



Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

May 2022

Turkey Supper 101...

We have prepared turkey and biscuit suppers at the Ike's, Lutheran Memorial Church and First United Methodist Church. We have faced a refrigerator full of turkey that we couldn't use and depended on the kindness of other organizations and businesses to help fill our roasters. We have fed 500 people and had leftovers to donate. In the early days we ran frozen turkeys house to house to be baked and returned. We have taken corners too sharply and dumped gravy in the back of a station wagon. We have worried that we didn't have enough salad or pie or that an ice storm would keep people home.

But we have never dished up all the turkey in 33 minutes.

Apparently putting turkey in takeout containers requires more than we anticipated. And while we hate that we had to go car to car delivering the news that we were out of turkey we are glad that those who did get to eat said it was a generous serving, delicious and hot.

We have made copious notes for next year, inside or out we've got this and next year everyone will have turkey!



Our thanks to everyone who helped prepare the meal, donated turkeys and other items that we needed, the gravy crew, the biscuit bakers, the assembly line who filled the containers and bags. Also, the turkey scoopers, runners and kitchen crew. Our thanks to those who went car to car distributing the desserts and homemade biscuits along with the news that the turkey was gone.

To the gracious, hungry diners who ended up having pizza, carry out or leftovers – thank you. You were kind enough to say you were glad we had a successful night.

Countryside – 2021/22 Year in Review

Pennies for Robert

**\$86,515 disbursed for 724 trips
\$897,355 provided since 2004**

Travel funds are available for anyone leaving the Pierre community for cancer care and also for those who are traveling to Pierre. There is no limit to the number of times funds can be requested and no paperwork to complete. Stipends for gas and travel have been increased since gas prices etc., have risen. The Corner Station in Pierre provided \$2,682 in gas cards for patients.

St. Benedict's Guest House

112 guests for a total of 207 nights - 234 guests have stayed a total of 689 nights since Sept 2019

Patients from SD, NE and Wyoming have stayed at the guest house during their cancer treatment. Some guests have stayed one night but many have stayed for 6 – 8 weeks during their course of radiation. There is no charge for their stay.

Support Groups

36 group meetings – 192 participants

Countryside provides a twice monthly group for Breast Cancer Survivors that focuses on support and education. There is a monthly group for Parkinson's and post stroke patients and their caregivers that is co facilitated by Avera Therapy Services, and Memory Connections – a group for families/caregivers for those with dementia also meets monthly.

Countryside Memory Center

183 screens in 2021/22 - 91 new patients and 92 retests

Cost of providing screens - \$137,250

The Memory Center provides baseline and comprehensive memory screening for those with mild and progressive memory issues. Weekly screening is provided in Pierre and once a month we hold a clinic in Gettysburg. "Memory Connections" – a support group for families and caregivers is available in Pierre and Gettysburg.

\$336,916 in program services and direct financial aid provided in 2021/22 fiscal year

15,184 volunteer hours in 2021/22

Avera @ Home Hospice - St Mary's

\$87,202 in monthly stipends and designated donations provided to Avera@Home. Total since 2018 - \$305,640.

The Avera@Home Hospice and Home Health team serves the Miller, Highmore, Gettysburg area in addition to Pierre/Fort Pierre. The Countryside contribution helps provide additional home health aide and nursing time for patients and their families and needed supplies and equipment that are not covered by Medicare and insurance.

Community Vouchers – Thrift Store

\$3,549 distributed to 107 individuals

Vouchers are available through PARS, local churches, schools, Avera St. Mary's Hospital, nursing homes, places of employment and other agencies. Participants are able to get clothing and supplies for school, work and home. A thrift store staff member works one on one with the recipient to ensure their needs are met.

OMA – Opening Minds through Art

A program developed by Scripps Gerontology Center, Oxford, Ohio

The mission of OMA is “to build bridges across age and cognitive barriers through art”

OMA is an award winning, evidence-based art program for people living with dementia. It is described as a “failure free” program with a structured art-making process allowing opportunities for creative self-expression and social engagement for individuals with dementia and other cognitive barriers.

