

# Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

February 2024

Passion is what drives us. It helps us build our goals and dreams. It's how we determine our purpose in life and why we do the work to get there.

It is a foggy February afternoon and I am eating stale rice cakes out of my desk drawer. Rice cakes have little to offer when they are fresh but after they have been sitting for a few months, they have even less. And yet, I have eaten two.

The desk in question has seen many rice cakes come and go since we first borrowed it from St Mary's in 1980.

Borrowed may not be the correct word since we may or may not have asked permission before we pushed it down the hall, into the elevator and into our new office space. But in our defense to this day no one has come looking for it.

A borrowed desk, a donated typewriter and a passion for end of life care. That is how the Countryside story begins.

While I'm not advocating eating stale treats or stealing office furniture, I could pitch a pretty strong case for passion -

With time, hard work and support, passion can turn a small dream into reality...

And sometimes you don't know where that dream will take you. We started with hospice care at St Mary's in 1980 but a move to the community in 2003 took us in a totally different direction and the result was Pennies for Robert, the Memory Center, St Benedict's Guest House and a variety of support programs. With your help It was a good move.

So what happened to hospice care? Avera@Home Hospice has been providing the direct patient hospice care in our community since 2003. We like what they do and we like how they do it.

Countryside provides \$6,000 a month to Avera@Home to supplement their funding so they can provide additional patient care, equipment and supplies. We also pass along any donations that we receive that are designated for their program. Confusing? A little bit. Good for the community? We hope so.

As space allows, we will be inviting Avera@ Home Hospice to share about their program in the newsletter.

Hello from Avera@Home -

Avera@Home Hospice is who does the hands-on Hospice Care in our area. We are a small staff but are growing daily it seems. We currently have 8 Case Manager RN's, 5 Visiting Nurses and 6 Certified Nurses Aides. We also have 2 Social Workers, a Chaplain, our Medical Director, Dr. Richardson and a host of volunteers. We are in need of more volunteers and would love to visit with you if you would like to work with hospice patients. For more info please give Gloria a call at 224-3218. Thanks, Jen

### Since April 1, 2023 your donations have provided the following:

\$79,400 in travel funds for cancer patients through Pennies for Robert

Lodging for 86 guests at St. Benedict's Guest House for a total of 282 nights

 $\underline{132}$  free memory screens – 84 were first time screens and  $\underline{48}$  were retests. Retests are conducted to see how patients are doing both by comparing their initial and retest scores and obtaining updated information from patients and their caregivers. It is also important to know if they have followed the recommendations made at their initial appointment.

### Mark your calendars...

<u>Turkey Supper</u> – Thursday, April 4 – First United Methodist Church – dine in or carry out. Volunteers needed to help with every aspect of the day from gravy making to cleanup! Fingers crossed for beautiful weather.

Rally for Robert – Saturday, Sept 14 – Help us celebrate Robert's birthday by spending the day on a leisurely ride, rolling a few dice, enjoying a meal, and maybe winning a great prize. Motorcycles and all cars are welcome to join in the 132 mile loop from Pierre to Gettysburg and back.

<u>3rd Annual Memory Walk</u> – Saturday, October 5 at Oahe Downstream – we will walk in support of everyone who is impacted by memory loss - bring your family, friends or co-workers – share your stories -- enjoy the OMA artwork display and help raise funds for the Memory Center.

### **Community programs**

<u>Memory Connection</u> – (Dementia Care Partners Support Group – for family members)

Thursday, March 21–6pm – Countryside Community Room

The format is informal and includes group discussion, educational information and the opportunity to ask questions and brainstorm the challenges of living with dementia. If you have any questions give Max a call at 945-0827.

#### Parkinson's/Stroke Support Group

Wednesday, March 6 – noon to 1 pm – Countryside Community Room (note date change to first Wednesday) Support group for patients dealing with Parkinson's and their caregivers. Format includes guest speakers, resource information and exercise guidance.

#### Parkinson's grants

The South Dakota Parkinson Foundation (SDPF) has grants available for specific items including – but not limited to - walkers, exercise equipment, gym memberships, transportation assistance, therapy tools, home modifications, etc. Grant amounts are up to \$250 and are not provided for medical expenses including doctors/specialist visits, medication or trials. Applications must be submitted by the 1<sup>st</sup> of the month and are available online <a href="https://www.southdakotaparkinson.org">www.southdakotaparkinson.org</a> or we have copies at the Countryside office 415 S. Crow. For more information call 605-271-6113.

#### **Breast Cancer Survivors**

Thursday, March 21 – noon to 1 pm – Countryside Community Room

Support/educational group for breast cancer survivors. This group is open to new members at any time. If you are just starting your breast cancer journey or are several months or even years out and would like to connect with someone who has had a similar experience, this group is for you. For more information call 945-0827.

### OMA (Opening Minds Through Art) - Thursdays 10:30 - 11:30 am

OMA is a *free* program that provides an opportunity for socialization and the creative process for those with moderate to severe memory loss. Each week an art project is introduced – the basic concept is explained but from there it is up to the artist to select colors and design. All the art is abstract – there is no way to fail.

