



Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

February 2021

Moxie: Having enough cleverness, skill, creativity and fortitude to survive a difficult situation.
A person full of energy, pep, courage or determination.

Moxie is a soft drink that was part of my childhood in Maine. It looks like root beer and tastes like cough syrup, really bad cough syrup. Originally it was marketed as a tonic that could cure virtually any ill. The small town of Lisbon, Maine holds an annual Moxie Festival complete with a parade, a whoopie pie eating contest and a car show. The highlight of the festival may be the chugging contest where the current personal record is downing 7 cans of Moxie in two minutes.

While I am not a fan of drinking Moxie, I like the word and the definition. If you have moxie you will do well in life, you will hang in there when the going gets tough and push forward when others will fall by the wayside. Moxie is what gets new ideas moving and it is what makes people shake their head at some of the things that come out of your mouth. It means not going along with the crowd and standing up for your convictions even when it isn't popular. Moxie lets you look at things differently, to have a positive attitude rather than bowing to the negative, to find humor in most situations and goodness in many others.

Moxie gets you up in the morning and keeps you moving through the day, it helps us look forward to spring and try not to look back and dwell on where we have been. It may have started out as a bitter tonic but now it is a spirit we hopefully embrace as we move forward into 2021.

Thank you...

Thank you to everyone who donated thrift store gift certificates and children's gifts for the families of the Edgewater fire. We are continuing to provide gift certificates and vouchers for clothing and household items as the families are getting settled in their new homes.

Thank you to all who donate to the thrift store and make it possible to provide items at no charge to those in need. The thrift store has a variety of vouchers to provide school clothing and supplies, work clothing and accessories and general clothing/household items. The vouchers are available at Pierre Area Referral Service (PARS) and can be requested from area churches, schools and other agencies. Staff work one on one with recipients to make sure they get everything they need including clothing, shoes, kitchen items, bed linens and books, and of course, toys for the kids.

Donations from the community also allow us to have a weekly 25 cent clothing sales and keep our prices affordable for everyone. Your gently used items are recycled into someone's household to be well used and appreciated. You never know what a family needs – recently a staff member asked if a family needed pillowcases – the answer was no thank you, we don't have pillows....oh, the things we take for granted.

Pennies for Robert –Travel funds for cancer patients - **\$62,230** distributed since April 1, 2020

\$467,671 distributed since April 1, 2016

Countryside has provided funds for 529 trips for cancer care since April. Our thanks to the Corner Station for providing \$2,084 in gas cards during this time. Patients leaving Pierre for treatment or coming to Pierre for treatment can request funds to help with gas and lodging from the time of diagnosis through their post care follow up. We do not require documentation each time from physicians or receipts for how they spent the money. All funds are donated from the community or thrift store sales.

On September 11, 2021 we will host the *Riding for Robert – Rods and Rides Dice Run* in memory of Robert Disburg. We missed celebrating Robert's 30th birthday last year, hopefully this year we will be able to hit the road.

Countryside Community Programs (For all programs at Countryside we ask that you wear a mask and we will socially distance. If you are not feeling well please do not attend. For more information call 945-0827.)

Breast Cancer Survivors

Thursdays March 4 and 18 at noon - Countryside office, 415 S. Crow Street

The twice a month meetings are open to all women who have had a breast cancer diagnosis – it is an opportunity to ask questions, share your experience and receive support. It will be wonderful to bring these ladies back to the table again.

Dementia Care Partners Support Group

Thursday March 18th - 6pm Countryside office, 415 S. Crow Street

A confidential group for anyone who cares for a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information and is open to new participants at any time. For more information call 945-0827.

Stroke Support Group – for patients and family members

Tuesday March 16th – noon - Countryside office, 415 S. Crow Street

Newly formed support group for stroke survivors, their spouse & caregivers. The format will be group discussion, guest speakers and more. Feel free to bring your lunch. For more information call Cindy or Maxine at 945-0827. Zoom participation may also be available.

