan pie walk past them. It's not a pretty sight – don't let it happen to you.

All joking aside, we hope you will join us for the 30<sup>th</sup> Turkey and Biscuit supper. It is a great homemade meal and an opportunity to visit with friends and neighbors after this long winter. We hope the sun will be shining and the pie plentiful. All proceeds from this event help sponsor *Pennies for Robert* and the Memory Center.

We still need donations of salads and pies to make this meal complete, if you are able to help please call the Countryside office 945-0827. You can bring them to the church any time after 8:30 am on the day of the supper. Volunteers are also needed for the day and evening, if you could help please give us a call.

## **Community Programs**

**Dementia Care Partners Support** Thursday April 19 6pm – Countryside Office 200 E. Dakota

A confidential group for anyone who cares for a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information and is open to new participants at any time. Vicky Tipton and Denise Richards lead this group. For more information call Denise at 945-0827.

**Mabel's Family Support Group** Wednesday April 4 from noon – 1:00. Prairie Room at **Edgewood**, 1950 East 4<sup>th</sup>

Whether you have been caregiving for years or just starting out, support groups offer an opportunity to learn, share your knowledge, plan for the future and support one another. Cindy Roberts facilitates this group.

Lunch available for \$7 (feel free to bring your own) – please RSVP if you would like lunch 494-3400

**Breast Cancer Survivors** Meeting the first and third Thursday of the month – Countryside office – 945-0827

April 5 & 19 at noon - This informal group is open to all breast cancer survivors and focuses on support and education. April 5 the group will be decorating luminaries for the Relay for Life. April 19 will be a general meeting with a chance for participants to update the group, ask any questions and discuss speakers for future meetings.

**Avera St. Mary's Women's Cancer Support Group** - Meetings are the first Friday of the month (April 6) in the hospital cafeteria conference room at noon. This group is open to women of all ages who are dealing with any type of cancer. For more information contact Terry Pfahler 224-3100 or [teresa.pfahler@avera.org](mailto:teresa.pfahler@avera.org).

## Thank you...

Thank you to everyone who participated in the *Aging in Our Community* panel discussion on February 15. While attendance was down due to weather the information that was shared was very much appreciated. Members of the panel included: Dr. Ellen Pinholt, Medical Consultant Countryside Memory Center; Cindy Erwin PA-C Avera Medical Group; Kara Semmler, May Adam Law Office; Tammy Kabris, Supervisor Dept. of Human Services, Long Term Services and Support; Officer Lee Coppersmith, Pierre Police Department.

Highlights from the panel discussion:

- ❖ The Department of Human Services has a new free information and referral service called **Dakota at Home**. Their goal is to help individuals remain in their own homes and communities as long as possible by helping them identify public and private resources to meet their needs.

The website is [dakotaathome.org](http://dakotaathome.org) – it is designed to be user friendly and includes topics such as:

Caregiver support	Crisis/Emergency Services	Employment
Healthcare	Housing/utilities	In-Home services
Legal Assistance	Long Term Care	Medicaid
Mental Health Services	Social/Community Support	Transportation
Veteran's Services	Volunteer Opportunities	

If you prefer to give them a call their number is 833-663-9673. This program assists individuals regardless of age, disability or income.

- ❖ Independence is important for all of us but when a patient has Alzheimer's or another dementia there comes a time when a walk around the block or taking the car to go to coffee can be worrisome. A wrong turn or detour can cause confusion and a simple trip becomes a crisis. The Dementia/Alzheimer's Information form developed by the Pierre Police Department could be very helpful in a situation like this. Family members can fill out the basic information requested, include a current picture of the person and the police will put it on file. If a family member becomes concerned that their loved one has wandered or become lost the information is readily available.

Just a couple of reminders:

- If you file this form be sure to keep the information updated
- This information is confidential and will only be used by law enforcement
- The form asks about locations the person enjoys – it may also be helpful to include a specific routine or route that they follow, i.e. goes to the post office, then to coffee at Fred's, then returns home via Harrison Ave.
- Providing this information in advance can prevent wasting valuable time
- Forms are available at the Countryside office 200 E. Dakota Ste 1 or the Pierre police department. Think of this form as a safety net – we hope you never need to use it but wouldn't it be good to have on file ... just in case.

We also talked about health, financial and legal concerns, scamming, driving issues and gun safety. This is just a sample of the great information presented and we hope to bring this panel back together in the fall – before the snow flies – to continue the discussion.

