



Countryside Hospice Support & Memory Center

200 East Dakota Avenue, Suite 1, Pierre, South Dakota 57501

Phone: (605) 945-0827

March 2019

Turkey and Biscuit Supper

Thursday April 4 4:30 -7:00 pm

First United Methodist Church – Trinity Hall

Adults - \$10 Children 12 and under - \$5.00 Carry outs available

In the past 33 years we have only missed a year or two without the Turkey Supper. Since it requires a fair amount of planning, a substantial amount of manpower and basically a kitchen full of turkey “parts” it would be easy to say let’s not do this anymore.

But then we think about the people.

The crew that works from early morning till early evening, the bakers and salad makers, and everyone who comes for the meal and fellowship. We would miss that, the laughter, the conversation and the support.

So, we will be there on April 4th – we look forward to seeing you and we will do our best to make sure that the turkey and gravy will be hot and the biscuits light and fluffy. And remember - get your pie before you eat so you don’t miss out!

We still need pies, salads and volunteers for the day of the supper. We could also use a few more ice cream buckets with lids. If you have any questions or could help in any way please call Laurie 945-0827. Thank you.

Proceeds will help fund ***Pennies for Robert*** – providing travel funds for cancer patients that need to leave our community for care and those coming from surrounding communities to the Helmsley Center for treatment.

Pennies for Robert

Each year we work on a budget for Countryside. Since our funding comes from the Thrift Store, memberships, memorials and donations we know there isn’t any firm money that we can count on but we do our best and most years we come pretty close.

This year however, we were way off on our projections for the **Pennies for Robert** Program. We had anticipated \$90,000 for travel expense and as of the end of February (the 11th month of our fiscal year) we had distributed **\$116,351 for 891 trips**.

Luckily, with your help, we can bridge the gap and continue to provide funds for patients traveling for cancer care. Once again you have circled the wagons and met the need. Our thanks.

Volunteer Appreciation
Monday, April 15 @ noon
First United Methodist Church – Trinity Hall
Lunch provided

All Countryside volunteers are invited to join us for a celebration luncheon on April 15th.

Volunteers are the heart – and the glue - of Countryside and we welcome every opportunity to celebrate their contributions and expertise.

If you are unable to join us, please know that you will be included as we thank all who give so unselfishly of their time and make the community programs of Countryside possible.

Volunteers make any task easier and much more fun – there is always laughter at the Thrift Store, during newsletter mailings and in the kitchen at turkey time. The Board of Directors take their responsibility of guiding Countryside very seriously but leave their egos and agendas at the door and come to the table with the best interest of the program before them – and there is laughter there, too!

In addition, when someone is ill, has experienced a loss or another crisis in their life, there is concern and support from fellow volunteers. Lifelong friendships have been formed doing fund raising events that would send most running for the hills. It is indeed a sturdy, dedicated, gracious group. Our thanks.

If you are able to join us on April 15th please call Laurie 945-0827 – thank you

Thrift Store Update

Did you know?

- The store is full of Easter clothing, decorations, gift bags, cards and toys.
- There is an evening crew of staff and volunteers that restock the kitchen, knick knacks and seasonal items after the store closes. They also clean the shelves and rearrange. This is the crew that works weekends during the fall and holiday season to make sure every last piece of Christmas “stuff” makes it to the sales floor.
- Weather permitting we have a back patio that features furniture, bikes and other items too large for the sales floor.
- We accept donations Monday – Saturday from 8:30 to 4:30pm. There are a few items we cannot accept, i.e. mattresses, encyclopedias, items that require gasoline, any item that is stained, torn or not useable. If you have a question about your donation please ask staff.
- Volunteers are always needed to help work at the checkout to run the cash register or bag items for customers. Volunteers receive special discounts on clothing and other items.
- If you leave your donations behind the store after business hours we often never see them – after hours shoppers rip open your bags of donations and either take them or leave them for the rain/snow to destroy them. Sad but true...
- Questions? Give us a call 945-0150. Check our Facebook page daily for unique items and special sales.