In OMA each person living with dementia is paired with a volunteer who is trained to support creative expression. The pairs will meet in a small group setting weekly for 6 weeks, with participants able to attend multiple 6-week rounds.

OMA art promotes autonomy, dignity and decision making for individuals living with dementia while expanding family/caregivers and volunteers’ appreciation for remaining capabilities. Volunteers learn how to communicate and support the creative process for individuals living with dementia while developing close relationships in the process. An art show will be held after several rounds.

Memory Center staff members Cindy Meyer and Crystal Hanson are currently participating in the facilitator training process that covers the creative process for people living with dementia, class format, volunteer training, project supplies, and art principles.

There are several ways to volunteer. The program is laid out very carefully with sample art projects and supply lists.

We will need prep volunteers to help gather the general supplies and prepare sample projects as well as volunteers to prepare supplies each week specific to that week’s art project.

A couple of local artist volunteers would be helpful with material and color selection.

People can also volunteer for a 6-week round to be paired one on one with participants. Class volunteers will be present for 90 minutes each class to include prep, 60-minute art class with their partners, reflection and clean up.

Training will be provided to build a comfort level with the OMA art process, the volunteer’s role in each class, how to support decision making and creative self-expression, and communicate effectively with people living with dementia.

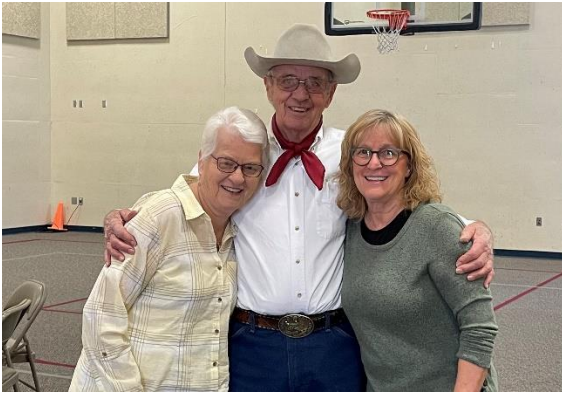
Participation will be open to anyone in the community with cognitive impairment. Sessions will have a limited number of participants and will be free of charge.

More information will be coming soon – we will host an informational meeting for potential volunteers and we will be developing a wish list of needed art supplies.

This is an exciting new project for Countryside made possible through your continued support...our thanks

Help needed... Countryside is searching for a handyman for St Benedict’s Guest House – our “to do” list isn’t very long currently (one bathroom fan needs attention and the batteries in the smoke alarms need to be changed) but things do pop up and we need someone we can call who is knowledgeable...and comfortable on a ladder. For more information call 945-0827.

Mark your calendars! The 4th Rally for Robert motorcycle/car dice run will be held on Saturday, September 10...more information will be coming soon.



Thank you to Terry Moore for entertaining our guests at the Annual Volunteer Appreciation luncheon. Terry shared Cowboy Poetry with the group and it was enjoyed by all. Also, thank you to Branding Iron Bistro, East Pierre Garden Center, LaMinestra, Pink Petal, WW Tire and Zesto for donating door prizes.

Pictured: Kay Moore, Terry Moore and Countryside Board President Wendy Smith.

Countryside thrift store received a generous donation in memory of Brenda Namanny recently. Brenda had received travel funds from **Pennies for Robert** while fighting her cancer battle and to honor her memory her family loaded up a trailer – braved the SD wind – and brought it all to the thrift store. This donation will be gently recycled and will provide funds for other cancer patients - Brenda's spirit will be cheering them on through the miles. Our thanks.

Assisting the Namanny family are staff members Julie Ellingson, Laurie Kramer and Jon Garry.