Hospice Thrift Store

Open Tuesday - Friday 10 am to 5 pm Saturday 10 am – 3 pm

Donations accepted Monday – Saturday 9 am to 3 pm

Clothing of all sizes * rags for painting and cleaning projects * furniture * kitchen items * greeting cards * books * collectibles * toys * decorating items * skates * boots * kitchen appliances * baskets * craft items * fabric * candles * baby bottles * purses * hats * scarves * ties * office and school supplies * puzzles * games * sheets * towels * rugs * baby supplies * things that we have no idea what they are * tools * phones * lamps * jewelry * scrubs * maternity wear * plus sizes * frames * gift bags * misc. hardware items * keyboards * TVs * radios * and much more....

All proceeds from the store support community programs including Avera@Home Hospice, Countryside Memory Clinic, *Pennies for Robert* - Bed & Breakfast program, St. Benedict's Guest House and support groups. Volunteers donate over 1000 hours each month to help with cashiering, bagging, sorting, cleaning and pricing items. We appreciate your donations and your business, thanks for helping make this all possible.

We are still scheduling shopping visits, requiring masks, social distancing and sanitizing as much as possible. Thank you for your cooperation, you are helping keep the doors open and the store a safe place for customers, volunteers and staff.

Life Lessons

Through the years I have managed to learn a few things from my mistakes. I have learned not to send candles to Savannah in July and that charging toward a partially open garage door with a car top carrier in place is not a good plan. The image of a ruined birthday present and the memory of crunching plastic have kept me on the straight and narrow.

Other things in life – truly important things – I know but do not always remember.

For example I sometimes forget:

That if someone who has experienced a loss or is undergoing cancer treatment looks “good” they do not necessarily feel good.

That being strong and feeling strong are two very different things.

That tears are not a bad thing to be mopped up and stopped. They are cleansing and necessary.

That a parent may not be the only one who has ever lost a child but they are the only one to lose their child.

That someone who has endured all the firsts – the first birthday, the first anniversary and the first holidays without their loved one is not healed but has merely endured 12 months without their child, spouse, parent or friend.

That a card on one of those special days, to share a memory and let them know we remember their loved one may be the best gift we could ever give.

That I do not have to supply solutions for all the problems laid before me. People need to talk things out and come to their own conclusions. They need to tell their story. Sometimes over and over. My job is to listen.

That a bereaved parent’s heart is not just broken but shattered into a million pieces. And even after the healing begins it is never the same. The jagged pieces may come together but there are so many gaps.

That serious illness, death, and divorce are life changing events. They reshape the person and the whole family.

That so much time is wasted with hateful words and grudges. Let it go.

That a little self-talk in the morning can put life into perspective.

That the gift of presence can be the most important gift you will ever give.

That in order to take care of others I must also take care of myself. Remember the advice of the airlines – in case of emergency put on your oxygen mask first – then help those around you.

“Remember on this one thing, said Badger. The stories people tell have a way of taking care of them. If stories come to you, care for them. And learn to give them away where they are needed. Sometimes a person needs a story more than food to stay alive. That is why we put these stories in each other's memories. This is how people care for themselves.”

– **Barry Lopez, Crow and Weasel**

Memorials...