## **Thrift Store**

Store Hours: Tuesday – Friday 10am – 5:30pm      Saturday 10am – 5pm  
Donations accepted 8:30 - 4:30 Monday thru Saturday  
Monday – closed for shopping but open for donations 8:30am - 4:30 pm

### **A few donation reminders...**

We welcome clothing, household and decorative items, linens, books, small appliances, office supplies, games, toys, kitchen items, collectibles, shoes, craft and sewing supplies, frames, pictures, seasonal decorative items, jewelry and much more if they are in good repair, no rips, tears, missing buttons, broken zippers, or stains and do not smell like mildew, cigarettes or have a nice layer of pet hair. We are unable to take mattresses, hide a beds, encyclopedias, some medical equipment, items with fuel, car seats, older cribs or large appliances.

Staff is available to help you with your donations and if you have large items don't hesitate to ask a staff person to take a look and be sure we can accommodate your donation before you unload your vehicle. And, as always, please do not leave your donations sitting outside the store after hours – we have regular after hours shoppers who feel because it is a donation it is free for the taking. Who knew...

### **Golf balls ...**

It must be getting close to spring because the Jacobson's – Ed & Sandy - are already talking about the golf ball supply for the Thrift Store. Each year the Jacobson's "rescue" hundreds of golf balls and donate them to the store – a great example of thrift store recycling and a great way to build up your supply for the golfing season.

### **Summer...**

Summer means a whole new look for the thrift store as the spring and summer clothing and decorative items hit the sales floor. All through the year summer items are carefully packed away until the sun shines and the snow stops. We are never sure what we will have so stop often and you might just find that cooler, flower pot, lawn chair, BBQ thingy you have always wanted. Remember, new inventory is added daily!

### **Having a garage sale?**

Whether you are having a lawn sale, garage sale, estate sale, moving sale or barn sale one thing is for sure – you will have leftovers! We welcome your leftovers and will turn them into donations for the community. Again, it's that recycling thing...

### **Volunteers needed...**

We currently have openings for volunteer cashiers – if you think you might be interested but are a little uneasy running a cash register, please stop by the thrift store any Monday and ask Rose or Marie to show you the ropes. It is an easy machine and there is always a manager close by to help with questions. If you could do a couple of hours a week it would be a big help.

### **Staff opening...**

We continue to look for just the right person to add to our Saturday crew. This person must be able to lift about 40 lbs. and be on their feet for the day. It is a physical but fun position as you are challenged to keep the outside patio area organized and ready for the next load of donations. The days go quickly and there is never a dull moment – if you need to add a few extra dollars to your weekly income this might be perfect for you. For more information call 945-0827 or stop by the Thrift Store or Countryside office 200 E. Dakota and pick up an application.

## Countryside Memorials ...

Rosemary Burtts  
Katherine Burtts  
David Wire  
Daniel Wire  
Donald Wire  
Harold Burtts  
Robert Burtts  
Debbie Burtts  
by  
Ron & Mary (Burtts) Wire

Carol Fiala  
by  
Gary, Debbie & David Fiala

Cal & Joan Pottratz  
by  
Bob & Mary Pottratz

John & Anne Woods  
Burton & Anna Warne  
Jack Fifield  
by  
Maynard & Mary Greenfield\*

Jenny Wegner  
Sharon Paulsen  
Dennis Lindbloom  
Thelma Beastrom  
by  
Pat & Holly Hoing

John Miller  
by  
Jill & John Wellhouse\*\*

Howard Oakland  
Dr. Tom Roth  
Nettie Bumann  
Jana Inman Saucedo  
Anna Bartel  
Jenny Wegner  
by  
Joel & Carol Gengler\*

Jenny Wegner  
by  
Art & Mary Rezac  
Leah Kirley

Sharon Paulsen  
Grace Duncan  
by  
Dr. Barbara K. Spears

John Miller  
by  
Anonymous

Grace Duncan  
Don Hosman  
Jenny Wegner  
by  
Dick & Rita Wendt

Jenny Wegner  
Steve Gomez  
by  
Homer & Pat Harding

Margaret Nickels  
Nina Volk  
by  
Maxine Tessier

Edward Ravnaas  
by  
Don & Shirley Sandal

Steve Gomez  
by  
Bob & Shirlee Miller

Donald Wayne Cromwell  
by  
Darline Fuoss

Duane Meyers  
by  
Don & Shirley Sandal

Duane Cox  
George Mowry  
by  
Audrey Hullinger

Thelma Beastrom  
Jenny Wegner  
Lavonne Lawien  
by  
Ruth Schmidt

Thelma Beastrom  
Alan Garber  
Jenny Wegner  
Stephen Gomez  
by  
Gerry & Nancy Cutshaw

Arlo Mortimer  
by  
Bob & Shirlee Miller

Ida Bartels  
by  
Dwight & Bev Peters

Sherman Rausch  
by  
Dwight, Bev & Jeff Peters  
Dale & Donna Gohl

Don Rounds  
Paul & Nina Volk  
Phyllis Hunsley  
by  
Jerry & Paula Hunsley

Don Rounds  
by  
Carla Sahr  
Sonny & Charlene Reed  
Patricia Weeldreyer  
Jay & Beverly Mickelson  
Pat & Homer Harding  
Leona Buhler  
Ray & Nadine Henderson  
Dan & Pam Cronin  
Art & Mary Rezac  
Lynn & Jane Metzinger

