

Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

October 2021

Rally for Robert report ...

It was a beautiful day for a ride, maybe a little breezy, but overall a great day from start to finish.

Our thanks to Beck Motors for the great kickoff and collecting pennies before the event, your hospitality set the tone for the day.

Welcome and thank you to Sick Breed Motorcycle Club who started us off with a \$327 cash donation, helped with registration, acted as rescue crew for disabled bikes and generally brought new faces and enthusiasm to the event – we look forward to working with you next year!

Every event needs a planning committee – but not every event has the kind of planning committee that handles every detail with so much concern and good humor. Our thanks to Marc & Sharon Hoelscher and Marlin and Ardys Roseland.

The Street Masters car club has been saving pennies and other loose change for over a year for this event – every forgotten name tag has turned into gas money for a cancer patient – this year the club raised \$1,810.42.

Generally, a governing board and staff have pretty specific job responsibilities – in our case it includes schlepping roasters, making sandwiches and washing dishes – our thanks for always being there.

Who knew we needed someone to keep the lids on the cupcakes and guard the money bag? Thanks Dean!

Thank you to our sponsors who donated cash prizes - Chase Auto, Beck Motors and Fine Line Auto and to the winners Rich Hatheway, Tony Rea, David Quisenberry, Chris Hammersley, Jason Hanson and Dawn Koch.

One of the highlights of the day is stopping in Gettysburg at Mugs Bar & Grill – this year the cars and the bikes arrived at the same time and were warmly welcomed by Chris & Carl Hawkinson.

At the beginning of the ride Roy Larson blessed the pennies and the riders – Robert's parents, Terry & Leo Disburg, made sure each rider received a shiny penny – a reminder of why they ride.

For all the great pictures of cars, bikes and participants - thank you Keith Hemmelman!

Thank you to all the dice stops for making space for everyone.

Thank you to the Ike's crew Carol & Marty Nowak and Linda Sack for making sure everything was set up and ready to go when the riders returned – they made it so easy.

Additional sponsors include: Clausen & Rice, LLP, Fischer, Rounds & Assoc., Country Carpet & Flooring, Ft. Pierre Livestock Auction, Inc., Black Hills Federal Credit Union, Oahe Federal Credit Union, Lariat Lanes, Inc., Avera St. Mary's, Feigum Funeral Home, Stulken, Petersen, Lingle, Walti & Jones, First National Bank, Knights of Columbus, Keller Electric, Bales Chiropractic, Wendell Law Office, Kiwanis Club, Hogen's Hardware Hank, Bartlett & Weaver Eye Clinic, Midwest Construction, Cattleman's Club, Drifters Bar & Grille, Red Rossa, Hardees, McDonald's, Burger King, WW Tire, Izaak Walton, Grey Goose Store & Social Club, The Corner, The Paint Store Too and Doug & Jan Parker.

Over 120 participants, everyone back safe and sound and <u>many</u> pennies donated.

Since 2004 \$816,860 in travel funds for cancer patients has been provided through Pennies for Robert – thank you

Community Programs

Breast Cancer Survivors Support Group – Thursday Nov 4 & Nov 18 at noon – Countryside office 415 S. Crow

November 4 – noon – **Speaker**: Vona Johnson – Christian life coach, mentor, author and breast cancer survivor **Topic:** Cancer: A Gift?

November 18 – General meeting and final prep for the Capitol Christmas tree

November 20 – Saturday 9:30 am – Tree decorating at the Capitol.

Theme: Winter Wishes

Meetings are open to all breast cancer survivors - we have participants that are just beginning their treatment plan and others who are 16 years post diagnosis. At each meeting we get updates from the members present and email updates from those not able to attend. There are discussion topics, guest speakers and almost always chocolate. This is a very informal and supportive group of ladies. One on one meetings with other survivors are also available. For more information call 945-0827.

Memory Connection - (Dementia Care Partners Support Group)

Pierre – Thursday Nov 18 at 6pm – Countryside office 415 S. Crow

A confidential group for anyone who has a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information. For more information call 945-0827.

