



Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

November 2019

*Gratitude makes sense of our past,
Brings peace for today,
And creates a vision for tomorrow.*

-Melody Beattie

Laurie Allison, our office manager, is leaving Countryside soon. Laurie has been with us since the 80's off and on and although we will miss her we think the cancer patients who call for travel funds will miss her even more. She has been their safe spot, in addition to providing gas cards and checks she listens to their stories and provides support and encouragement. It has been friendships formed in difficult times.

We have had a lot of change in the past year, most of it good – actually very good. This one however, we do not love.

When we fill her position our new teammate will need to learn the day to day routine, the ins and outs of the thrift store and Memory Center and the fund raising events. All of that is easily explained. What is more difficult is explaining Countryside – the history, the mission and the funding.

We will explain that we have a board of directors but they do not own Countryside. As a nonprofit there is no owner, it belongs to the community.

It is not our program, it is not our money.

With that in mind we will explain that we spend our money very carefully. For example, when we moved to our current location we furnished and upgraded the side of the house that is St. Benedict's Guest House – with your help we made sure the furnishings were sturdy, comfortable and attractive to create a homelike environment.

On the other side of the house – where we have our administrative office and Memory Center - we only upgraded some lighting. All the items that make our offices look comfortable were purchased by staff. Our office furniture has not changed in many years, my desk came from St. Mary's 40 years ago, several other desks are state surplus and the one nice desk was a gift from Klocker's when an order went wrong. Maxine's desk is part of a prefab computer desk that works fine unless you want to open the drawers...or move it. The lime green file cabinet screams 1970's and many pieces of furniture have little silver tags on them that read *St. Mary's Hospital, Maryhouse or St. Mary's convent*.

It is in part these little silver tags that keep us grounded. They are our ties to the past, the people and programs that defined healthcare in our community. Our reminder that good work, important work, can be done on a shoestring and that all the monies we raise through the thrift store, fund raisers and individual donors should go into programs that serve the community.

We need to find someone that understands we don't buy new if used is available.

More importantly, we need someone who understands what the support of the volunteers and community means to Countryside. You have shaped our past and present. And, together we will work on the future.



Pennies for Robert

October was another busy month for cancer patients traveling for medical care. We hate to see the beginning of icy roads and snow as we know it makes an already stressful trip even more difficult. Once again you have made the miles a little easier by providing **\$9,520** in travel funds for **84** trips. That is a lot of miles traveled – that is a lot of support. Thank you.

St. Benedict's House

We have received our first guests and the reviews were wonderful. Everyone enjoyed the spacious rooms and comfortable furnishings. We anticipate as the weather settles in we will have more guests/caregivers staying in the space you have created rather than facing the dark, snowy roads. Thank you for your hospitality.

A Very Pink Tree

This holiday season the Countryside Breast Cancer Survivors (BCS) group will host a very special tree in the window of **The Alley Exchange** on Main Street. The tree will be white and decorated with pink lights and white feathers tipped in pink glitter - it will be in honor of the BCS members with each feather representing one year of survival after their diagnosis. Also on the tree will be solid pink feathers that will represent those newly diagnosed. There will be over 200 years of survivorship on the tree just from our small support group – imagine how many there are community wide. If you would like to add your years to the tree please give us a call 945-0827.

Blue Christmas – A Service of Light and Hope - Saturday December 7 - 10am Lutheran Memorial - 320 E. Prospect
A meditative worship sponsored by Lutheran Memorial Church and Pierre First United Methodist Church. This service is for those experiencing difficulty during the Holiday season and a time to honor the memory of loved ones.

Volunteer Hours

April – October 2019

9628 hours and 45 minutes – because every minute counts!

Thank you to the board members, thrift store crew – both at the store and at home, newsletter mailing, receipt counting, supply picking up and fund raising volunteers. We know you have many opportunities to volunteer – we are so happy you picked Countryside.