Carol Fiala

by
Gary, Debbie & David Fiala

John & Anne Woods

Burton & Anna Warne

Jack Fifield

by
Maynard & Mary Greenfield

Ruby (Lutzka) Thoen

by
Dale & Donna Gohl

Cheryl Pease

by
Richard & Anna May Masteller

Lynn Metzinger

Galen Theobald

Bill Zimmerman

A.J. Williams

Bob & Helga Voeltz

Billie & Dick Schlaak

Larry & Karen Wilcox

Tom & Gert Stone

Dona King

Dale Vincent

by
Barbara "Bobbi" Thimsen

Kay Parker

by
Craig & Dorothy Smith
Ron & Betty Herron

Gary Whitney

by
Mark & Denise Venner

Myron Kusler

Penn Williams III

Stacy Small

Len Sheppard

by
Marty & Carol Nowak

Geraldine Wernsmann

Kay Parker

George Hipple

by
Anita Baker

Ollie Redden

Dale Vincent

Dick Schlaak

by
Fred & Anita Marso

Gary Whitney

Galen Theobald

Judy Farnsworth

Dana Petersen

Kay Parker

Jerry Douglas

by
Gaylord & Cathy Sonnenschein

George Hipple

by
Craig Solberg

David Braun

Bill Zimmerman

Shirley McNary

Doris Donner

Lemars Manke

Bob Harvey

Harvey Friez

Lynn Metzinger

by
Joel & Carol Gengler

Lynn Metzinger

by
Jane Metzinger
Linda & Tim Brooks
Family & Friends
Carla Sahr
Maxine Tessier

Janet Hollingsworth

by
Brent & Betty Lindbloom

Dale Vincent

Annis Hunsley

by
Donna Park

Barb Roetzel

by
Jean Denton

Wayne Grubbs

Lois Wendt

by
Herb & Arlene Pitan

Roger Parsons

Dennis Eisnach

by
Lynell Asher

Lila Schaefer

by
Verne & Frieda Baker

Geraldine Rus

by
Troy & Bonnie Rus
Family & Friends
Rich & Peggy Nickerson
Darrell & Cindy Kemnitz
Linda Porter
Larry Gramkow
Gib & Idella Hart
Lawrence Urban
Jim & Lori Knipp
Maxine Tessier
Ken & Joyce Koistinen
Dave & Mavis Kruger
Gene & Joann Poelstra
Keith & Donna Crandell
Ron & Karen Hedlund

Judy Farnsworth

by
Anonymous

Dana Petersen

Lynn Metzinger

Dennis Eisnach

by
Jim & Shari Forney

Mary Walter

by
John & Kristi Berheim

Ed Sell

by
Shirley Sell

Kay Parker

Dennis Eisnach

by
Connie Colwill

Dennis Eisnach

Mike Kelley

by
Juanita McKeever

Larry & Karen Wilcox

by
Al & Marsha Berreth

Kay Parker

Gloria "Jill" Engel

Frank & Mary Ann Fransen

by
Beverly Badger

Ted Wolff

by
Dale & Donna Gohl

Memorials...

Dorothy Orr
Mary Jean Simon
Grant Gormley
Carrie Mikkonen
Kirk Barth
Deb Bowman
Jim Valnes
Tom Adam
Mary Ann Nielsen
Sally Jung
Marva Parsons
Kay Wahl
Eric Robinson
Mary Morin
Tom Weber
Tony Klein
Enid Hyde
Colleen Burchill
Daisy Mernaugh
Harry & Ann Hasek
Harvey Friez
Barry Pickner
Dave Braun
Barry LeBeau
Curt Goehring
Don Fischer
Dave Powers
Harold Thune
Judy Bassett
Ken Eschmeyer
Dedra Shaw
Penn Williams III
Bill Zimmerman
Phil Mathews
Ilene Johnson
Aaron Clark
Galen Theobald
Colleen Weiss
Mike Kelley
Bob Shoup
Dennis & Shirley Eismach
Ollie Redden
by
Jim & Rosa Iverson

Ruby Lutzka
Dennis Eismach
by
Andy & Janice Deis

Mike Kelley
by
Lari & Linda Ott
Jerry & Paula Hunsley
Dennis & Dorothy Gibbs
Steve & Jane Naylor

Dennis Eismach
by
Missouri River Energy Services
Jamie Daugherty
Marge Perry
Terry & Mary Ness
Judene Holan
Sharyl R. Hofer
Gary & Bobbi Drewes
John & Margaret Ellefson
Marilyn Teske
Karen Gerdes
Anne Anderson
Vicky & Delton Tipton
Carmen Heyd
Ron & Linda Olinger
Monte & Barb Hillestad
Rosemarie Gors
Kendra & Douglas Vieweg
Mike & Kathi Mueller