Gettysburg – Wednesday Nov 3th at noon – Grace Bible Church 310 S. Broadway – Gettysburg, SD This group is for family, friends and caregivers – you do not have to be providing daily care for someone – if you have or have had someone in your life struggling with their memory you are welcome to attend.

Thrift Store update

Shopping: Tuesday – Friday 10 am – 5 pm and Saturday 10 am – 3 pm Donations - Monday – Friday 8:30 am – 4:30 pm Saturday 8:30 am – 3:30 pm Sunday 11:30 am – 2:30 pm

The thrift store is full of holiday decorations, dishes, linens and clothing. Everything from wrapping paper, gift bags and cards to outside decorations that light up and sometimes dance! The sales floor is replenished daily so there is always something new.

We also have gift certificates available – you can pick them up at the store or at the office 415 S. Crow Street.

Did you know that someone is working at the store 7 days a week – often from 6 am to 7 pm? It takes a large crew of dedicated staff, volunteers and inmates to keep things moving smoothly from the time items arrive in the donation area until they go out the front door. We keep our prices reasonable and provide voucher assistance for those with clothing and household needs.

Every day we look around to be sure the store is safe, clean and well organized for your shopping experience.

Every day we give thanks for the community that keeps our shelves full and make programs like *Pennies for Robert*, St Benedict's Guest House and the Memory Center possible.

Stanley County students step up to support their community!!

Change War

When the students of Stanley Country High School were challenged to raise funds for the *Pennies for Robert* program things got a little sticky – the students were asked to "vote" – using change – for the teacher they would most like to see covered in chocolate syrup!

The results were slightly ghoulish as teacher Ryan Royer became a human chocolate "sundae" complete with a cherry on top! With help from the Student Council & Honor Society a chocolate mess became a \$500 donation!!





Stanley County High School staff and students present a \$500 check to Jane Payer and Holly Hoing of Countryside Hospice Support & Memory Center.

Stanley County Lady Buffs Volleyball Team digs in to fight cancer

Our thanks to the Stanley County Lady Buffs for their recent *Dig Pink 2021* t-shirt fund raiser. Team members and coaches took pre orders for the shirts with all proceeds going to *Pennies for Robert*! The Lady Buffs will host Pink Night on October 22 when they play Highmore/Harrold – unfortunately the shirts will not be ready by then but team members hope those attending future games will wear the shirts as a reminder that the fight against breast cancer – and all cancers – is ongoing for so many people. Every t-shirt helps!

Recycling at its best ...

At the thrift store we recycle many items: old blankets for dog beds, grocery store plastic bags and cloth tote bags for shoppers to use, aluminum cans, and cotton clothing for rags to name a few. All in an effort to decrease our waste and reuse as much as possible.

A group of students from Stanley County have taken this effort one step further. The Stanley County High School Student Council has been collecting jeans that the store is unable to sell to be recycled into cotton fiber insulation, thermal packing for seafood, pet bed inserts and more. The program is called "Blue Jeans Go Green" and is sponsored by ZAPPOS.

So far, the group has collected 273 boxes of jeans – which translates to 3,605 pairs – which equals 4,944 lbs.

That's pretty impressive...

Thank you to Stanley County students – teachers – coaches for thinking of Countryside!

Holiday thoughts

Just a few thoughts that may help you keep your emotional, physical and financial balance in the busy weeks and months ahead.

Begin your preparations early, pace yourself and be prepared to take things off your "to do" list if needed.

Shop early or use cash or gift cards – delivery times and limited availability may cause unnecessary disappointment or frustration.

Shop locally – this is a win/win – gift cards for a massage, movie tickets, gas, meals or maybe the hospice thrift store are appreciated by both the businesses and the recipients. Be creative in your gift bundles to create a relaxing evening out or a fun shopping experience.

If you are visiting family and friends let them know if you are not comfortable with crowds so you can excuse yourself gracefully. Communicating openly will help you be able to quietly retreat without causing a stir. Be prepared with reading material, etc., for your enjoyment.