Prairie Doc® Perspectives - Week of February 3, 2019

Those Dirty Rotten Scoundrels

By Richard P. Holm, MD

The phone rang, and I answered it because the call was from a nearby community. No big surprise that the caller was obviously not from anywhere near, and the caller was asking for a donation for some organization in which I had no interest. I said, in a kindly tone, “No thank you,” and hung up. They will never end the call. YOU MUST HANG UP.

Financial abuse by telephone or internet has been called “the crime of the 21st century.” People of all ages are at risk, but scammers commonly target the elderly. Those of us past 65 are more often home to answer the phone, are apt to stay on the line longer and are less likely to report a crime. Making all of this worse, telemarketing crime is challenging to prosecute and, therefore, inviting to criminals.

There are plenty of bad guys out there. The National Council on Aging has written a compendium of common fraudulent traps that can result from telephone calls or internet messages. Here are some:

- Callers may pose as Medicare representatives to obtain your personal numbers for the purpose of billing Medicare for bogus services. Remember, U.S. Government agencies will NEVER initiate a call.
- Because of outrageous prices for drugs, people are lured to purchase less expensive prescriptions from internet and out-of-country pharmacies. Beware that doses of drugs may be different than desired, and sometimes unsafe substances are added.
- Callers may be selling false or dangerous anti-aging products and claim reduced wrinkles or bags under eyes. Don't trust them. Talk to your doctor.
- Con-artists may promise to split a large sum of money with you, provided you first agree to send a “good faith” donation to help cover shipping costs. Don't believe it.
- “Hi Grandma, do you know who this is?” Never give out the name of a family member on an unsolicited call. They usually ask you for money for a fake emergency or rescue. Always check by calling family first.
- Especially after a major disaster, callers ask for “rescue money” to help those harmed which, of course, goes to the scammers, not those in need.
- Fake investment plans are everywhere. Strangers calling or emailing you with a great investment opportunity, should not be trusted, especially if it sounds too good to be true.

Take home message: Don't respond to calls or emails from strangers selling or pushing you into something. Don't donate to causes that you didn't initiate. Beware of scammers. In a kindly tone, say, “No thank you,” and JUST HANG UP.

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Community Programs

Countryside Breast Cancer Survivors

Thursday April 4 & 18 @noon

Countryside classroom 200. E. Dakota

The BCS group is a wonderful mix of those newly diagnosed and those who have been survivors for 15 plus years. While the treatment options and plans have changed greatly over the years, some of the basic questions and discussion remains the same – everyone’s journey a little different and at the same time everyone’s journey very much the same.

Members of the group will be attending the American Cancer Society’s Spring Salad Luncheon on April 13 – if you would like to join them please call 945-0827 to reserve your seat.

Avera St. Mary’s Women’s Cancer Support

April 12 @ noon - Helmsley Center Cafeteria conference room

This group is open to women of all ages who are dealing with any type of cancer. For more information contact Terry Pfahler 224-3100 or teresa.pfahler@avera.org

Avera St. Mary’s Men’s Cancer Support

April 19 @ noon - Helmsley Center Cafeteria conference room

This is a new group for men who have any type of cancer. For more information contact Terry Pfahler 224-3100.

Dementia Care Partners Support Group

Thursday, April 18 - 6:00 pm

Countryside Office 200 E. Dakota

A confidential group for anyone who cares for a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information and is open to new participants at any time. For more information call 945-0827.

Mabel’s Family Support Group

Wednesday April 3, noon - 1:00 pm

Edgewood Senior Living – 1950 E. Fourth St

An opportunity to learn, share your knowledge, plan for the future and support one another. Brown bag lunch, or call ahead and request an Edgewood lunch for \$7. The facilitator of the group is Katie Nagle. Please RSVP if you would like lunch 494-3400.

Kind words can be short and easy to speak, but their echoes are truly endless.

- Mother Teresa

Countryside memorials & donations ...

