



# Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

August 2020

*“No matter how much falls on us, we keep plowing ahead. That’s the only way to keep the roads clear.”*

— Greg Kincaid

South Dakotans understand the necessity of keeping the roads clear – they also understand that even if you clear the roads today the wind may close them again tomorrow and we have to start all over. Eventually, though, the path gets wider and stays open, the sun warms the snow and the end is in sight. Right now, it looks like we are going to need to keep plowing through this COVID journey for a while – much like a weather report the information seems to change, keeping us off balance and unsure of when we can expect clear sailing.

It’s a little like clearing the driveway with a toothbrush.

So we have to do what has worked for us before, take care of ourselves and our neighbors, use common sense, and when in doubt ... bake

## **Making the most of a memory appointment**

The Countryside Memory Center has been screening patients with memory concerns since 2011. This screening process is free of charge and includes patient/family observations, cognitive testing and a review of medical history, family history, medication usage, sleep patterns and more.

We count on the patient/family report to get the best picture possible. Some things you can do that would be helpful include:

- Prior to the appointment the patient will visit with a member of the team by phone who will ask a series of questions. Please give the team member your full attention - some of the questions will not pertain to your situation and some may seem just odd but take them seriously.
- If you are visiting about your loved one, instead of saying “his memory is bad” use specific examples: “he didn’t remember his grandson’s name” “she repeated the same story 4 times” “he doesn’t want to go out in a group anymore”.
- We want to hear it all – changes in personality, alcohol or drug use, forgetting to take medications, seeing things that aren’t there, getting swindled or getting lost in a familiar place – all could be important information.
- Please bring all of your medications so we have a current list. This includes prescription meds, over the counter and medications you receive by mail, medications you share with other family members, herbal preparations, vitamins and supplements and items from the internet and TV.

This is just a sample of the helpful information you can share – we will do our best to make the screening process as comfortable as possible – together hopefully we can identify the problem and make a plan. For more information or to schedule an appointment call 945-0827.

## **Ready for a new challenge?**

The Countryside Memory Center is looking for a new team member. The Memory Center is a unique opportunity to learn about Alzheimer's and other dementias, conduct cognitive screens, provide patient, family and professional education, facilitate support groups and more. The pace is relaxed and adequate time is allotted for patient/family interactions. RNs and Social Workers are encouraged to apply – the position is 30 – 40 hours per week. For more information contact Holly @ 945-0827. Applications are available at the Countryside office 415 S. Crow Street.

## **Missing the thrift store? Call 945-0827 to schedule a shopping appointment**

The shelves are full – maybe beyond full and we miss you! Call today to schedule a shopping trip – each appointment is approximately 45 minutes and we have increased our shopping hours – we are requiring masks and social distancing – no children under 16 and please cancel if you are not feeling well. We are limiting the number of shoppers in the store and cleaning frequently. Each week we will post our shopping and donation hours/days. If the number of cases in our community rises we will take a step back, your safety and the safety of our volunteers and staff is our first priority.

## **Community Programs**

All meetings listed meet at the Countryside office 415 S. Crow St. Meetings will require masks and we will do social distancing. Watch our Facebook page for any changes, for more information call 945-0827.

### **Breast Cancer Survivors**

Thursdays August 20<sup>th</sup> and September 3<sup>rd</sup> and 17<sup>th</sup> @ noon

The twice a month meetings are open to all women who have had a breast cancer diagnosis – it is an opportunity to ask questions, share your experience and receive support. The meetings are informal and last about one hour, please feel free to bring your lunch.

### **Dementia Care Partners Support Group**

Thursday August 20<sup>th</sup> and September 17<sup>th</sup> @ 6pm (third Thursday of the month)

A confidential group for anyone who cares for a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information and is open to new participants at any time.

### **Stroke Support Group** – for patients and family members

Tuesday August 18 and September 15<sup>th</sup> at noon (third Tuesday of the month)

Newly formed support group for stroke survivors, their spouse/caregivers. The format will be group discussion, guest speakers and more. Feel free to bring your lunch. For more information call Cindy M. or Maxine at 945-0827. This meeting may be in person or by ZOOM conference call.

### **Pennies for Robert**

Each month – with your help – Countryside provides travel funds for cancer patients who need to travel into Pierre or out of Pierre for their treatment. In July 2020 we provided **\$5,570** in funds bringing the total amount distributed since April to **\$27,255**. These funds come directly from donations, thrift store sales and special fundraisers such as *Rally for Robert*. All of this is done in memory of Robert Disburg, all of this made possible by you.

**Mark your calendar for September 11, 2021 ...** Each year we do a special fundraiser for Pennies for Robert – *Rally for Robert* is a Dice Run involving motorcycles and Street Masters Car Club – the group comes together, travels in two directions, meets at Gettysburg for refreshments and returns to the starting point for lunch and fellowship. This event is held as close to Robert's birthday (September 14<sup>th</sup>) as possible – this year we would be celebrating his 30<sup>th</sup> – with all the needed precautions for COVID and in concern of the riders involved we have decided to forego the Rally this year.

