

Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

January 2024

Phone: (605) 945-0827

Take a deep breath...

Traffic roundabouts are my nemesis - they pop up when you least expect them – the arrows are confusing – there isn't much time to make a plan and they often spit you out in a direction you really did not want to go. To make matters worse everyone else seems to know exactly what they are doing, entering and exiting the circle with complete ease and frightening speed, while you circle round and round certain that no matter what choice you make it won't be the right one.

The roundabout seems to sum up daily life in a nutshell. The pace, the uncertainty, the feeling of no control can put the best of us in a tail spin – so in 2024 let's try taking one thought at a time, one task at a time, one day at a time – biting off the pieces we can handle and seeking support for those just beyond our reach.

Hands firmly on the wheel – hitting the gas or just creeping along – it doesn't matter – just keep moving forward - we've got this...

Community programs

Memory Connection – (Dementia Care Partners Support Group – for family members)

Thursday, January 18 – 6pm – Countryside Community Room

The group format is informal and includes group discussion, educational information and the opportunity to brainstorm the challenges of living with dementia. If you have any questions give Max a call at 945-0827.

Parkinson's Support Group

Wednesday, February 7 – noon to 1 pm – Countryside Community Room (note date change to first Wednesday) Support group for patients and their caregivers dealing with Parkinson's. Sessions include guest speakers, resource information and exercise guidance. The people gathered around the table know your frustrations and challenges and have safety and energy saving tips that can makes routine tasks a little easier. This group is co facilitated by Countryside and Avera Therapy Services.

Breast Cancer Survivors

Thursday, January 18 – noon to 1 pm – Countryside Community Room

Support/educational group for breast cancer survivors. This group is open to new members at any time. If you are just starting your breast cancer journey or are several months or even years out and would like to connect with someone who has had a similar experience this group is for you. For more information call 945-0827.

OMA (Opening Minds Through Art) - Thursdays 10:30 - 11:30 am

OMA is a *free* program that provides an opportunity for socialization and the creative process for those with moderate to severe memory loss. Each participant (artist) is paired with a volunteer who provides guidance for the artist as they select colors and materials to complete their original piece of abstract art.

Recently a member of the Pierre OMA group received special recognition in a <u>worldwide</u> OMA art show and 7 other Pierre artists were selected out of 464 submissions to be featured in the OMA virtual art show. Great representation for our small group! Samples of their artwork is on display at the Countryside office and the Waterfront Gallery for the Arts. We also have greeting cards for sale featuring a selection of OMA artwork. If you have a loved one with memory loss who would enjoy an hour of socialization and art <u>or</u> if you would like to volunteer, please call Cindy at 945-0827.

So many ways to support Countryside, so much to be grateful for...



Thank you Bankwest for the recognition and the best tree topper ever!!

Thank you to our friends at the DOT Central office who raised funds for *Pennies for Robert* thru their **No Shave November**- employees joined together to "purchase" farm animals and watch the farmers beard grow, they also did a 50/50 raffle and raffled off a plate of designer cookies. We appreciate their ongoing support and creativity!



The Breast Cancer Survivors group decorated a tree at the Capitol with some extra help!



High school students participated in OMA training and stepped in as volunteers for the art sessions.

Blizzards for staff and volunteers at the thrift store! Thank you Dairy Queen for once again supporting your community.



Memorials...

Velma Becker

Don Zeller

Lynell Asher

by

Rochelle "Rocky" Oakland John Woods **Shane Cronin** Anne Woods Don Zeller Ron Merriman **Chuck Woods** bν Dan Bergeson **Tom Woods** Keith & Audrey Skrondahl **Connie Woods** Jan & Doug Parker **Buddy & Danette Cronin Burton & Anna Warne** Jack Fifield Stephanie Miller-Davis Velma Becker Walter 'K' Briggs by Ron Merriman **Duane Butt** Maynard & Mary Greenfield by by Janice Deis Edward (Ted) Fenwick Harvey & Andrea Sheehan **David Cahill** Pete Petersen Tom Wagner Paul Weeldreyer **Bob Marso** Steve Likness by Frieda & Orgene Petersen **Bonnie & Troy Rus** Jim Likness Jack & Betty Reedy **Craig Smith** Vern & Helen Marso Our deceased loved ones & friends **Gary Heintz** J.D. Weischedel by Tyler Wilcox **Larry Gramkow** John & Deann Nystrom **Don Zeller** Dylan Fulton by Larry Diehm **Gordon Anderson** Pat Weeldreyer Craig Smith Mel Cunningham Pat Mitchell Jill Tobin-Gusso Erlyn Beck River Ludemann Jill Wellhouse Rocky Oakland Harper Hupp Bob Schwellenbach Forrest Wixon <u>Ione Deal</u> **Dick Tobin** Mel Cunningham Joan Deal by by by Kay Anderson Nancy Bloom Patti Petersen **Lowell King** Jill Wellhouse Marilyn Teske **Duane Butt** bv bν by Jaci Keller **Esther Schlueter** Doug & Karla Kuiper Darleen Reiser Cathy Sonnenschein Nadine Henderson Linda Dykstra Clarence & Eunice Cory Don & Shirley Sandal Rochelle Oakland Katie Tipton Pamela Cronin **Craig Smith** by Vicky & Delton Tipton **Andy Deis** Harriette Lagan **Bob Bartlett** James Lagan Jill Tobin-Gusso **Lowell King** Ronald Lagan by **Bob Iversen** Jerry & Linda Fischer Larry & Dolly Christenson bν Kim Lagan-Timp Leola Lampy Mike Shrader Katie Schaack Olsen bν **Craig Smith** bν Lynette Thum by Karon L. Schaack **Dorothy Smith** Rocky Oakland Family & Friends