Thrift Store Update

The thrift store is your one stop shop for all your holiday needs. It is the perfect place to find that great item for a gift exchange, all your wrapping paper and gift bags, tins and baskets for baked goods, lights for inside and out and maybe a little something that dances and sings. We also have warm coats, hats, gloves, mittens and scarves – grandmothers and daycare providers can pick up that extra pair of snow pants or mittens so everyone can go out and play. If staying inside is more appealing we have movies, music, games, books and puzzles to keep you entertained. Thank you for thinking of us as you are downsizing your holiday decorations, dishes and linens, there is someone out there that will love them!

Tree of Memories

The Sully County Courthouse will again display a tree during the holidays honoring the memory of your loved one.

Anyone who has lost a loved one is invited to add their name or picture to the tree at the courthouse. There will be empty 3x5 frames in a basket by the tree for you to use or you may bring your own. They will also have “clouds” for you to write names on.

If you live outside of Sully County and would like a picture or name on the tree, contact Leann Weischedel 258-2846, Brenda Currier 222-0741 or Patty McGee 280-2994 and they will help you.

Age does not matter, time does not matter, your loved one is in your heart forever with cherished memories not to be forgotten.



2019 Tree of Lights

Through the holiday season for each donation, memorial, birthday or holiday wish we receive we will attach a name to an ornament and place it on the tree at the Thrift Store.

The ornaments aren't fancy and the name is on a small piece of paper ... but somehow it feels like a direct Christmas wish from the donor to their loved one. We will handle it with care.

A simple tree, covered with bright lights, colorful ornaments and most importantly, memories of your loved ones.

Thank you for your support...

THIS GIFT IS FROM:

Name _____

Address _____ Phone _____

PLEASE USE MY GIFT FOR:

- Memorial
- Memory Center
- Membership
- Avera@Home hospice care
- Pennies for Robert Cancer patients' travel
- St. Benedict's Guest House lodging for cancer patients

In Memory /honor of

Please notify (address if possible)

Memory/honor _____

I would like to charge my gift to my credit card: MasterCard Visa Discover American Express

Card Number _____ Expiration Date: _____ CVV: _____ (3 digit code on back of card)
(or 4 digit code on front of AMEX)

(If the above name and address is not the same as your credit card billing, please provide the information from the card you are using.) Thank you!

All donations will be placed on the Tree of Lights and will be in our December 2019 and January 2020 newsletters.

Donations may also be made on our website. www.countrysidehospicesupport.com

The elevator speech

At the last volunteer potluck we talked about the importance of knowing some key facts about Countryside just in case any of us were ever in an elevator with Bill and Melinda Gates. The ride would be short – the potential for gaining support for Countryside slim, but if given the opportunity what would they need to know?

It would be good to start with the fact that in the past 12 months through the *Pennies for Robert* Program we have provided over \$120,000 in travel funds for 160 cancer patients. And since 2004 over \$600,000 has been distributed.

Or that over 1000 memory screens have been provided at no charge since 2008. This involves nursing, social work and consulting physician time and expertise.

They might be interested in knowing that \$6,000 a month is provided to Avera@Home Hospice – with this funding they have increased their nursing, social work and home health aide service – providing more visits and serving more patients. Funds have also been used for non-emergent ambulance transfers, lift chairs, wheelchair cushions and other supplies and equipment. Avera staff meet regularly with our board of directors to explain their roles in the program and answer questions.

St. Benedict's Guest House provides lodging for cancer patients receiving treatment at the Helmsley Cancer Center. This new project is a collaboration between Avera, Countryside, the Benedictine Sisters and our generous community.

And last, but certainly not least - Countryside does not charge for any services we provide and does not receive any grants, insurance or Medicare reimbursement. It is fully community supported through the thrift store, fund raisers and donations.

Whew, the elevator doors are now open...good talk...

Running on Fumes...

Recently an individual called our office. They had a specific reason for calling but the conversation soon moved to a year in review for the caller. As I listened they told me of the physical and emotional issues that have cluttered their days and weeks. Family concerns, personal health, financial issues and more have demanded not only emotional attention but taken a toll physically as well. It was a good reminder that each and every day as we talk with people on the phone or meet them face to face, we have no idea what they are carrying around. The people who seem pre occupied, upset or just plain cranky may have a very good reason. Unless we have the opportunity to really listen to their story we will never know.