A volunteer works one on one with each artist and Memory Center staff are present to provide direction and support.

If you have a loved one with memory loss who would enjoy an hour of socialization and art <u>or</u> if you would like to volunteer, please call Cindy at 945-0827. New participants welcome.

Greeting cards featuring OMA artwork are available at the Countryside office. OMA has a wish list for art supplies on Amazon - https://www.amazon.com/hz/wishlist/ls/2MNXFBXMIESIE?ref\_=wl\_fv\_le

#### Memorials...

by

Lois Byrum

John Woods Melvin Cunningham **Conrad Otterness Anne Woods** bν by **Chuck Woods** Marcy Fifield Phyllis Maddox **Tom Woods Connie Woods David Forney** Kenneth Cox **Burton & Anna Warne Duane Butt** by Jack Fifield **Dorothy Smith** by by Jim & Shari Forney Maynard & Mary Greenfield Florence Evonne Heermann Wendy Shay Lehrkamp Dr. Mike Holland Duane & Meredith Heermann bν Family & Friends Jill Gusso Family & Friends Nancy Hoyme Curtis & Roxann Everson Earl & Jaylene Fanger **Richard Phillips** Darin & Clare Charlson Gary Knudson Charlene & James Schumacher Stuart Quam **Gary Heintz Sheryl Hawkins** by Darwin Ripley Orville Charlson Fred & Julie Waxler Sherman Monroe Bessie (Dolly) Nafus Rochelle Oakland Cameron Layne Cowan Rocky Oakland by Marilyn Teske **Vonnie Shields** Mike & Cheryl Cowan **Connie Woods** Yolonda Sover **Audrey Borth** Meg Ryland Margaret Ann O'Brien Janice Dockter bν Ione Neuharth **Gary Feller** Larry & Barb McQuistion **Toby Putzier** by Daph Richards Don & Shirley Sandal Marilyn Person Jill Wellhouse **Dave Padgett** Craig Smith Marie R. Foster by Wendy Shay Lehrkamp Eldon & Betty Lindquist by **Lowell King** Tom & Irene Giessinger Marilyn Person Glenn Sandal Kenny & Katie Cox by Pat Mitchell Gerry & Nancy Cutshaw Craig Smith Sharon Kuiper Marc & Sharon Hoelscher **Dave Merrill** Marty Gannon Marilyn Teske **Bob Bartlett** bv Dale & Donna Gohl Stacey Schaefer Ron Merriman Don Zeller Stuart Quam Pal Jessop **Duane Butt** bv **Craig Smith** Billy Kelly Gloria Bartlett Jill Wellhouse Robert Ten Eyck Pat Mitchell Andy Gerlach Viola & Thomas Corcoran, Sr. **Charles Ellis** by Carmen & Josh Schwartzkopf Irene LaFurge Steve & Monica Harding **Chuck Libby** Mary Jean Lomheim **Dave Padgett** Jerry Jacobsen **Darwin Ripley** Al Kundert Jafar & Jessica Karim Don Goosen Glenn Sandal **Jerry Thomas** bv

Norm & Joann Weaver

Donnie Huebner

Chuck & Sandy Schlueter

by

#### Memorials...

Steve & Jami Beck

Marilyn Person Darleen Reiser **Sharon Roseland** Al Kundert Al Kundert by by Kenneth Cox Nancy Bloom Mary Jean Schoessler Janice Deis Dr. Phillip E. Hoffsten Erlyn Beck **Bob & Shirlee Miller** Kenneth & Katie Cox bv Doug & Sherri Miller Cedric Dayton Hall Onie Neuharth Orv & Mary Jo Gran Dr. Phillip E. Hoffsten **Evelyn Charlson Brad Schreiber** Carmen Heyd **Donald Huebner** Elda Obenauer Cora Marie Jeffries Jerry Jacobsen Ron Merriman Monte Curry Mary Hofer Joyce G. Norman **Gaylord Sonnenschein** bν Rocky Oakland **Dolly Nafus** Verne & Jeanne Olson **Vincent Prunty Hupp Family** Darleen J. Reiser Velda Pitlick Cora Jeffries Jennifer L. Royka Neil Schochenmaier Jennifer Royka Jerald "Woody" Stahl Robert Ten Evck Elizabeth (Betty) Demianew by **Opal Tousley** Dale & Donna Gohl by Wendy Lehrkamp Thad & Caroline Uecker Patrick Mitchell Woody Stahl Steve Likness bν Stephen Swath Barbara Harvey **Bob & Elaine Yackley** bν Jill Wellhouse Mike & Jean Denton Mercedies Martin **Mark Hoines** Jim Hennen Carolyn Guhin Stephen Swath bv **Connie Woods** Dean Hoelscher Joel & Carol Gengler by by Jerry & Linda Fischer TJ, Sarah & Connor Gallagher Ken & Katie Cox Rodney Krause by **Curt Goehring** Keith & Audrey Skrondahl Hawthorn Heights Condo Assoc. Dave Padgett Jan & Doug Parker Rocky Oakland Rita & Jim Benham Ken & Marilyn Beck Robert "Bob" Fuchs Mary Lou Goehring Trish Purintun Herb & Arlene Pitan **Cheryl Benham** Veona Prince Jim Bohls Jerry Thomas Jerald "Woody" Stahl **Conrad Otterness** by **Marlene Patrick** Harper Hupp Pete & Patty McGee **Bob Fuchs** River Ludemann by Steve Likness Mary Jean Schoessler Richard & Anna May Masteller Dick Tobin Jill Tobin-Gusso by Anne Anderson Gaylord Sonnenschein **Barb Biwer** Cora Jeffries Pat Mitchell Woody Stahl Jennifer Royka **Don Shields** Nadine Harsin Monte & Kit Curry John & Margaret Ellefson bv Katie & Ken Cox Sondra Russell Ron Merriman Don Zeller Al Kundert Marlene Patrick Jennifer Royka Bob Ten Eyck