Rosemary Burtts

Katherine Burtts

David Wire

Daniel Wire

Donald Wire

Harold Burtts

Robert Burtts

Debbie Burtts

by

Ron & Mary (Burtts) Wire

Carol Fiala

by

Gary, Debbie & David Fiala

Cal & Joan Pottratz

by

Bob & Mary Pottratz

John & Anne Woods

Burton & Anna Warne

Jack Fifield

by

Maynard & Mary Greenfield

Merrill Gregg

by

Jim & Jill Hyde**

Elaine Wagner

by

Nancy Bloom*

Marcia Hull

Maxine Tessier*

Julie Gutzmer

by

Erv & DeMaris Nesheim

Seb & Carol Axtman

Jan Eggers

John Stengle

Elaine Wagner

by

Janice Deis

Bob Parliman

Margaret Ruckdaschel

Dr. Barbara Spears

by

Dennis & Shirley Eisnach

John Stengle

Bonnie Baade

Rodger Pearson

by

Dale & Joyce Tipton

Irene Wald

by

Daryl & Marilyn Person

Maxine Tessier*

Patrick Hermanson

Jamie Damon

Brad Urbach

Charles Bowar

Donna Bowar

by

Arlen & Dana Mehrer

Dr. B.O. Lindbloom

Jenny Harmon

Lester Gosch

Irene Wald

Bonnie Baade

by

Anita Baker

Dan Shelbourn

by

Jenelle Busse

Eva Lyren

by

Jim & Gayle Van Camp**

Diane Wonnenburg

Elaine Wagner

Dan Shelbourn

Clint Bock

by

Dennis & Shirley Eisnach

Helen Cromwell

Bob Parliman

by

Rosemary Rounds

Patricia Bonnichsen

Merrill Gregg

Duane Mercer

by

Neil & Kathy Davis

Dr. Barbara Spears

Sharla Garrett

by

Bob & Shirlee Miller

Dr. Barbara Spears

by

Jane Naylor

Randy Pederson

Dorothy Ray

John Stengle

Sharla Garrett

by

Buddy & Danette Cronin

Merrill Gregg

Elaine Wagner

Lester Gosch

Helen Roddewig

Clarence Coder

Dorothy Ray

Carol Jenner Hinkley

Bonnie Baade

Sharla Garrett

Wilma Faye Uecker

Emma Lamb

by

Frank & Carol Newcomb

Ray Henderson

by

Nadine Henderson

Family & Friends

Marilyn Hagemann

by

Sharon Roseland

Hattie Clark

by

Charles Kirkpatrick**

Sharla Garrett

by

Audrey Hullinger

Walt & Lynn Bixler

Arlette Hall*

Beverly Badger

Deanna Sutton & Scott

Tim, Tammy & Trent Withers

Duane Mercer

by

Rich & Doris Ping

Dr. B.O. Lindbloom

by

Leonard & Janice Deal*

Elaine Wagner

Dan Shelbourn

Irene Wald

Tammy Castle

by

Lauri Graves

Memorials & Donations ...

Bonnie Baade
Sharla Garrett
Merrill Gregg
Carol Jenner Hinkley
Susan LeDuc
by
Roger & Marla Fuller*

Dr. Barbara Spears
Ray Henderson
Irene Wald
Rodger Pearson
Virginia Harmon
by
Dick & Rita Wendt

Rodger Pearson
by
Larry & Louween Schoenhard

Marvin Nystrom
by
John & Deann Nystrom

Galen G. Gillette
by
Mary Gillette

Gladys Larsen
by
Leona Buhler

Deb Eich
John Stengle
Irene Wald
Sharla Joy Garrett
Gretha Bergeson
Jeff McDorman
Dr. B.O. Lindbloom
by
Joel & Carol Gengler*

Harold Murnan
by
Ron & Glenda Woodburn

Sue Huffman LeDuc
by
Marge Miller

Sharla Garrett
Jeff McDorman
Rodger Pearson
Bonnie Baade
Lanny Blake
Eldon Russell
Merrill Gregg
Leland Sack
Dave Ryan
by
Linda Sack

Lanny Blake
Eldon Russell
by
Michael & Mary Ann Eichelberg

Memberships: Mary Jo Askew, Roger & Jean Easland, Mary Gillette, Larry & Gail Lyngstad, Ron & Myrna Merriman, Elda Obenauer, Sharon Roseland, Aaron Swan, Lloyd & Alvena Thompson