Many people in our community are running on fumes just dealing with the demands of everyday life– a life filled with hectic schedules, unexpected concerns and events. It is easy to see why people feel they have no control.

Please, take care as the holidays approach. Excuse yourself from any activities that drain you emotionally or financially. Do what is important for your family even if it is a break in tradition. This may be the year for fewer gifts and paper instead of china or it may be the year for the biggest tree ever. Get a jump start on the things that you want to do and enlist help. 2020 is right around the corner... hopefully for some it will be a better year.

We Care

Countryside participates in the *We Care* program sponsored by Lynn's Dakotamart. For every \$10,000 in grocery receipts that we collect Lynn's donates \$100 to Countryside. The receipts add up quickly and can include groceries, alcohol, prescriptions, hunting and fishing equipment, clothing and anything else you can find in the store - at any of their locations. Please remember us when you purchase your Thanksgiving meal items, a bottle of wine or a new gun! Receipts can be dropped off at the Countryside office or the thrift store.

Memorials...

Carol Fiala

by

Gary, Debbie & David Fiala

John & Anne Woods

Burton & Anna Warne

Jack Fifield

by

Maynard & Mary Greenfield

Bob McKee

by

Cindi Pochop

Timothy Tobias

by

Todd Wilkinson

Marcia Hull

Bruce Baker

Tom Adam

by

Joan & James Likness

Eleanor Zuccaro

by

Leona Buhler

Tom Adam

by

Jerry & Linda Fischer

Ray & Betty McDorman

Jim & Nora Wosepka

Art & Mary Rezac

Jean Lahman

by

Neil & Kathy Davis

Albina Stageberg

by

Fred & Linda Gillam

Betty Novak

by

Rick & Vicki Murray

Jim Valnes

Roger Lehmkuhl

Carrie Mikkonen

by

Joel & Carol Gengler

Carrie Mikkonen

by

Steve & Julie Ellingson

Rosemary Rounds

Bob & Shirlee Miller

Bev Krietlow

Odean & Donna Solberg

Bob & Glynn Sargent

Betty Garrett

Delon Ganschow

Hertha Gross

Jim Valnes

Bruce Baker

Mansour Karim

by

Gaylord & Cathy Sonnenschein

Shirley Fanger

by

Neil & Kathy Davis

John & Judi Hostler

Bruce Baker

by

Odean & Donna Solberg

Lester Smith

by

Bob & Glynn Sargent

Josephine Roen

Robert Roen

Max Jones

Albina Stageberg

by

Deborah Gates

Marie McIntire

Ben Gienger

by

Bruce McIntire

Tom Adam

Carrie Mikkonen

by

Connie Colwill

Carrie Mikkonen

Marva Parsons

Roger Pries

Grant Gormley

Bruce Baker

Lester Smith

by

Mabel & Myron Kusler

Roger Lehmkuhl

by

Janet Luhmkuhl

Family & Friends

Tom Pitlick & Rita Wagner

Jolene & Caryn Brakke

Dave & Jane Pitlick

Gloria Hosman

Mike & Kathi Mueller

Randy & Mary Turner

Dave & Rena Ortbahn

Anne Gormley

Gary & Judy Hoscheid

Greg & Nancy Timp

Geraldine Ray

Mike & Beth Pitlick

Joe & Velda Pitlick

Carol Pickering

Kurt & Mary Neyhart

Robert Pierce

Paul Pitlick

Eva Marie Severson

Denise Hall

Kristin Townsend

Sandy Hobart

Lori Simpson

David Huft

Dick & Lee Ann Smith

Bonnie Rus

Nancy Pitlick

Jean Hunhoff

Shane & Jackie Mattheis

Tracy Wilkerson

Jamey & Cindy Iedema

Peggy Schlechter

Judy Toelle

Troy & Teela Pitlick

Sarah & Monte Whidby

Dale & Eileen List

Randy & Mary Turner

Mark & Susan Cichos

Darin & Clare Charlson

Fred & Betty Hanson

Grant Gormley

Roger Pries

by

Andy & Janice Deis

Orville Fuoss

by

Darline Fuoss

Memorials...