Keep your routine as much as possible – walk if the weather and area permits – get plenty of rest and drink in moderation.

Be mindful of budget restrictions – draw names for gifts, set a spending limit, be creative – give gifts that begin with the letter of the person's name, give only gifts you can hold in the palm of your hand, donate to a charity and report what the donation provided, i.e., two 50 lb. bags of dog food were donated in your name to the animal shelter. Start new traditions.

Be sensitive to new work routines – the kitchen counter may be someone's workspace or classroom.

It is ok to delegate – or even be a little bossy – if you have company staying for several days show them where the necessities are, ask them to refill the fridge if they take the last cold drink, take turns walking the dog, run to the store, share the work load. Some of the best conversations are in the car and the kitchen.

It is ok to excuse yourself from the hustle and bustle - take a little time to regroup.

It is ok to say "let's not talk about that" if controversial topics come up – laying a few basic ground rules may prevent some hurt feelings, long silences and early departures.

Ask someone in the family to scan old photos and make a slide show that can be viewed on TV or computer screens – share the video with family members not able to be part of the gathering.

Speaking of pictures – take lots – and call – and Facetime – you will never regret it.

We all know the reason for the season – and we know that in years past we may have focused on all the wrong things. This year lets focus on the seats we have at our table – both empty and full – holding close our memories and giving thanks for what is truly important.

St Benedict's Guest House...

Thank you to everyone who helped fill the freezer – we are in good shape for the next few months! On our current wish list is unscented Tide pods, paper towels and garbage bags. Also, donations to purchase individually wrapped toilet paper would be wonderful – we go through the basics pretty quickly! Thank you.

Memorials...

Carol Fiala by Gary, Debbie & David Fiala

John & Anne Woods <u>Tom Woods</u> <u>Burton & Anna Warne</u> Jack Fifield by Maynard & Mary Greenfield

<u>Clyde Colson</u> by Jim & Laurie Hinckley Neil & Kathy Davis

<u>Florence Christian</u> by Dakota Prairie Bank

<u>Devin McKeever</u> by Dale & Donna Gohl Karen Gerdes

Leila J. Geisler by Bobbi & Gary Drewes Becca Vance Rev. Brad Urbach Anne Plooster Brad, Kim & Doug (Insurance Benefits, Inc.) Karen Husted Lonis Wendt John & Kimberley Thune Gary & Gloria Brown SDEA Staff Holly Frederick

<u>Gladys Schill</u> Jack Ellenbecker <u>Millie Raymond</u> by Karen J. Zakahi

Dale & Todd Knott Sr. Evelyn Sehn Patsy Kringel Albert Ebach Leila Geisler by Chuck & Barb Poches <u>Mildred Raymond</u> by Don & Shirley Sandal

<u>Doris Cummins</u> by Val & Rick Rowen

Darleen Templeton Dana Petersen Veryl Huisman Pam Steece Lois Schmidt Rhonda Hageman by Joel & Carol Gengler

Jack Ellenbecker Al Ebach Jim Likness Jim Russell Paul Herman, Sr. Georgie Sibson by Bob & Shirlee Miller



Fred & Linda Johnson by Gwen Candee

<u>Jack Ellenbecker</u> <u>Al Ebach</u> <u>David Lindekugel</u> <u>Jim Russell</u> by Robert & Carolyn Riter

Jack Ellenbecker by Verne & Jeanne Olson De Gibson Marllys Cermak by Sandra & Janice Cermak

Jerry Hawkins Doris Hubbard Tyler Wilcox by Bob & Jeri Wilcox

Brendy Browne Dave Lindekugel Dan Bergeson **Chuck Serbousek** Joseph Serbousek Jim Russell Ray Rathbun Zachary Johnson Lois Schmidt Pam Steece Al Ebach Harry Harryman Jack Ellenbecker Mildred Raymond by Norm & Joann Weaver

<u>Colleen Weiss</u> by Larry Weiss & Family

Marlin (Rocky) O'Daniel John (Jack) Ellenbecker by Tom & Nancy Scheinost

Albert Ebach

by Lorraine Ebach Family & Friends Norm & Sandee Konechne James & Karen Stein Joe & Lisa Feller **Douglas & Beverly Searls** Karen Hasek **Richard & Carolyn Jorgensen** Gary & Connie Palmer Dale & Donna Gohl Seb & Carol Axtman Mike & Jean Denton Society of the Precious Blood Lisa Gentry Penn & Roberta Williams James Mollison Roy & Charlotte Hiller

Memorials...