Nina Volk  
Carol Luckhurst  
Timer Allison  
Don Rounds  
Sherman Rausch  
Rich Zoller  
by  
Gaylord & Cathy Sonnenschein

Arlo Mortimer  
Don Rounds  
by  
Mark & Denise Venner\*\*

Jenny Wegner  
Steve Gomez  
Arlo Mortimer  
by  
Dennis & Shirley Eismach

Jake Weischedel  
by  
Minnie Mae Claggett\*

Lyle Hunsley  
by  
Charles Kirkpatrick

Timothy Doyle  
Cathy Doyle Holden  
Jerry Doyle  
by  
Shirley Doyle\*\*\*

## *In Loving Memory of ...*

**Marcia Burrows**

*John  
Janet – Deb – Susan -  
Dawn*

**Norman Opp**

*on his March Birthday –  
Love and miss you.  
Lauretta Opp*

**Grandma Carol Fiala**

*We miss you!  
Love,  
Moriah & Levi Wixon\**

**Gordon Baumgart**

*Miss you during the  
Easter Season  
Love,  
Deloris\*\**

**John Miller**

*3/12/52 – 11/26/17  
We love you  
and miss you.  
Happy Birthday  
Marge Miller, Adrienne,  
Erica & Erin families*

**Sharon Maupin**

*on her birthday  
March 14<sup>th</sup>  
Love & miss you.  
Leonard & Janice Deal  
& Family*

**Orma E. McInnis**

*Bob & Beth McInnis,  
Sam Treib,  
Susan & Bob Marrington,  
Kathy & Joe Gittings  
& Ralph Dirksen*

**John McInnis**

*Joe & Kathy Gittings,  
Susan & Bob Marrington,  
Bob & Beth McInnis,  
Sam Treib,  
& Ralph Dirksen*

**Patrick McInnis**

*Bob & Beth McInnis,  
Sam Treib,  
Susan & Bob  
Marrington,  
Kathy & Joe Gittings  
& Ralph Dirksen*

*In loving memory of*

**Jonathan H. Olinger**

*on his birthday, March 17<sup>th</sup>  
You are missed every day of the year  
but we treasure our special memories.  
You are forever in our hearts!  
Mom, Dad, Cheri, Josh, Ty & Molly*

**Margie Oehlerking**

*our beloved wife, mother,  
grandmother & great-  
grandmother on her  
birthday March 20<sup>th</sup>.  
We love and miss  
you so much.  
Milt & Family*

*In memory of the  
love of my life  
**Bob Gardner**  
from  
Charmaine Gardner*

*To my loving wife,*

**Margie Oehlerking**

*on what would have been our 70<sup>th</sup> anniversary,  
married on March 28, 1948  
I miss you every hour of every day.  
Love, Milt*

*My brothers,  
**Keith, Darrel, Vince  
& Buddy Welch**  
from  
Charmaine Gardner*



*In Memory of*

**Shane Cronin**

*on the March 11<sup>th</sup> anniversary of his passing.  
You are missed each and every day!!  
from  
Lisa, Gerry, Jacob & Joshua Saylor*



**Memberships:** John & Jill Wellhouse, Mary Jo Askew, Maxine Tessier, Gloria Hosman, Grace Fields, Jerre Willis, Larry & Gail Lyngstad, Beverly Jennings, Elda Obenauer, Lynell Asher, Gaylord & Cathy Sonnenschein

**Donations:** Anonymous, Trinity Lutheran Church-Midland, SD, Nancy & Ross Sperry\*, Grace Fields\*\*, Lloyd & Alvena Thompson, Lynell Asher\*\*\*, Department of Social Services - February 2018 Jeans Day Donation

Countryside Hospice Support & Memory Center  
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**Volunteer Hours – 1,053 hours for February 2018**

These hours include thrift store – fund raising – board of directors – special projects – newsletter mailing  
Everyday volunteers make the Memory Center and *Pennies for Robert* possible ... we are so grateful

**Pennies for Robert** - In February - **\$7,510** was distributed for 55 trips for cancer care! Thank you!!

\* Pennies for Robert / \*\* Memory Center / \*\*\*Avera@Home

This newsletter contains donations processed through March 9, 2018. The cutoff date for the April newsletter will be April 13<sup>th</sup>

**THIS GIFT IS FROM:**

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

**PLEASE USE MY GIFT FOR:**

- Memorial     Memory Center     Membership     Avera@Home     Pennies for Robert  
(Cancer patients' travel fund)

**MY GIFT IS:**

In Memory/Honor of \_\_\_\_\_

Please Notify \_\_\_\_\_