Dennis & Shirley Eismach
by
Dan & Ann Propst
Bill & Wani Peseski
Chuck & Jenelle Busse
Dennis & Dorothy Gibbs
Megan (Margaret) Hookey
Derrick & Julie Olsen
Bob & Shirlee Miller
Steve & Amy Hughes
Jim Larson
Sue Burgard
Sue & Dick Pibal
John & Brenda Weber
Tam & Char Gatje
Jay & Beverly Mickelson
Verne & Frieda Baker
Eldon & Betty Lindquist

Pamela Olson
by
Jeanne & Verne Olson

Leo Lehrkamp
by
Pat Rausch

Delmer Volmer
by
Delores Volmer

Glenn Marrington
by
Art & Mary Rezac
Anne Anderson
Andy & Janice Deis

Frank Fransen
Dennis & Shirley Eismach
Mike Kelley
by
Craig & Dorothy Smith

Deloris Ripley
by
Darwin & Virginia Ripley

Dennis & Shirley Eismach
Mike Kelley
by
Steve & Julie Ellingson

Reta Lathem
by
Fred & Anita Marso

Lynn Metzinger
Wayne Grubbs
by
John & Brenda Weber

Lorraine Waack
by
Family & Friends
Carol Peterson
Uncle Matt
Lynn Bixler

Dick Duncan
Dennis & Shirley Eismach
Mike Kelley
by
Roger & Marla Fuller

Shirley & Dennis Eismach
Kay Parker
by
Mabel Kusler

Marshall Miller
Dana (Mick) Petersen
Jeff Curry
Bill Zimmerman
Red Westall
Judi Hostler
Gloria (Jill) Engel
Jeff McDorman
Dennis & Shirley Eismach
Mike Kelley
by
Richard & Mary Jean Schoessler

Memorials & Donations...

Dennis & Shirley Eismach
Frank & Mary Ann Fransen
Mike Kelley
Reta Lathem
by
Rosemary Rounds

Glen Perry
by
Esther Schlueter

Richard "Dick" Duncan
by
Martha Brost

Jean Beeman
Wayne Grubbs
Lynn Metzinger
Kay Parker
Ollie Redden
Carol Peterson
Mary Welsh
Mike Kelley
by
Ray & Mo Shepherd

David "Willie" Burtts
by
Carol & Virgil Mikkelsen
Karen Hasek

Kay Parker
Warren Hall
by
Beverly Krietlow

Lynn Metzinger
Wayne Grubbs
Mike Kelley
Shirley & Dennis Eismach
by
Dale & Joyce Tipton

Sharon Gugin
by
Doris Powell

Thank you to...

Jeanne & Dennis Unkenholz, Mark & Ruth Smith, Linda Robinson, Steve & Julie Ellingson, Brad & Gidget Palmer, Rob & Kathy Coverdale & Mary Arlington for donating Thrift Store gift certificates for Edgewater fire victims.

Janet Judson for donating the beautiful artwork for St. Benedict's Guest House in memory of Dennis & Shirley Eismach.

Pat Hoing for installing peg board at the Thrift Store and to James Greving for fixing the door at the Memory Center.

Sue Kuhl for making freezer meals for the guests at St. Benedict's.

In honor of
all the Heroes fighting Covid –
Bless you all!
Ki & Jennie Weingart

In honor of
Kayleen Fulton
by
Rosemary Rounds

In honor of my dear friend,
Mary Giddings
by
Sue Burgard

2,480 Volunteer hours for December & January! This includes thrift store, board members, newsletter crew, Verna for tallying Dakotamart receipts...thank you all!!

We Care Program – Lynn's Dakotamart

Thank you to Lynn's Dakotamart for this wonderful community program. For every \$10,000 we collect in receipts Lynn's donates \$100 to Countryside. Please save all your receipts – every department counts including gas, pharmacy, food, clothing, and sporting goods. Receipts can be dropped off at the Countryside office or the Hospice Thrift Store.

Community Program

GriefShare – Help and encouragement after the death of a spouse, child, family member or friend.

Thursdays 6pm - 8pm February 25 – May 27 St. Peter & Paul Catholic Church – 304 N. Euclid Ave.
Open to everyone in the community. For more information call 224-2483.

