



Countryside Hospice Support & Memory Center

March 2018

New location!

30th Turkey 'n Biscuit Supper

Thursday April 5 4:30 -7pm

First United Methodist Church – Trinity Hall

Adults - \$8.00 Children 12 and under - \$4.00 Carry outs available

A word to the wise...get your dessert before you sit down. That's right, go thru the serving line and load your plate with steaming hot turkey and gravy topped with scratch biscuits, add a few salads on the side – find a table with your family and friends but do not sit down! Instead proceed to the dessert table to snag your favorite pie, homemade brownies or carrot cake. Many have not followed this advice and have sadly watched the last piece of sour cream raisin or pecan pie walk past them. It's not a pretty sight – don't let it happen to you.

All joking aside, we hope you will join us for the 30th Turkey and Biscuit supper. It is a great homemade meal and an opportunity to visit with friends and neighbors after this long winter. We hope the sun will be shining and the pie plentiful. All proceeds from this event help sponsor *Pennies for Robert* and the Memory Center.

We still need donations of salads and pies to make this meal complete, if you are able to help please call the Countryside office 945-0827. You can bring them to the church any time after 8:30 am on the day of the supper. Volunteers are also needed for the day and evening, if you could help please give us a call.

Community Programs

Dementia Care Partners Support Thursday April 19 6pm – Countryside Office 200 E. Dakota

A confidential group for anyone who cares for a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information and is open to new participants at any time. Vicky Tipton and Denise Richards lead this group. For more information call Denise at 945-0827.

Mabel's Family Support Group Wednesday April 4 from noon – 1:00. Prairie Room at **Edgewood**, 1950 East 4th

Whether you have been caregiving for years or just starting out, support groups offer an opportunity to learn, share your knowledge, plan for the future and support one another. Cindy Roberts facilitates this group.

Lunch available for \$7 (feel free to bring your own) – please RSVP if you would like lunch 494-3400

Breast Cancer Survivors Meeting the first and third Thursday of the month – Countryside office – 945-0827

April 5 & 19 at noon - This informal group is open to all breast cancer survivors and focuses on support and education. April 5 the group will be decorating luminaries for the Relay for Life. April 19 will be a general meeting with a chance for participants to update the group, ask any questions and discuss speakers for future meetings.

Avera St. Mary's Women's Cancer Support Group - Meetings are the first Friday of the month (April 6) in the hospital cafeteria conference room at noon. This group is open to women of all ages who are dealing with any type of cancer. For more information contact Terry Pfahler 224-3100 or teresa.pfahler@avera.org.

Thank you...

Thank you to everyone who participated in the *Aging in Our Community* panel discussion on February 15. While attendance was down due to weather the information that was shared was very much appreciated. Members of the panel included: Dr. Ellen Pinholt, Medical Consultant Countryside Memory Center; Cindy Erwin PA-C Avera Medical Group; Kara Semmler, May Adam Law Office; Tammy Kabris, Supervisor Dept. of Human Services, Long Term Services and Support; Officer Lee Coppersmith, Pierre Police Department.

Highlights from the panel discussion:

- ❖ The Department of Human Services has a new free information and referral service called **Dakota at Home**. Their goal is to help individuals remain in their own homes and communities as long as possible by helping them identify public and private resources to meet their needs.

The website is dakotaathome.org – it is designed to be user friendly and includes topics such as:

Caregiver support	Crisis/Emergency Services	Employment
Healthcare	Housing/utilities	In-Home services
Legal Assistance	Long Term Care	Medicaid
Mental Health Services	Social/Community Support	Transportation
Veteran's Services	Volunteer Opportunities	

If you prefer to give them a call their number is 833-663-9673. This program assists individuals regardless of age, disability or income.

- ❖ Independence is important for all of us but when a patient has Alzheimer's or another dementia there comes a time when a walk around the block or taking the car to go to coffee can be worrisome. A wrong turn or detour can cause confusion and a simple trip becomes a crisis. The Dementia/Alzheimer's Information form developed by the Pierre Police Department could be very helpful in a situation like this. Family members can fill out the basic information requested, include a current picture of the person and the police will put it on file. If a family member becomes concerned that their loved one has wandered or become lost the information is readily available.

Just a couple of reminders:

- If you file this form be sure to keep the information updated
- This information is confidential and will only be used by law enforcement
- The form asks about locations the person enjoys – it may also be helpful to include a specific routine or route that they follow, i.e. goes to the post office, then to coffee at Fred's, then returns home via Harrison Ave.
- Providing this information in advance can prevent wasting valuable time
- Forms are available at the Countryside office 200 E. Dakota Ste 1 or the Pierre police department. Think of this form as a safety net – we hope you never need to use it but wouldn't it be good to have on file ... just in case.

