



# Countryside Hospice Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

October 2023

## Balsam Range

Blue Grass and Acoustic Band

Friday November 3, 2023 - 6pm

Rigg High Theater - General Admission \$35

### *In memory of Porter Nuttall*

Proceeds to benefit Avera @ Home Hospice,  
Countryside Hospice Support & Memory Center and Alzheimer's research



A message from Sharon ....

*My walk with Alzheimer's started in 2015 when my husband Porter had an appointment with Countryside Hospice Support and Memory Care. After the testing process, the special team of folks sent it along. Hearing the results took my breath away. Porter's diagnosis was Lewy Body Dementia.*

*I was blessed to keep Porter at home over the next five years, but in June of 2020, he entered hospice care. The caring nurses at Avera@Home helped us during a very difficult time and Porter passed away on July 21, 2020.*

*For me, the hardest thing was to walk into our home, alone. I was heartbroken.*

*My favorite Blue Grass band, Balsam Range, released a new song called "Grit & Grace" in September of 2020. I felt as though the song was written for me. I went to see them in concert the following April and the concert they performed benefitted Alzheimer's research.*

*I knew then, I wanted to bring Balsam Range to Pierre. I wanted to pay it forward to the organizations who helped Porter and me; Avera@Home Hospice, Countryside Hospice Support & Memory Center and Alzheimer's research.*

*Here's to Grit & Grace. Sharon Nuttall*

Our thanks to Sharon for including Countryside in this benefit concert, what a wonderful tribute for Porter.

You can use this QR code to purchase your tickets for the concert. See you there!



## Community Programs

**GRIEF SHARE**- Help and encouragement after the death of a spouse, child, family member or friend.

14 sessions beginning Sunday September 10 - 2-4pm Community Bible Church. Sessions are a combination of videos, group discussion and personal study exercises. Each session stands alone so you are welcome to join at any point and would be able to pick up missed sessions you miss.

For more information contact Scott - 280-3330, Carol 280-2763 or Nancy - [nancy@wnthomsen@pie.midco.net](mailto:nancy@wnthomsen@pie.midco.net)

**Parkinson's Support Group** – Wednesday – Nov 8th at noon – family members welcome to attend. (note date)

**Breast Cancer Survivors Group** - Thursday Nov 16th at noon – great opportunity for support and information. The group will be decorating a tree at the Capitol on Saturday Nov 18<sup>th</sup> at 9 am – all breast cancer survivors are welcome .

**Memory Connection** – Thursday November 16th – 6pm - Discussion group for family members and friends caring for a loved one with dementia or memory loss. An opportunity to brainstorm and share information and helpful ideas.

All groups meet in the Countryside Community Room – 415 S. Crow

### **OMA (Opening Minds Through Art) – Thursdays 10:30 - 11:30 am**

OMA is a *free* program that provides an opportunity for socialization and the creative process for those with moderate to severe memory loss. A volunteer works one on one with each artist and Memory Center staff are present to provide direction and support.

Over the past 4 months we have had an average of 9 artists per OMA session and 18 volunteers have provided 276 hours of time. Each volunteer has completed a special training session prior to working one on one with the artists. Before each OMA session the volunteers “huddle” and discuss the project for the day - the energy level in the building begins to rise with discussion and laughter – then the artists and caregivers arrive and there is more laughter, singing and conversation. It is so quiet when everyone leaves.... Our thanks to the volunteers who make each session possible and to the caregivers who make OMA an important part of their week.

If you have a loved one with memory loss who would enjoy an hour of socialization and art or if you would like to volunteer, please call Cindy at 945-0827. New participants welcome.

OMA artwork can be viewed at the Waterfront Gallery for the Arts 207 E. Missouri – our thanks to Jen for providing space for the OMA collection. Greeting cards featuring OMA artwork will also be available for sale this holiday season.

OMA has a wish list for art supplies on Amazon -

[https://www.amazon.com/hz/wishlist/ls/2MNXFBXMIESIE?ref=wl\\_fv\\_le](https://www.amazon.com/hz/wishlist/ls/2MNXFBXMIESIE?ref=wl_fv_le)

**New in the library** – Our thanks to Sue Burgard, Patti Petersen and Karen Gerdes for new books for our lending library and puzzles for memory patients.

Goodbye Parkinson's, Hello Life!    Managing Parkinson's with Diet

300 Tips for Making life Easier (With Parkinson's)

Both Sides Now

A Parkinson's Primer

Your Brain on Art – How the Arts Transform Us

Thank you

Pennies for Robert: Stella's Bunco Babes, Mugs Bar & Grill

Donations – Freda Peters, Dakotamart, Bonnie Glover

## Thrift Store Update

Shopping hours – Tues – Friday 10am – 5pm  
Saturday 10 am -3pm

Donations – Monday – Saturday 8:30am - 4:00pm  
Sunday 10 am – 1pm

Holidays – We know it is early but Christmas items are hitting the shelves and trees will be available beginning Oct 31. Last year we ran out of trees early so don't wait too long.