Marva Parsons
Carrie Mikkonen
Carol Jenner Hinkley
Jeff McDorman
Hillary Brady Roseland
Bryan Reed
Gerald Herrin
by
Sonny & Charlene Reed

Marva Parsons
by
Bob & Shirlee Miller
TJ & Sarah Gallagher
Donna Park
Delton & Vicky Tipton

Hertha Gross
Lyle Ebert
Kirk Barth
Evalin Wall
Jim Valnes
Carrie Mikkonen
Marva Parsons
by
Geraldine Ray

Jim Valnes
Tim Tobias
Tom Adam
Carrie Mikkonen
Roger Pries
Grant Gormley
Charles Kohler
Denny Zabel
by
Dennis & Dorothy Gibbs

Marva Parsons
Carrie Mikkonen
by
Denise & Jerry Harford

Clinton McQuiston
Kristine McQuiston
Donna Maland
Jim O'Day
Ken O'Day
by
Larry & Barb McQuiston

Gary Fredericksen
Roger Lehmkuhl
by
Karen Authier

Carrie Mikkonen
Mildene Weaver Turpin
Jerry Tibbs
by
Norm & Joann Weaver

Grant Gormley
by
Keith & Audrey Skron Dahl
Dave & Elaine Konechne
Bob & Shirlee Miller

Norman Butzman
Steve Zinter
Michael Gordon
Lois Cowen
Curt Neuharth
Doris Myers
Jeff McDorman
Betty Novak
Mike Saltsman
by
Jill & John Wellhouse

Bruce Baker
Carrie Mikkonen
Jerry Tibbs
Grant Gormley
by
Nancy Thomas

Jack Tople
by
Jenelle Busse

Grant Gormley
Denny Zabel
by
Craig & Dorothy Smith



Dean Schofield
by
Delcie Schofield-Hall

Louie LaRoche
by
Jo LaRoche

Wanda Hall
by
Pete & Patty McGee
Patricia Weeldreyer
Deanna Sutton & Scott

Shirley Fanger
Roger Pries
by
John & Kristi Berheim

Roger Pries
George Tapken
by
Dale & Donna Gohl

Clarence Frerichs
by
Russ & Sally Frerichs

Mabel "Mick" Weaver
by
Pam Hasting

Ron Smith
Wanda Hall
by
Judy Ramler

Fern Lyngstad
by
Anonymous

Denny Zabel
by
Seb & Carol Axtman

Marva Parsons
Grant Gormley
by
Jay & Bev Mickelson
Carla Sahr

Carrie Mikkonen
Wayne Salem
Marva Parsons
by
Anita Baker

In Loving Memory of ...

Marcia Burrows

John
Janet – Deb – Susan -
Dawn

In memory of
Les & Peg Thorpe
on their November
birthdays.
Gayle Sennett

Carol Fiala

We miss you -
Mark & Deb Wixon

Linda Obermeier

We miss you pretty girl!
Pete, Tammy, Aimee,
Joey, Amanda, Sawyer,
Axton & Jermeiy

Marie Lamm

Bob & Beth McInnis
Susan & Bob
Marrington
Ralph Dirksen
Joe & Kathy Gittings

Darlene Treib

Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Ralph Dirksen
Joe & Kathy Gittings

Orma E. McInnis

Bob & Beth McInnis,
Sam Treib,
Susan & Bob Marrington,
Kathy & Joe Gittings
& Ralph Dirksen

John McInnis

Joe & Kathy Gittings,
Susan & Bob Marrington,
Bob & Beth McInnis,
Sam Treib,
& Ralph Dirksen

Lyle E. Sutton

You left us 2 years ago
on November 12th.
In our hearts forever!
Deanna, Scott, Tammy,
Tim & Trent

In Loving Memory of
my parents on their birthdays
Marianne Burg, October 6
and Jacob H. Burg, October 12
Love you and miss you!
Patricia Burg

In loving memory
of
John Miller
November 26, 2017
from
Marge
Adrienne & family
Erica & family
Erin & family

We miss you.