We also talked about health, financial and legal concerns, scamming, driving issues and gun safety. This is just a sample of the great information presented and we hope to bring this panel back together in the fall – before the snow flies – to continue the discussion.

Thrift Store

Store Hours: Tuesday – Friday 10am – 5:30pm Saturday 10am – 5pm
Donations accepted 8:30 - 4:30 Monday thru Saturday
Monday – closed for shopping but open for donations 8:30am - 4:30 pm

A few donation reminders...

We welcome clothing, household and decorative items, linens, books, small appliances, office supplies, games, toys, kitchen items, collectibles, shoes, craft and sewing supplies, frames, pictures, seasonal decorative items, jewelry and much more if they are in good repair, no rips, tears, missing buttons, broken zippers, or stains and do not smell like mildew, cigarettes or have a nice layer of pet hair. We are unable to take mattresses, hide a beds, encyclopedias, some medical equipment, items with fuel, car seats, older cribs or large appliances.

Staff is available to help you with your donations and if you have large items don't hesitate to ask a staff person to take a look and be sure we can accommodate your donation before you unload your vehicle. And, as always, please do not leave your donations sitting outside the store after hours – we have regular after hours shoppers who feel because it is a donation it is free for the taking. Who knew...

Golf balls ...

It must be getting close to spring because the Jacobson's – Ed & Sandy - are already talking about the golf ball supply for the Thrift Store. Each year the Jacobson's "rescue" hundreds of golf balls and donate them to the store – a great example of thrift store recycling and a great way to build up your supply for the golfing season.

Summer...

Summer means a whole new look for the thrift store as the spring and summer clothing and decorative items hit the sales floor. All through the year summer items are carefully packed away until the sun shines and the snow stops. We are never sure what we will have so stop often and you might just find that cooler, flower pot, lawn chair, BBQ thingy you have always wanted. Remember, new inventory is added daily!

Having a garage sale?

Whether you are having a lawn sale, garage sale, estate sale, moving sale or barn sale one thing is for sure – you will have leftovers! We welcome your leftovers and will turn them into donations for the community. Again, it's that recycling thing...

Volunteers needed...

We currently have openings for volunteer cashiers – if you think you might be interested but are a little uneasy running a cash register, please stop by the thrift store any Monday and ask Rose or Marie to show you the ropes. It is an easy machine and there is always a manager close by to help with questions. If you could do a couple of hours a week it would be a big help.

Staff opening...

We continue to look for just the right person to add to our Saturday crew. This person must be able to lift about 40 lbs. and be on their feet for the day. It is a physical but fun position as you are challenged to keep the outside patio area organized and ready for the next load of donations. The days go quickly and there is never a dull moment – if you need to add a few extra dollars to your weekly income this might be perfect for you. For more information call 945-0827 or stop by the Thrift Store or Countryside office 200 E. Dakota and pick up an application.

Countryside Memorials ...