Melvin Cunningham

bν

Janice Russell

Forrest Wixon

Walter & Katie LaFortune

Orv & Mary Jo Gran

Craig Smith

by

Memorials...

bγ

Charlene Reed

Bob Travis Tyler Wilcox **Doug Miller Larry Gramkow** Shane Cronin by **Gaylord Sonnenschein** Mary Cronin Don & Shirley Sandal Steve Likness Danny Bergeson Katie Cox Joe Poindexter Ron Merriman Rocky Oakland Pat Mitchell **Austin Scott** Tony & Christopher Klein Don Zeller **Bob Bartlett** Craig Smith Suzanne & Roger Pries bν Robert Ten Eyck Paul Dean Nelson Norm & Joann Weaver **Connie Woods Philip Mathews** Don Zeller Pete Petersen Rochelle 'Rocky' Oakland Rocky Oakland Delbert & Wade Jones by Forrest Wixon Mike Oakland Johnny Smith Ron Merriman Max Cruse Family & Friends Mel Cunningham Ronald & Georgia Knecht Jim Steele Jill Wellhouse Randy & Kathryn Englund Leonda, Bud & Thelma Beastrom **Bob Cromwell Uncle Matt** Mike Hawkins bν Jerry Hawkins Don & Shirley Sandal Terry & Mary Varilek Jack Soesbe **Brent & Linda Dykstra Don Rounds** Louise & Ralph Oakland **Mark Hoines Donnie Bollweg** Joann & Rodger Leonard Darrell & Fred Baade Ki & Jennie Weingart by Paul & DeeAnn Knofczynski Rose Wood Eileen Herrin Frank & Carol Newcomb Andy Deis **Craig Smith** Pam Scarborough **Darin Newcomb** Derek & Jennifer Newcomb Don Zeller Dan Schenk Jill Wellhouse Pat Mitchell Thomas & Heidi Hagana **Connie Woods** Robin Coble Lane & Josie Stockland Rochelle Oakland Gaylord Sonnenschein Dawn & Milt Morris Mike Fuoss **Sharon Nuttall** Sandee & Norm Konechne Marla DeSollar **Homer & Pat Harding Dorothy Smith** Alan Weinheimer **Howard & Yvonne Evans** Mary E Ward & Donald L Ward Tyler Green Randy Evans **Scotty Hannum** Randall & Sherree Gayken Nancy Jahraus Jerry Suhn Wayne Shjegstad Chip Lindbloom Ron Merriman Bill & Mary Regynski Tyler Wilcox Jodi Barth by Vernon Bump Mack & Karen Wyly Joyce Zimmerman Rev. Brad Urbach bν Anita Baker Don Zeller Jeff & Jackie Putzier bν Paul & Joan Smith Eric O'Day Family & Friends Ralph & Debra Siemonsma Thomas & Sharon Zeller Larry & Barb Tibbs bν Paul Lepisto & Donna Leslie Barb Mitchell **Rosemary Rounds** John & Kim Rubendall Karen Hasek Mel Cunningham Lana & Todd Crawford Marty & Carol Nowak Marilyn Teske Ron & Karen Tedrow **Rocky Oakland** Ann & Jay Schwartz Ronald Merriman **Deborah Gates** Aaron Zimmerman bν Rocky Oakland **Beverly Badger** Dale & Lana Anderson Don Zeller Pam & Robert Kean **Tim Poss** Dave & Elaine Konechne by

Alan & Patsy Winters

Memorials...