<u>Mike Westall</u> by Dale & Donna Gohl

<u>Glenn Marrington</u> <u>Jerry Hawkins</u> <u>Raymond Rathbun</u> <u>Joan Kessler</u> <u>Jack Ellenbecker</u> by Mary & Dick Carter

Harry Harryman by Don & Donna Gallimore

Larry Severson by Linda L. Severson Douglas & Sarah Severson John & Linda Ripley Chuck & Jenelle Busse Jerry & JoAnn Sanders

Paul Herman, Sr. Aggie Niehoff Julie Sutton Clyde Colson by Cindy Arch & Duane Winkler

<u>Gladys Schill</u> <u>Helen Dutt</u> by Jackie Marso

<u>Dave Gerdes</u> <u>Tony Wegner</u> by Betty Garrett

<u>Roy Hartman</u> <u>Millie Raymond</u> by Dale & Joyce Tipton

Gary Jackson Devin McKeever Mildred Raymond David Gerdes by Rosemary Rounds Phyllis Fratzke Marilyn Hofer Delores Sieler by Roger & Marla Fuller

Albert Ebach Kurt Matzen by Scott & Amber Foth

Kurt Matzen Gladys Schill Jack Ellenbecker Linda Zeller Delores Sieler Marilyn Hofer Doris Donner Porter Georgie Sibson Ray Rathbun Shirley Marshall by Frank & Carol Newcomb

George Iversen Hanna Iversen by Louise Cain

<u>Kay Wahl</u> <u>Darlis Weiszhaar</u> <u>Phil Davidson</u> by Stan Wahl

<u>Will Cooper</u> <u>Lynn Metzinger</u> <u>Mildred Raymond</u> <u>Steven Scott Robinson</u> <u>Phyllis Jean Fratzke</u> by Philip Bowman



Patsy Kringel Charles "Chuck" Clark Dave Lindekugel Nancy Christianson by Patricia Weeldreyer

Judy Jerde by Bayard Jerde Lynette & Marshall Michels & Family DeeAnn & Eric Hofer & Family

Patsy Kringel Jack Ellenbecker Dave Gerdes Myrtle Jackson Jim Russell by Connie Colwill

Dave Gerdes by Phil & Cindy Meyer Carol & Dan Schneiderhan Sue Burgard Art & Mary Rezac Jim & Nora Wosepka Dave & Elaine Konechne Peggy Cruse David & Mary Hackman Kathi Mueller Dave & Trish Kenyon Jim & Kayleen Anderson Dennis & Dorothy Gibbs Gary & Connie Palmer

<u>Gladys Meleen</u> <u>Ed Assman</u> <u>Marilyn Hofer</u> <u>Betty Krull</u> <u>Danny Bergeson</u> <u>Al Ebach</u> <u>Leila Geisler</u> <u>Jerry Hawkins</u> <u>Myrt Jackson</u> <u>Reta Lathem</u> by Patti Petersen

<u>Audrey Burnette</u> by Bonnie & Troy Rus

Memorials and donations...