Plans are underway for September 11, 2021 ... we hope you will join us.

## Memorials ...

Carol Fiala

by

Gary, Debbie & David Fiala

John & Anne Woods

Burton & Anna Warne

Jack Fifield

by

Maynard & Mary Greenfield

Bob Bartlett

Harry Hasek

Jerry Kern

Stacy Small

Colleen Burchill

by

Dennis & Shirley Eisnach

Judi Hostler

by

Neil & Kathy Davis

Scott & Brenda Carrier

Kent & Crystal Kinkler

Marlin & Ardys Roseland

Billie McMullen

Sharon Swan Tieszen

Larry & Dolly Christenson

Rich & Doris Ping

Bessie Husband

Nancy Thomas

Colleen Burchill

Stacy Small

Judi Hostler

Enid Hyde

by

Fran Welch

Myron Kusler

Colleen Weiss

Ben Handcock

Enid Hyde

Larry Ice

Kendall (Kay) Smith

Joe Pitlick

Harry Hasek

by

Joel & Carol Gengler

Curt Goehring

Bob Bartlett

Myron Kusler

Enid Hyde

Fran Keller

Bessie Husband

Colleen Weiss

Bob Nystrom

by

Randy & Alice Wright

Don Trimble

by

Rob & Sheila Haddock

Lola Clelland

Roger D. Coble

Shirley Whitney

Harry Hasek

Jack Middleton

by

Patricia Weeldreyer

Bob Bartlett

by

Gloria Bartlett

Family & Friends

Brad Urbach

Sally Christenson

Dennis & Sandy Foell

Dennis Schieffer

Judy Blair

by

Family & Friends

Carol Valland

Sandy Sheppard

Roger du Plessis

by

Mark & Denise Venner

Bob Bartlett

Fabian Morin

by

Mary Jo & Orv Gran

Fred Johnson

by

The Johnson Family

Carol Shoup

by

Homestead Quilt Guild, Onida

Larry Ice

by

Wahneta Schweigert

John E. Anderson

by

Claudia J. Anderson

William Schuler

by

Twila Schuler

Fabian Morin

by

Neil & Kathy Davis

Fio Tibbs

Fran Keller

Enid Hyde

Mary Ann Nielsen

Len Sheppard

Judi Hostler

Fabian Morin

Don Trimble

by

Paul & Dawn Marso

Florence Bruce

Colleen Burchill

Lenny Sheppard

Bob Nystrom

by

Beverly Badger

William "Buzz" Waxler

by

Connie Colwill

Michael H. Shaw

by

Elda Obenauer

Kerry Bader

Gale Brink

Craig Miller

Vera Schiefelbein

Lillian Severyn

Len Sheppard

Blodwyn Von Wald

by

Roger & Marla Fuller

Freda Lawhon

by

Darla Hannum

Terry Klocker

Gerald Peters

Calista Nystrom

Norbert "Bud" Vermeesch

by

Pat Rausch

Pat Gregg

by

Darwin & Mary Meyer

Dave Moore

by

Terry & Kay Moore

Herb & Arlene Pitan

## Memorials ...

Fabian Morin  
Jack Middleton  
Larry Ice  
by  
Norm & Joann Weaver

Wally Thomsen  
Harry Hasek  
Len Sheppard  
Colleen Burchill  
Bob Bartlett  
Suzanne Pries  
Fran Keller  
Herb Sibson  
by  
Steve & Jami Beck family

Judi Hostler  
Bob Bartlett  
Harry Hasek  
Len Sheppard  
by  
Odean & Donna Solberg

Kathryn Larson  
by  
Ken & Twyla Bartholomew

Larry Ice  
Marilyn Cromwell  
by  
Craig & Dorothy Smith

Kermith & Florence Edge  
by  
Sharon Stone

Daisy Mernaugh  
by  
Doris Powell  
Carmen & Wilfred Peterson

Kay Wahl  
by  
Stan Wahl

Len Sheppard  
by  
John & Bobbi Liwski

Louise Buhler  
by  
Verne & Frieda Baker

Enid Hyde  
Louise Buhler  
Carol Shoup  
Carol Owens  
Barb Rilling  
Judi Hostler  
Stacy Small  
Porter Nuttall  
Bob Shoup  
Bob Bartlett  
Lenny Sheppard  
by  
Lois Byrum

Bonnie Gudahl  
by  
Dale & Donna Gohl

David Braun  
by  
Lynell Asher

Daisy Mernaugh  
Judy Blair  
LaCinda Hanson  
by  
Jackie Marso

**Memberships:** Kathy Gerdes, Dick & Cheryl Hyde, Randy & Alice Wright

**Donations:** Rose C. Andersen, Nancy Bloom, Bricks Handcrafted Soap – Ellen Maningas, Becci Fonck, Stella Fulgaro, Helping Hand Club, Shirley Keller, Sebastian LeBeau, Lynn's Dakotamart, Penny & Chris Nelson, Val Swenson, Shirley Varilek, Barbara Wood



*September has always been such a  
blessed month.  
Wishing **Julia & Robert**  
the happiest of happy birthdays ever.  
KKYF,  
Mom & Dad*



## Volunteer hours for July - 670 hours

Thank you to:



The volunteers who are helping at the thrift store – without you we could not have our doors open.  
The Board of Directors who are watching out for Countryside today and tomorrow.  
The newsletter crew who help keep the Countryside family connected and informed by labeling hundreds of newsletters while wearing a mask!  
Those who help with the various support groups – maintaining this connection is so important right now.  
And to Verna who keeps counting up the DakotaMart receipts through it all!