Anonymous

Stanley Roseland Hayden Schmautz Judy Jerde **George & Bessie Bartholomew** Rocky Oakland by Linda Johnson Pal Jessop Bayard Jerde James Stevens by Lynette & Marshall Michels Monte & Kit Curry Mike Boocock & Family Tyler Wilcox DeeAnn & Eric Hofer & Family bν Philip & Alvena Eckert Ken & Twyla Bartholomew Ted & Marie Schmitgen Craig Smith Melvin & Darlene Schmitgen Jill Wellhouse Edward (Ted) Fenwick Brenda & Mark Traut **Conrad Otterness** by Lloyd Oldenkamp Gary Heintz Mike & Ann Sines Roy Quatier by Olin Peters Pandora Ramsey Pat Mitchell Harold Foote **Gaylord Sonnenschein** Donna Eckert **Jerry Thomas** Forrest Wixon Marsha Sander by Gerald Schaefer Mary Jo Peters **Bob & Elaine Yackley** Arlene Schaefer bν Lucille Peitz Gary & Grace Schmitgen Theresa Marie Welch **Harold Peitz** bν Don Zeller William S. Welch Lorraine Schaefer **Connie Woods** by Jim & Cathy Peitz Rocky Oakland Jerry Jacobsen **Gaylord Sonnenschein** by Otto & Hilda Haupt **Doris Powell Monte Curry** Wilhelm & Emma Gohl **David Forney** Vernay & Marlene Gohl Ron & Priscilla Schmidt Don Shields Milbert Albrecht Don Boyd **Don Shields** Darwin Heyd Gaylord Sonnenschein Jean Rounds Paula Dement Helene Miller Jill Wellhouse Pat Mitchell bν bν Dale & Donna Gohl Carla Sahr bν Randy & Alice Wright **Gaylord Sonnenschein** Ron Merriman Wendy Shay Marilyn Teske Ron & Priscilla Schmidt Pat Mitchell Jill Wellhouse **Gaylord Sonnenschein** Darwin Ripley Don Zeller **Don Shields David Forney** Don Boyd bν Seb & Carol Axtman **Craig Smith** Steve & Peggy Stout Steve Likness Ben Gienger by **Dave Powers** Marie McIntire Jerry & Sharon Klocker **Kay Powers** bν Walter P.J. Quigley **Sharon Gienger** My Jack **Connie Woods Rosemary Quigley** Sandy Asbury Rocky Oakland Rochelle Oakland Phil & Maxine Norman Jill Wellhouse Abbie Rathbun Jill Wellhouse by bν Charles W. Draper Mike & Jean Denton Forrest Wixon **Duane Butt** Joan Hoing Jill Wellhouse bν Marcy Fifield Mike P. Hoing Mel Cunningham bν bν

Mark & Ruth Smith

Memorials and donations...

John KoernerMary Jean LomheimElinor SorensonHarold & Monica KuhlJerry ThomasDick TobinRae & Earl SchuethMike WolforthCraig SmithHarry SchuethDeJuan StricklandBob Ten EyckLarry SchuethLeon TennantSister Francis Schumacher

Karen PaulkbyJill WellhouseVince ZimmermanDarell & Marileen TilbergKatie CoxSister Evelyn SehnMark Hoines

<u>Cordell Costar</u> <u>Rocky Oakland</u> by

Marilee Kuhl Marilyn Teske Kenneth & Sharon Erlenbusch by

Sue & Jack Kuhl Fred & Anita Marso <u>Bob Clark</u>

Mother, Jean G.Gaylord SonnenscheinKay LebertUncle Bob & Aunt ShirleySteve LiknessBarb DownsbyMark HoinesDick SchoesslerDavid & Dorinda TimmonsRobert TravisBarb SweeneyCraig SmithVerne Baker

Duane Butt

Monica Ehlers BaumeisterRobert Ten EyckbybyHelene MillerPat Clark

Angela Ehlers by

Cindy Arch Arlen Mehrer

<u>Tyler Wilcox</u> by <u>Steve Likness</u> <u>Gus & Clara Gustafson</u> Dana Mehrer

Bob Ten Eyck by

Bob Travis Larry & Mary Jo Johnson Ann Gertsen

<u>Don Shields</u> by

by Paul & Laurie Gertsen
Jeri & Bob Wilcox

Donations...

Eileen Herrin, Stella's Bunco Babes, Judell Weidner, Marilyn Teske Family, Dick & Mary Carter, SDDOT Staff-No Shave November donation, Carolyn Guhin, Jackie Putzier, Kristi Berheim, Lisa Frederick, Mona Pries, Ann Mehlhaff, Linda Sack, Rob & Sheila Haddock, Kevin & Alice Stulken, Judene Holan, Pat Suedkamp, Jay Pugh, Dakotamart, Mike & Mary Rathbun, Irma & Thomas LeFaive, UJS IT Employees, Doneen & Rusty Hollingsworth, Roger & Jean Easland, Mavis & Dave Kruger, Darleen Reiser, David & Dorinda Timmons, Anonymous, Greg & Laurie Brandner, Kay Cee Hodson

In honor of Countryside Thrift Store Volunteers by Nancy Bloom

In honor of the many people in Pierre in 54 years who brightened our lives and live forever in our hearts by Bob & Janet Judson.