Community Programs

Memory Connection - (Dementia Care Partners Support Group)

Pierre – Thursday, June 16 at 6 pm - Countryside Community Room, 415 S. Crow St.

A confidential group for anyone who has a loved one with dementia including the primary caregiver, family members and friends. This group provides support, education and resource information. For more information call 945-0827.

Gettysburg – Wednesday, June 1st at noon – Grace Bible Church, 310 S. Broadway

For more information or to schedule a memory screen in Gettysburg call 945-0827.

Parkinson's/Stroke Support Group

Wednesday, June 8 at noon – Countryside Community Room – 415 S. Crow St.

Newly formed support group for patients and their caregivers dealing with Parkinson's or stroke recovery.

If you would like to be included in the mailing/e-mail list please call 945-0827. This group is co facilitated by Avera Therapy Services & Countryside staff.

Breast Cancer Survivors

Thursday, June 2 and 16 at noon – Countryside Community Room – 415 S. Crow St.

The Breast Cancer Survivors group is a great example of the benefit of the shared experience. Only someone who has been called back after a routine mammogram, undergone ultrasounds, biopsies, waited for results, made decisions about treatment options, etc., truly understands how it feels. This group is informal, confidential and educational. There are stories, tears and much laughter – all the important things.

Memorials...

Carol Fiala

by
Gary, Debbie & David Fiala

John & Anne Woods

Tom Woods
Burton & Anna Warne
Jack Fifield

by
Maynard & Mary Greenfield

Ruth Downs

by
Thomas & Barbara Sogaard
Willis & Della McLaughlin
Carmen Heyd
Pat Duffy
Dana Duffy
Dan Costner

Kathy & Doug Ripley
Janice Deis
Leonard & Janice Deal
Mary Meadors
LaDonna Engle
Kay & Terry Moore
Mark & Denise Venner
Deb Fahey
Keith & Audrey Skron Dahl
Jon & Nancy Gonsor
Joyce Sack
Eileen Herrin
Lisa Frederick
Linda Sack
Jean Morris
Richard & Sharon McEntaffer
Brent & Betty Lindbloom
Carol VanRoekel
Della Andre
Elda Obenauer
Sandra Sheppard
Carol Kortan
Karen Hasek

Jean Rounds

by
Ron Catlin
Dan & Pamela Cronin
Curt & Roxy Everson
Andy & Sharon Anderson
Terrance & Arlene Kvislen

Theresa Stulken

by
Troy & Kari Stulken
Karen Hasek

Mike Mikkelsen

Pauline Brehe
Jack Campbell
Gladys Schill
Shirley Hiller
Wanda Dilley

by
Lois Byrum

Yvonne Stroup

Charlotte Conway
by
Brent & Betty Lindbloom

Effie Hunsley

by
Dean Hoelscher
Marc & Sharon Hoelscher

Ruth Downs

Randy Howe
by
Karen Hedlund
Holly Hewlett

Randy Howe

by
Jamie Damon
Ken Rausch
Meg Ryland
Cindy Stiegelmeier
Nadine Henderson
Uncle Matt
Rodger & JoAnn Leonard
Erwin & Marlys Feller
Betty & Will Hanson
Vicky Wilkey
Denny Kiner
Marilyn Teske
Bob & Kristin Townsend

Beverly Zebroski

Jack Campbell
by
Betty Garrett

Shirley Hinzman

by
Deb & Mark Neumayr
Max & Lisa Merchen

Judy Bauer

by
David & Ellen Ramsey

Zay Norman

Larry Nelson
Ron Leidholt
Marion Brakke
Bruce "Wicker Bill" Crist
Randy Howe
by
Paul & Dawn Marso

Theresa Stulken

Peggy Fast
Ruth Downs
by
Ray & Maureen Shepherd

"Mal" Hinkley

by
Richard & Anna May Masteller
Janice Deis
Herb & Arlene Pitan

Eugene Warriner

by
Neil & Kathy Davis

Ruth Downs

Larry Nelson
Odean Solberg
Dave Cahill
by
Roger & Marla Fuller

Emery Byer

Harvey Holzwarth
Ruth Downs
Neil Hodges
Greg Dean
by
Cathy & Gaylord Sonnenschein

Marie Brodrecht

by
Janada Ramser

Matthew Murphy

Ken Doran
Gene Warriner
Perry Anderson
by
Norm & Joann Weaver

Tim Long

LeRoy Krier
by
Janada Ramser

Memorials & Donations...