*In Loving Memory of ...*

**Marcia Burrows**  
John  
Janet – Deb – Susan -  
Dawn

*My sweet brothers,*  
**John & Danny Graves**  
Love & miss you much.  
Cheryl Hyde

**Carol Fiala**  
  
We miss you -  
Mark & Deb Wixon

**Linda Obermeier**  
*We miss you pretty girl!*  
Pete, Tammy, Aimee,  
Joey, Amanda, Sawyer,  
Axton & Jermey

**Marie Lamm**  
Bob & Beth McInnis  
Susan & Bob  
Marrington  
Ralph Dirksen  
Joe & Kathy Gittings

**Darlene Treib**  
Bob & Beth McInnis  
Sam Treib  
Susan & Bob Marrington  
Ralph Dirksen  
Joe & Kathy Gittings


**Orma E. McInnis**  
Bob & Beth McInnis,  
Sam Treib,  
Susan & Bob Marrington,  
Kathy & Joe Gittings  
& Ralph Dirksen

**John McInnis**  
Joe & Kathy Gittings,  
Susan & Bob Marrington,  
Bob & Beth McInnis,  
Sam Treib,  
& Ralph Dirksen

*Happy Heavenly*  
*90<sup>th</sup> Birthday Dad*  
*Hope you and mom are*  
*dancing to celebrate.*  
Love,  
Lari & Linda

*In memory of*  
**David (Flipper) Keller**  
*on his birthday, June 30<sup>th</sup>*  
*from his loving family. It has been 9 ½ years*  
*since you went to be with the Lord.*  
Don & Shirley Sandal

**Jane Rausch**  
*Love you!*  
*Happy 44<sup>th</sup>*  
*Wedding Anniversary*  
August 7, 2020  
Ken Rausch

*In loving memory of*  
**Cassie Ann Parish**  
 Brandee

*A wonderful wife and mom,*  
**Elaine Cunningham**  
*We love & miss you so much.*  
*Forever in our hearts.*  
Mel, Keith, Sherrie & Pat

*In loving memory of*  
**Chad Ryland**  
8-26-69 – 8-13-74  
Meg, Jody, Christy, Austin,  
Casey & Cassidy Ryland

*In memory of*  
**Mark Eric Petersen**  
*We love & miss you.*  
*Dick & Cheryl Hyde,*  
*Amy Petersen-Kolb,*  
*Garrett & Griffin*  
Petersen

**Don and Marlin –**  
*We're remembering both of you*  
*on your August birthdays.*  
*You are forever in our prayers and thoughts.*  
*We miss you so much.*  
Rosemary and the  
Rounds and Scarborough families

*In loving memory*  
*of*  
**Joy (Meginness) Austin**  
  
Vicky, Bill & Brandee

*Thank you to*  
*LaVona Kirkpatrick*  
*for making and*  
*donating quilts to*  
*our guests at the St.*  
*Benedict's Guest*  
*House!*

*Pictured: LaVona*  
*Kirkpatrick and*  
*Maxine Kinsella*



Countryside Hospice Support & Memory Center  
415 S. Crow St.  
Pierre, SD 57501

Return Service Requested

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U.S. Postage  
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Pierre, SD 57501  
Permit No. 76

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**We Care Program – Lynn’s Dakotamart**

Thank you to Lynn’s Dakotamart for this wonderful community program. For every \$10,000 we collect in receipts Lynn’s donates \$100 to Countryside. Please save all your receipts – every department counts including gas, pharmacy, food, clothing, and sporting goods. Receipts can be dropped off at the Countryside office.

**\*\*Please note our new address when sending in your donations – 415 S. Crow Street, Pierre, SD 57501\*\***

**THIS GIFT IS FROM:**

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

**PLEASE USE MY GIFT FOR:**

Memorial    Memory Center    Membership    Avera@Home    Pennies for Robert    St. Benedict’s Guest House  
Hospice care   Cancer patients’ travel   Lodging for cancer patients

**MY GIFT IS:**

In Memory/Honor of \_\_\_\_\_

Please Notify (include address if possible) \_\_\_\_\_

***We Accept Credit Cards...Please call us at 605-945-0827 and we will process your information over the phone!***

[www.countrysidehospicesupport.com](http://www.countrysidehospicesupport.com)

This newsletter contains donations processed through August 6<sup>th</sup>. The approximate cutoff date for the September newsletter will be September 10<sup>th</sup>.