by

Tammy & Terry Van Dam

by

Dale & Joyce Tipton

# In Loving Memory of ...

#### **Marie Lamm**

**Bob & Beth McInnis** Susan & Bob Marrington Ralph Dirksen Joe & Kathy Gittings



#### **Linda Obermeier**

We miss you pretty girl! Pete, Tammy, Aimee, Joey, Amanda, Sawyer, Axton & Jermey

# In loving memory of **Buddy Gayle Welch**

Cherished memories never fade. Love and miss you forever. Mea

#### **Darlene Treib**

**Bob & Beth McInnis** Sam Treib Susan & Bob Marrington Ralph Dirksen Joe & Kathy Gittings

#### Orma E. McInnis

**Bob & Beth McInnis** Sam Treib Susan & Bob Marrington Kathy & Joe Gittings Ralph Dirksen

#### **John McInnis**

Joe & Kathy Gittings Susan & Bob Marrington **Bob & Beth McInnis** Sam Treib Ralph Dirksen

# In memory of my husband, Russ Albrecht my parents, **Neil & Audrey Sandidge** bν

Connie Albrecht

Stan Stenson Remembering & missing you on February 12th our 47<sup>th</sup> anniversary. Nancy

In memory of

# **Glenn Marrington**

**Bob & Beth McInnis** Sam Treib Susan & Bob Marrington Ralph Dirksen Joe & Kathy Gittings

#### **Patrick McInnis**

**Bob & Beth McInnis** Sam Treib Susan & Bob Marrington Kathy & Joe Gittings Ralph Dirksen

# In memory of Tommy Corcoran, Jr.

Our birthdays are coming up fast --We will miss you— Big Holiday coming up without the FLASK!

Miss U Forever

Carmen & Josh & Family

#### Sonny,

In you, I found the love of my life. You taught me that true love never ends. I will love you forever and always. Happy Valentine's Day Charlene

# *In loving memory of* **Pam Scarborough**

on the anniversary of her passing 2-2-22 I treasure all the special memories of you. You are forever in my heart. Rosemary Rounds

*In memory of our* Friend & Classmate

# **Marlene Patrick**

Rest in Peace Friend Richard Masteller Jan Widvev Carol Hawley Kay Moore Bonnie Wagner Dora Lea Sassman Cleo Shroyer Colleen Booth (Calvin) Vivian High Class of '59

#### **Donations:**

Lynell Asher, South Dakota's Christmas at the Capitol, Dakotamart, Harlan & Kathryn Meier, Oahe Foundation-Wallace R. Halverson Irrevocable Trust, Allen Hovland, Lee & Judell Weidner, Patrick R. Hermanson, Lisa VanderMaten, Anonymous

**Thank you to:** Crystal Hanson and Jim Greving for donating paper supplies for OMA. Sharon Nuttall and Avera Health Foundation for your donation from the Balsam Range concert for the Memory Center.

#### Memberships:

Arlette Hall, Mike & Cheryl Cowan, Eldon & Betty Lindquist, Les & Susan Stewart, Aaron Swan, Caroline & Thad Uecker

Countryside Hospice Support & Memory Center 415 S. Crow St. Pierre, SD 57501

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JL.	Deller	aice 3	duesi	nouse.

Thank you to Diane Inch for donating laundry soap and Marc & Sharon Hoelscher for donating food for our guests.

### We Care Program – Dakotamart

Thank you to Dakotamart...For every \$10,000 we collect in receipts Dakotamart donates \$100 to Countryside. Please save all your receipts – they can be dropped off at the Countryside office or the Thrift Store.

THIS GIFT IS FROM:		
Name		
Address		
FOR: As needed St. Benedict's Guest House – Lodging for cancer patients Memory Center Don Boyd OMA memorial	<ul> <li>Pennies for Robert – Travel funds for cancer patients</li> <li>Avera@Home Hospice – Hospice care</li> <li>Membership</li> </ul>	
In memory/honor of:	Notify:	
In memory/honor of:	Notify:	
This newsletter contains donations processed through February 7. The ap	oproximate cutoff date for the March newsletter will be March 6.	

Donations can also be made by credit card on our website <u>www.countrysidehospicesupport.com</u>, or you may call the office with your credit card information 605-945-0827.