Dave Cahill

by
Pat & Holly Hoing
Gary & Sally Marrone
Anita Baker

Perry Anderson

by
Nancy Bloom

Eugene Warriner

Veneta Roach
by
Larry & Dolly Christenson

Colleen A. Weiss

Andy Deis
by
Larry Weiss & Family

Julie Horsley

by
Dave & Kathy Fuoss

Wanda Dilley

by
Pat Jesso

Donna Mayer

by
Scott & Gaye Granville
Delcie Schofield-Hall

Margaret Brevik Schuldt

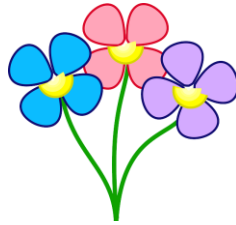
by
Delvin & Cleo Shroyer

Emery Byer

Larry Nelson
Wanda Dilley
by
Juanita McKeever

Virginia Uthe

by
Dale & Donna Gohl
Richard & Arvidene Stanley



Ruth Downs

Patrick Lowin
Bev Zebroski
Eugene Warriner
Veneta Roach
Joan Ramsey
Thelma King
Gala Byrum
Mike Fanger
Tim Misterek

by
Sondra Russell

Allen Wienk

by
Dale & Donna Gohl

Thelma King

by
Billie McMullen

Larry Nelson

Ruth Downs
Effie Hunsley
Randy Howe
by
Dale & Joyce Tipton

Turkey Sponsors: Animal Clinic of Pierre, Feigum Funeral Home, Sheryl Hawkins, Cash & Julie Hogen, Doug & Karla Kuiper, Midwest Construction, Inc., Jim Mollison, Nikki Schaffer, Sioux Nation, LLC

Thank you to: Nancy Bloom, Jackie Marso, Diane Kehrwald and an anonymous donor for your donations of supplies and furnishings for St. Benedict's Guest House and the new community room.

RAZ phone

The RAZ Memory Cell Phone is a simple, cell phone for people with memory loss, dementia or Alzheimer's or anyone who prefers a simple phone experience. The one-touch dial phone has one primary screen that includes: pictures and names of up to twenty-four contacts; a button to call 911; the time and battery. To use simply tap the picture of the person you wish to call. There is GPS tracking, limited call capabilities, both in & outbound + easy emergency 911 calling. The RAZ phone is available at alzstore.com.

Which major wireless carriers can I use? The RAZ phone model can be activated on: T-Mobile, Red Pocket Mobile and Mint Mobile. If you are using Verizon Wireless, Cricket or AT&T call for information about their compatible phones.

Can I restrict incoming calls? Yes. The portal app for the phone includes a setting allowing you to limit incoming calls to only the contacts and/or a list entered into the phone.

Can the 911 button be disabled? No. By law in the US 911 service cannot be disabled or blocked on cell phones. The 911 button does require a long-press so is less likely to accidentally call emergency services. If 911 is called repeatedly for false or imagined emergencies, an optional Emergency Call Service is available to help screen 911 calls.

Can I track the RAZ Phone remotely? Yes. By going to the "GPS Location" button on the portal app, you can track the location of the phone.

Can the RAZ Phone send text messages? Is there voicemail? No. The phone is designed to be very simple.

In Loving Memory of ...