Donations: Anonymous*, Anderson, Nill & Associates, Inc., Animal Clinic of Pierre, BankWest, Beck Motor Company, Bob & Cindy Clair**, Clausen & Rice, LLP, DeGrey Helping Hand Club, Delta Dental of SD, Roger & Jean Easland**, Feigum Funeral Home, Edward Jones - Carol Gengler, Kara & Todd Hughes, Keller Electric, Lynn's Dakotamart, Jackie Marso, Microfix, Inc., James & Susan Mollison, Oahe Federal Credit Union, Kara & Aaron Semmler, Shane's Pharmacy, Karen Sindelar, Sioux Nation, LLC, John & Deann Nystrom, Smith Plumbing, SD Dept. of Revenue Jeans Day, The Paint Store - Todd & Lisa Frederick, Travel Leaders, Marlene & Dave Werner, Red & Bea Westall, James & Rose Marie Wood

Avera@Home Hospice

Margaret Ruckdaschel
by
Bev & Dwight Peters

Elaine Wagner
Mavis Boyer
by
Keith & Audrey Skron Dahl

Duane "Buck" Mercer
by
John & Judi Hostler
Grace Fields
Jim & Laurie Hinckley

Dorothy Oakland
by
Frank & Carol Newcomb

Dr. Barbara Spears
Susan LeDuc
by
James & Joan Likness

Steven Zinter
by
Dick & Kay Tieszen

In memory of
Margaret Ruckdaschel my dear friend & mentor
and loving church friends
Elaine Wagner & Dan Shelbourn
coworker **Bob Parlman**
and **Jeff McDorman** a childhood friend.
By
Deborah Hepper

In Loving Memory of ...

Marcia Burrows
*John
Janet – Deb – Susan -
Dawn*

John B. Lopez
*Died 29 March 2017
Lest We Forget
J.R. Fishburn*

Carol Fiala
*We miss you -
Mark & Deb Wixon**

Linda Obermeier
*We miss you pretty girl!
Pete, Tammy, Aimee,
Joey, Amanda, Sawyer,
Axton & Jermey*

Marie Lamm
*Bob & Beth McInnis
Susan & Bob
Marrington
Ralph Dirksen
Joe & Kathy Gittings*

Darlene Treib
*Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Ralph Dirksen
Joe & Kathy Gittings*

Orma E. McInnis
*Bob & Beth McInnis,
Sam Treib,
Susan & Bob Marrington,
Kathy & Joe Gittings
& Ralph Dirksen*

John McInnis
*Joe & Kathy Gittings,
Susan & Bob Marrington,
Bob & Beth McInnis,
Sam Treib,
& Ralph Dirksen*

Patrick McInnis
*Bob & Beth McInnis,
Sam Treib,
Susan & Bob
Marrington,
Kathy & Joe Gittings
& Ralph Dirksen*

*In loving memory of
Jonathan H. Olinger
on his birthday, March 17th
You are missed every day of the year
but we treasure our special memories.
You are forever in our hearts!
Ron, Linda, Cheri, Josh, Ty & Molly*

John Miller
*We remember your
birthday.
Love & miss you!
Marge Miller,
Adrienne, Erica & Erin
& families*


Dianne Wonenberg
*who died
February 7, 2019
We miss you on your
birthday, March 7th
Ken*

*In memory of
Don Rounds
A life so beautifully lived,
a heart so deeply loved.
I miss you so much.
Rosemary*

Todd Ramsey
*on your birthday
April 2nd
We love & miss you, Papa
Gage, Berkley, Cort,
Jasper & Josie*

Sharon Maupin
*on her birthday
March 14th
We love you and
miss you, Sis
Leonard & Janice Deal*

Todd Ramsey
*on your birthday
April 2nd
We love & miss you every day.
You are forever in our hearts.
Pandora, Trista, Mike, Cody & Julie*

*In memory of
Buddy G. Welch
My beloved
Irishman 
Meg*

James Coalter
*When your Irish eyes
were smiling
Sure twas like a morn in
Spring
Love you, miss you, Dad
Cindy Clair*

**Shawn Kalinay
& Roger Kalinay**
*Happy Heavenly Birthdays
March 8th
We love and miss you every day.
Dawn, Shannon, Chance & Cheyna*

Lyle E. Sutton
*April 20th is your second
Heavenly birthday.
We miss you EVERY day.
Deanna, Scott, Tammy,
Tim & Trent*