In loving memory of
Roger Nagel
on his birthday
October 19, 1941
Sharon Nagel

In memory of
Douglas Keller
It has been six years since the Lord called you home.
Not a day goes by without missing you so much.
Don & Shirley Sandal

In memory of
my brother,
Eldon Magnuson
Belated Happy
Birthday.
Love you and miss you.
Delores Volmer

Remembering our mother, Evelyn Riehle
on her birthday November 7th
by
Sharon Taft
Morris Riehle
Laurie Allison

In loving memory of
Dalton Williams
Happy Thanksgiving
Dalton,
you are missed dearly!
Love, Mom, Dad, Cole,
Shy, Kenya & Taya

Life whispers...
Listen closely
Remembering us ~
November 17, 1979

In loving memory of our grandson,
Dalton Williams
Happy Thanksgiving Dalton
We love and miss you so much!
Love,
Grandma Jody & Grandpa Cody

In memory of my wife,
Carol Jenner Hinkley
on her birthday
November 18
David Hinkley



In memory of
Bob Ramler
Miss you,
Judy Ramler

Memberships: Russ & Sally Frerichs, Maynard & Mary Greenfield, Rhonda Kirsch, Larry & Barb McQuiston, Delcie Schofield-Hall, Gaylord & Cathy Sonnenschein

Donations: Anonymous, BankWest Employees, Bonnie Ackerman, Ken & Twyla Bartholomew, Shirley Becker, Bob & Cindy Clair, Steve & Julie Ellingson, Faith Lutheran LWML, First National Bank & Staff "Caffeine for a Cause Fund", Judene Holan, Holy Cross Lutheran Church, Richard & Carol Jones, Rhonda Kirsch, Robbie Hanson, Lynn's Dakotamart, Peter & Ellen Maningas, Randy & Deb Olson, Carolyn & Robert Riter, Bonnie Rus, Holly Shantz, Donna Solberg, Lynette Thum, Shirley Varilek, Mark & Denise Venner

Countryside Hospice Support & Memory Center
415 S. Crow St.
Pierre, SD 57501

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Community Programs

Sponsored by Countryside

Breast Cancer Survivors

Thursday, December 5 & 19 at noon Countryside office 415 S. Crow St

The twice a month meetings are open to all women who have had a breast cancer diagnosis – it is an opportunity to ask questions, share your experience and receive support. Women who have been diagnosed with other cancers are also invited to attend – there is room at the table for everyone. The meetings are informal and last about one hour. Feel free to bring your lunch. For more information call 945-0827.

Dementia Care Partners Support Group

Thursday, December 19 at 6pm - Countryside office 415 S. Crow Street

A confidential group for anyone who cares for a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information and is open to new participants at any time. For more information call 945-0827.

Stroke Support Group – for patients and family members

Tuesday, December 17 at noon - Countryside office

Newly formed support group for stroke survivors, their spouse &/ caregivers. The format will be group discussion, guest speakers and more. Feel free to bring your lunch. For more information call Cindy M. or Maxine at 945-0827.

Sponsored by Avera

Avera St. Mary's Women's Cancer Support

December 13th at noon (2nd Friday of the month)

Helmsley Center Cafeteria conference room - This group is open to women of all ages who are dealing with any type of cancer. For more information contact Gloria 224-3100 or gloria.rowen@avera.org

Avera St. Mary's Men's Cancer Support

December 20th at noon (3rd Friday of the month)

Helmsley Center Cafeteria conference room - for men who have any type of cancer. For more information call Gloria 224-3100 or gloria.rowen@avera.org

Sponsored by Edgewood

Mabel's Caregivers Support Group – Tuesday December 3 at noon (note change from regular day)

Kathy Harried from the SD Alzheimer's Association will be providing a one hour lunch and learn that is open to the public. You can RSVP by calling Edgewood 494-3400.

Parkinson's Support Group – Thursday, December 20 – noon