In honor of a wonderful friendship with Jerre Willis by Dorinda & David Timmons

In honor of Kayleen Fulton by Ruth Hohrman

Merry Christmas to Diane Kehrwald from Larry & Mary Jo Johnson in memory of Gus & Clara Gustafson.

In honor of my sons, Jody & Jon, and their beautiful families by Marcy Fifield.

In honor of Maynard & Mary Greenfield and Mary Kay Carter by Marcy Fifield.

In Loving Memory of ...

Harriette Lagan James Lagan Ronald Lagan

Miss you so much. Love you, Kim It's that time of year again... we miss

Emil and Peggy Koth

on their birthdays

December 28th and November 22nd

George & Janice Wang

In loving memory of
Vernon Bump
& the many friends who
have passed.
Gloria Bump

Marie Lamm

Bob & Beth McInnis Susan & Bob Marrington Ralph Dirksen Joe & Kathy Gittings

Darlene Treib

Bob & Beth McInnis Sam Treib Susan & Bob Marrington Ralph Dirksen Joe & Kathy Gittings

Orma E. McInnis

Bob & Beth McInnis Sam Treib Susan & Bob Marrington Kathy & Joe Gittings Ralph Dirksen Happy Birthday
January 17th & 30th
Mom & Dad

Doris & Norman D. Neilan

by Colleen Neilan Mann

In memory of my husband, Glen Garrett my parents, Raymond & Mazen

Hinsey

by Betty Garrett

Linda Obermeier

We miss you pretty girl!

Pete, Tammy, Aimee, Joey, Amanda, Sawyer, Axton & Jermey

Glenn Marrington

Bob & Beth McInnis Sam Treib Susan & Bob Marrington Ralph Dirksen Joe & Kathy Gittings

Patrick McInnis John McInnis

Bob & Beth McInnis Sam Treib Susan & Bob Marrington Kathy & Joe Gittings Ralph Dirksen

Sonny,

I loved you then,
I love you still.
I always have,
I always will.
Love Always & Forever,
Charlene

For our parents,

Cliff & Eunice Small and Wilson & Iva Wyly our grandson, Dylan Fulton sisters, Stacy Small & Donna Crow and brother, James Wyly Mack & Karen Wyly

Buddy Welch

Loving thoughts of you are always in my heart.
Remembering all the wonderful holidays we had together.
Love,
Meg

In memory of our mom and grandma,

Evelyn Riehle

who died on January 1, 1999 Sharon, Morris & Laurie Mike & Kerry Aftin & Kendra Ben, Megan & Brooke In loving memory of Bill (Billy) Kelly

62nd wedding anniversary, and birthday wishes in December. Love, LaVonne Kelly Billy & Jenny Kelly

Jim & Karmen Meyer Grandkids & Great Grandkids Merry Christmas
to my uncle,
Jay Timp
and to my grandmother,
Katherine Timp
whom I loved dearly.

whom I loved dearly. You are missed. Love you, Brian

In loving memory of

David Keller

on the 13th anniversary of his passing. We miss your laughter & good heart so much. Love, Mom To my dad, **Melvin, Shorty Timp**Another year without you.
I wish you were here for me to talk to.
I miss you so.
Merry Christmas, Dad
Love,
Brian

In memory of James Likness Steve Likness

Your family keeps you in their hearts and we all miss you. Joan Likness Countryside Hospice Support & Memory Center 415 S. Crow St. Pierre, SD 57501

Return Service Requested

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Memberships: John & Deann Nystrom, Joan Serfling, Leonard & Cheryl Chick, Maxine Tessier

Thank you for your donations to St. Benedict's Guest House: Tracy Laqua & Carrie Trott for the beautiful quilts; Linda Sack for donating coffee; Girl Scout Troop 77110 for the food and household supplies; Deb Kirkpatrick for donating books for the quest house library; Sandra Garrett for the baked goods and gifts; Mickey Joens for the beautiful flowers.

We Care Program - Dakotamart

Thank you to Dakotamart...For every \$10,000 we collect in receipts Dakotamart donates \$100 to Countryside. Please save <u>all</u> your receipts – they can be dropped off at the Countryside office or the Thrift Store.

THIS GIFT IS FROM:	
Name	
Address	
FOR: As needed St. Benedict's Guest House – Lodging for cancer patients Memory Center Don Boyd OMA memorial	Pennies for Robert – Travel funds for cancer patients Avera@Home Hospice – Hospice care Membership
In memory/honor of:	Notify:
In memory/honor of:	Notify:
This newsletter contains donations processed through January 3. The ap	proximate cutoff date for the February newsletter will be February 7.

Donations can also be made by credit card on our website <u>www.countrysidehospicesupport.com</u>, or you may call the office with your credit card information 605-945-0827.