In Loving Memory of ...

Marcia Burrows
John
Janet – Deb – Susan -
Dawn

In memory of
Terri's cowboy,
Roger Parsons
by
Lynell Asher

Carol Fiala

We miss you -
Mark & Deb Wixon

Linda Obermeier
We miss you pretty girl!
Pete, Tammy, Aimee,
Joey, Amanda, Sawyer,
Axton & Jermey

Marie Lamm
Bob & Beth McInnis
Susan & Bob
Marrington
Ralph Dirksen
Joe & Kathy Gittings

Darlene Treib
Bob & Beth McInnis
Sam Treib
Susan & Bob
Marrington
Ralph Dirksen
Joe & Kathy Gittings

Orma E. McInnis
Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Kathy & Joe Gittings
Ralph Dirksen

John McInnis
Joe & Kathy Gittings
Susan & Bob Marrington
Bob & Beth McInnis
Sam Treib
Ralph Dirksen

In memory of
my beloved brother,
Gordon Fosness
by
Sister Avys Johnson

Mibbs Kirschenmann
Happy Heavenly
Birthday February 18th
by
Steamway Carpet Care


In memory of
John Guhin
7 years of missing you.
by
Carolyn Guhin & Family


In memory of
John Jund
on our 55th Wedding
Anniversary January 29th
Carla Jund



In memory of
Judy Chambers
We love and miss you very much.
from
Carlene Barber




In loving memory
of
Buddy Welch
Happy Valentine's Day
Meg 

In loving memory of
my wife,
Carol Jenner 
on Valentine's Day February 14th
David Hinkley

Patrick McInnis
Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Kathy & Joe Gittings
Ralph Dirksen

In loving memory of
my husband,
Don Rounds
on the 3rd anniversary
of his passing
February 24th
Rosemary Rounds

In memory of
Roger Parsons – My Cowboy
"Till we are together again,
you are the keeper of my heart."
 3-2-4 3-24
Terri White-Parsons

Glenn Marrington
Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Ralph Dirksen
Joe & Kathy Gittings

In loving memory and
remembering Dad,
Alton E. Augustine
on his February 21st
birthday.
Debby & Family

Remembering our very special friends,
Dennis & Shirley Eismach
We love you and miss you.
by
Dennis & Dorothy Gibbs

In loving memory of
a beautiful lady,
Barbara K. Spears
from
Debby & Mike
Augustine

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415 S. Crow St.
Pierre, SD 57501

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Memberships: Mary Jo Askew, Beverly Badger, Nancy Bloom, Sue Burgard, Brad & Lori Clark, Beverly Jennings, Eldon & Betty Lindquist, Gary & Genny McMath, Art & Mary Rezac, Tub & Marcie Schmidt, Sandy Sheppard, Aaron Swan, Vicky & Delton Tipton, Maynard & La Donna Wagner, Ki & Jennie Weingart

Donations: Anonymous, Janice & Sandra Cermak, Fort Pierre Chapter #1497 Women of the Moose, Holly Hewlett, Fee & Jerry Jacobson, Sebastian LeBeau, Lynn's Dakotamart, Peter & Ellen Maningas, Harlan & Kathryn Meier, Glenn Moravek, Oahe Foundation Wallace R. Halverson Irrevocable Trust, Schlueter Family, Cleo Shroyer, Norm & Joann Weaver

THIS GIFT IS FROM:

Name _____

Address _____ Phone _____

PLEASE USE MY GIFT FOR:

Memorial Memory Center Membership Avera@Home Pennies for Robert St. Benedict's Guest House
Hospice care Cancer patients' travel Lodging for cancer patients

MY GIFT IS: (Please attach separate list if you have multiple memorial gifts – thank you!)

In Memory/Honor of _____

Please Notify (include address if possible) _____

We Accept Credit Cards...Please call us at 605-945-0827 and we will process your information over the phone!

This newsletter contains donations processed through February 11. The approximate cutoff date for the March newsletter will be March 11, 2021.

www.countrysidehospicesupport.com