Marcia Burrows
John
Janet – Deb – Susan -
Dawn

In memory of
Leon Friend
on his birthday May 3rd
by
Nancy Friend

Carol Fiala

We miss you -
Mark & Deb Wixon

Linda Obermeier
We miss you pretty girl!
Pete, Tammy, Aimee,
Joey, Amanda, Sawyer,
Axton & Jermey

Marie Lamm
Bob & Beth McInnis
Susan & Bob
Marrington
Ralph Dirksen
Joe & Kathy Gittings

Darlene Treib
Bob & Beth McInnis
Sam Treib
Susan & Bob
Marrington
Ralph Dirksen
Joe & Kathy Gittings

Orma E. McInnis
Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Kathy & Joe Gittings
Ralph Dirksen

John McInnis
Joe & Kathy Gittings
Susan & Bob Marrington
Bob & Beth McInnis
Sam Treib
Ralph Dirksen

In memory of
my husband,
Harold
on our May 6th
wedding anniversary.
Elda Obenauer

In honor of my
“much loved” dad,
David M. Moore
on his May 26th birthday
by
Donna Erikson Kinsley

Glenn Marrington
Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Ralph Dirksen
Joe & Kathy Gittings

Patrick McInnis
Bob & Beth McInnis
Sam Treib
Susan & Bob Marrington
Kathy & Joe Gittings
Ralph Dirksen

In loving memory of
our parents.
You are forever
in our hearts.
Jim & Linda Cruse

In loving memory of
Tom Schmitz & Don Garrity
from
Dodie Garrity
Dawn Stover & Kelly Tibbs

Bill Zimmerman
Remembering Bill
on his birthday May 11th
by
Phyllis Zimmerman

In memory of
Alberta Denton
on her birthday
May 17th
by
Mike & Jean Denton

In memory of
Cal & Joan Pottratz
on their heavenly wedding anniversary
May 19th
by
Lynn Bixler

In memory of
Randy & Dottie Howe

Good people,
enjoyable projects,
working together,
much laughter,
long-time memories,
lucky us.

Keith & Donna
Crandell

In memory of our mom,
Connie Hull
on her June 4th
birthday.
Max, John & Jim

In loving memory of
my mother, Mary
and my “Other Mother”, Eileen Kusser
Miss you both!
Cindy



In memory of
mothers that have a special place in my heart
Aunt Lue
Marie Kost
Vaudis Ivey
Freda Lawhon
Cindy



Countryside Hospice Support & Memory Center
415 S. Crow St.
Pierre, SD 57501

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Memberships: Chuck & Sandy Schlueter, Thomas & Barbara Sogaard, Delton & Vicky Tipton

Donations: Anonymous, Anonymous, Delta Dental of SD Giving Back Program, Kathryn Fox, Grace Bible Church, Ronelle Hook, Rich Ivey, Don & Netta Lammon, Sebastian LeBeau, Lynn's Dakotamart, Peter & Ellen Maningas, Melissa Shaffer & Family, Department of Social Services Staff, Stella's Bunko Babes, Trinity Lutheran Church-Midland, SD

We Care Program – Lynn's Dakotamart

Thank you to Lynn's Dakotamart for this wonderful community program. For every \$10,000 we collect in receipts Lynn's donates \$100 to Countryside. Please save all your receipts – every department counts including gas, pharmacy, food, clothing, and sporting goods. Receipts can be dropped off at the Countryside office or the Countryside Thrift Store.

THIS GIFT IS FROM:

Name _____

Address _____

FOR: As needed Pennies for Robert – Travel funds for cancer patients
 St. Benedict's Guest House – Lodging for cancer patients Avera@Home Hospice – Hospice care
 Memory Center Membership

In memory/honor of: _____ Notify: _____

In memory/honor of: _____ Notify: _____

This newsletter contains donations processed through May 11. The approximate cutoff date for the June newsletter will be June 8.

Donations can also be made by credit card on our website www.countrysidehospicesupport.com, through PayPal or you may call the office with your credit card information 605-945-0827.