Marcia Burrows	In loving memory of	Carol Fiala	Linda Obermeier
John	Linda Lord		We miss you pretty girl!
Janet – Deb – Susan -	by	We miss you -	Pete, Tammy, Aimee,
Dawn	The Hiatt Family	Mark & Deb Wixon	Joey, Amanda, Sawyer,
			Axton & Jermey
Marie Lamm	Darlene Treib	Orma E. McInnis	John McInnis
Bob & Beth McInnis	Bob & Beth McInnis	Bob & Beth McInnis	Joe & Kathy Gittings
Susan & Bob Marrington	Sam Treib	Sam Treib	Susan & Bob Marrington
Ralph Dirksen	Susan & Bob Marrington	Susan & Bob Marrington	Bob & Beth McInnis
Joe & Kathy Gittings	Ralph Dirksen	Kathy & Joe Gittings	Sam Treib
, 5	Joe & Kathy Gittings	Ralph Dirksen	Ralph Dirksen
Glenn Marrington	Remembering		Patrick McInnis
Bob & Beth McInnis	my Jack		Bob & Beth McInnis
Sam Treib	on October 6 th		Sam Treib
Susan & Bob Marrington	celebrating his 80 th birthday in Heaven		Susan & Bob Marrington
Ralph Dirksen	Love,		Kathy & Joe Gittings
Joe & Kathy Gittings	Marcy		Ralph Dirksen
In monory of		u of mu wife	In moments of
In memory of Leonard Powell	In memory of my wife,		In memory of
	Carol Jenner		Roger Nagel
on the 7 th anniversary of his death October 26 th	on our Wedding Anniversary October 11		Happy Birthday October 19 th
	by		
by	David Hinkley		We miss you every day.
The Powell Family			Sharon & Family
In memory of	In memory of		In memory of
Grandma Inga &	Larry Severson		Bobby Iversen
Grandma Susan	for all the care that he was given by		on his birthday October 14 th
on their birthdays.	Avera@Home Hospice during his last weeks.		Love & miss you,

Donations: BankWest Volunteer Team, Sue Burgard, Janice Cermak, Sandra Cermak, Larry & Anna Cvach, Kathy Gerdes, Dean Hoelscher, Judene Holan, Mikel & Debbie Holland, Todd & Kara Hughes, Doug & Karla Kuiper, Sebastian LeBeau, Lynn's Dakotamart, Peter & Ellen Maningas, Clifford & Christine Reuer, Bonnie Rus, Stanley County High School Student Council & Honor Society

*Thank you to:

Sue Kuhl, Pat Huisman, Joane Beringer, Sharon Erlenbusch and Marty Nowak for donating freezer meals for St. Benedict's guests.

Bob & Jeri Wilcox for donating artwork for St. Benedict's Guest House.

BB Publishing-Don & Kate Boyd for donating advertising throughout the year!

Pat Hoing for making a beautiful cutting board for St. Benedict's Guest House kitchen.

Tom Tveit for donating and installing guard posts and anchors for the Thrift Store AC relocation project.

LaVona Kirkpatrick for the beautiful quilt made for our guests at St. Benedict's in memory of Danny Bergeson,

Dr. Barbara Spears, Viny Olesen, Veny Thompson, Judy Blair, Mike Kelley & Vern Armstrong.



In Honor of Gerry Cass by Sarah Ketteler In honor and in memory of the many friends we knew who are no longer with us and also as a special thanks to the many friends who shared notes for our anniversary. Don & Alta Gaarder Countryside Hospice Support & Memory Center 415 S. Crow St. Pierre, SD 57501

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We Care

Countryside participates in the *We Carre* program sponsored by Lynn's Dakotamart. For every \$10,000 in grocery receipts that we collect, Lynn's donates \$100 to Countryside. The receipts add up quickly and can include groceries, alcohol, prescriptions, hunting and fishing equipment, clothing and anything else you can find in the store - at any of their locations. Please remember us when you purchase a bottle of wine or a new gun! Receipts can be dropped off at the Countryside office or the thrift store.

THIS GIFT IS FROM:			
Name			
Address			
FOR: As needed St. Benedict's Guest House – Lodging for cancer patients Memory Center	Pennies for Robert – Travel funds for cancer patients Avera@Home Hospice – Hospice care Membership		
In memory/honor of:	Notify:		
In memory/honor of:	Notify:		
WE ACCEPT CREDIT CARDSPlease call us at 605-945-0827 and we will process your information over the phone! You can also donate through our website www.countrysidehospicesupport.com or scan the QR code on this page.			