Rosemary Burts

Katherine Burts

David Wire

Daniel Wire

Donald Wire

Harold Burts

Robert Burts

Debbie Burts

by

Ron & Mary (Burts) Wire

Carol Fiala

by

Gary, Debbie & David Fiala

Cal & Joan Pottratz

by

Bob & Mary Pottratz

John & Anne Woods

Burton & Anna Warne

Jack Fifield

by

Maynard & Mary Greenfield*

Jenny Wegner

Sharon Paulsen

Dennis Lindblom

Thelma Beastrom

by

Pat & Holly Hoing

John Miller

by

Jill & John Wellhouse**

Howard Oakland

Dr. Tom Roth

Nettie Bumann

Jana Inman Sauceda

Anna Bartel

Jenny Wegner

by

Joel & Carol Gengler*

Jenny Wegner

by

Art & Mary Rezac

Leah Kirley

Sharon Paulsen

Grace Duncan

by

Dr. Barbara K. Spears

John Miller

by

Anonymous

Grace Duncan

Don Hosman

Jenny Wegner

by

Dick & Rita Wendt

Jenny Wegner

Steve Gomez

by

Homer & Pat Harding

Margaret Nickels

Nina Volk

by

Maxine Tessier

Edward Ravnaas

by

Don & Shirley Sandal

Steve Gomez

by

Bob & Shirlee Miller

Donald Wayne Cromwell

by

Darline Fuoss

Duane Meyers

by

Don & Shirley Sandal

Duane Cox

George Mowry

by

Audrey Hullinger

Thelma Beastrom

Jenny Wegner

Lavonne Lawien

by

Ruth Schmidt

Thelma Beastrom

Alan Garber

Jenny Wegner

Stephen Gomez

by

Gerry & Nancy Cutshaw

Arlo Mortimer

by

Bob & Shirlee Miller

Ida Bartels

by

Dwight & Bev Peters

Sherman Rausch

by

Dwight, Bev & Jeff Peters

Dale & Donna Gohl

Don Rounds

Paul & Nina Volk

Phyllis Hunsley

by

Jerry & Paula Hunsley

Don Rounds

by

Carla Sahr

Sonny & Charlene Reed

Patricia Weeldreyer

Jay & Beverly Mickelson

Pat & Homer Harding

Leona Buhler

Ray & Nadine Henderson

Dan & Pam Cronin

Art & Mary Rezac

Lynn & Jane Metzinger

Nina Volk

Carol Luckhurst

Timer Allison

Don Rounds

Sherman Rausch

Rich Zoller

by

Gaylord & Cathy Sonnenschein

Arlo Mortimer

Don Rounds

by

Mark & Denise Venner**

Jenny Wegner

Steve Gomez

Arlo Mortimer

by

Dennis & Shirley Einsnach

Jake Weischedel

by

Minnie Mae Claggett*

Lyle Hunsley

by

Charles Kirkpatrick

Timothy Doyle

Cathy Doyle Holden

Jerry Doyle

by

Shirley Doyle***

In Loving Memory of ...

Marcia Burrows

John
Janet – Deb – Susan –
Dawn

Norman Opp

on his March Birthday –
Love and miss you.
Lauretta Opp

Grandma Carol Fiala

We miss you!
Love,
Moriah & Levi Wixon*

Gordon Baumgart

Miss you during the
Easter Season
Love,
Deloris**

John Miller

3/12/52 – 11/26/17
We love you
and miss you.
Happy Birthday
Marge Miller, Adrienne,
Erica & Erin families

Sharon Maupin

on her birthday
March 14th
Love & miss you.
Leonard & Janice Deal
& Family

Orma E. McInnis

Bob & Beth McInnis,
Sam Treib,
Susan & Bob Marrington,
Kathy & Joe Gittings
& Ralph Dirksen

John McInnis

Joe & Kathy Gittings,
Susan & Bob Marrington,
Bob & Beth McInnis,
Sam Treib,
& Ralph Dirksen

Patrick McInnis

Bob & Beth McInnis,
Sam Treib,
Susan & Bob
Marrington,
Kathy & Joe Gittings
& Ralph Dirksen

In loving memory of

Jonathan H. Olinger
on his birthday, March 17th
You are missed every day of the year
but we treasure our special memories.
You are forever in our hearts!
Mom, Dad, Cheri, Josh, Ty & Molly

Margie Oehlerking

our beloved wife, mother,
grandmother & great-
grandmother on her
birthday March 20th.
We love and miss
you so much.
Milt & Family

*In memory of the
love of my life*

Bob Gardner
from
Charmaine Gardner

To my loving wife,

Margie Oehlerking
on what would have been our 70th anniversary,
married on March 28, 1948
I miss you every hour of every day.
Love, Milt

My brothers,

**Keith, Darrel, Vince
& Buddy Welch**
from
Charmaine Gardner



In Memory of

Shane Cronin

on the March 11th anniversary of his passing.
You are missed each and every day!!
from
Lisa, Gerry, Jacob & Joshua Sayler



Memberships: John & Jill Wellhouse, Mary Jo Askew, Maxine Tessier, Gloria Hosman, Grace Fields, Jerre Willis, Larry & Gail Lyngstad, Beverly Jennings, Elda Obenauer, Lynell Asher, Gaylord & Cathy Sonnenschein

Donations: Anonymous, Trinity Lutheran Church-Midland, SD, Nancy & Ross Sperry*, Grace Fields**, Lloyd & Alvena Thompson, Lynell Asher***, Department of Social Services - February 2018 Jeans Day Donation

Countryside Hospice Support & Memory Center
200 East Dakota Suite 1
Pierre, SD 57501

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Permit No. 76

Volunteer Hours – 1,053 hours for February 2018

These hours include thrift store – fund raising – board of directors – special projects – newsletter mailing
Everyday volunteers make the Memory Center and *Pennies for Robert* possible ... we are so grateful

Pennies for Robert - In February - **\$7,510** was distributed for 55 trips for cancer care! Thank you!!

* Pennies for Robert / ** Memory Center / ***Avera@Home

This newsletter contains donations processed through March 9, 2018. The cutoff date for the April newsletter will be April 13th

THIS GIFT IS FROM:

Name _____

Address _____ Phone _____

PLEASE USE MY GIFT FOR:

Memorial Memory Center Membership Avera@Home Pennies for Robert
(Cancer patients' travel fund)

MY GIFT IS:

In Memory/Honor of _____

Please Notify _____