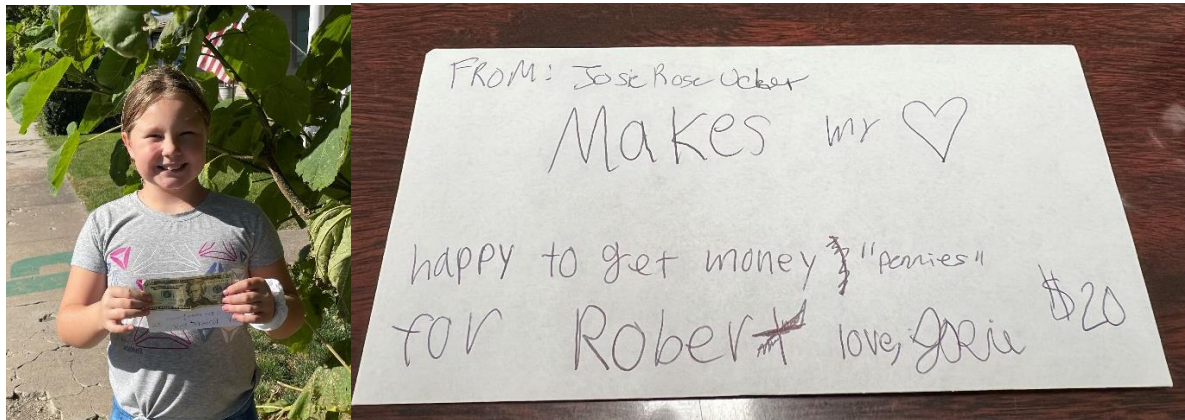
By the middle of November, we will have Christmas clothing, linens, dishes, decorations, wreaths, cards, gift bags, wrapping paper, ribbon, gift items, ornaments and much more. So much glitter, so little time.

### Thank you

This past month has been exceptionally busy with donations – and that is a good problem – through it all the staff and volunteers have pulled together to process donations, stock the shelves and assist donors and customers. What a crew we have, there is always food and laughter in the break room and a spirit of cooperation throughout the store. Thank you to everyone who thought of Countryside when they were ready to donate, to the staff for finding room for everything when it didn't seem possible to fit one more thing through the door and the volunteers who donate hundreds of hours every month to keep things running smoothly.

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**Pennies for Robert** – For the month of September we were able to provide \$8,215 in travel funds for 58 trips. Since April we have provided \$48,660 for 360 trips. Your donations, thrift store sales and fund raisers such as the Rally for Robert help make this support possible. Every donation counts and every donation stays in our community. Thank you.



A love letter from a nine year old ...

When you are 9 you want your life to be filled with happy thoughts and fun filled days. But when your mom is battling cancer every day is an unknown – not something that is easy for a kid. But for Josie when life gives her lemons she sells lemonade and uses part of her earnings to pay it forward.

This is at least the third donation we have received from Josie for **Pennies for Robert** and this time she included a note – her smile and her words make it clear that helping others is important to her - in fact she says it makes her heart happy!

It makes our heart happy too ....

## In Loving Memory of ...

Carol Fiala

By  
Gary, Debbie & David Fiala

John Woods

Anne Woods  
Chuck Woods  
Tom Woods  
Burton & Anna Warne  
Jack Fifield

By  
Maynard & Mary Greenfield

Mary Schumacher

By  
Laura Schumacher  
Ann DeVany  
Dave & Mary Blackmun  
Nancy Friend  
Veronica Morley  
Carol Guhin – Kempf

Loren Shantz

By  
Gary & Connie Palmer

Sherman Monroe

By  
Elda Obenauer

Sherman Monroe

Gaylord Sonnenschein  
Monte Curry  
By  
Tom & Nancy Scheinost

Steve Likness

Monte Curry  
By  
Eldon & Betty Lindquist

Grandma Inga Rollie

Susan Lenning  
Don Rollie  
By  
Paul, Diane & Dean Rollie

Gaylord Sonnenschein

Velda Pitlick

By  
Donna Park

Loren Shantz

Larry Kucker  
By  
Charlene Reed

Gaylord Sonnenschein

By  
Lila Mae Moser  
Patricia Woolridge  
James Mollison  
Steve & Pat Brown  
Dennis & Jeanne Unkenholz  
Sonny Ramsey  
Mike & Rocky Oakland  
Cliff & Chris Reuer  
John & Sandy Zimmerman  
Leroy & Cindy Louder  
Wendell & Rose Malsam  
Keith & Jana Hurley  
Scott & Gaye Granville  
Marlin & Ardys Roseland  
Lari & Linda Ott  
Kate Boyd  
Russ & Doneen Hollingsworth  
Paul & Carla Bachand  
James Patzer & Rebecca Monson

Dick Parker  
Dr. Bernie & Julie Linn  
John & Dawn Koch  
Jay & Ann Schwartz  
Mike & Sandy Durick  
Ron & Jodie Knecht  
Milt & Dawn Morris  
Randy & Alice Wright  
Ken & Jean Shay  
Joe & Kathy Villa  
Al & Tania Hinesh  
Dr. Mark & Sheryl Nielsen  
Kevin & Connie Tveidt  
Mark & Glennis Zarecky  
Rick & Twila Dockter

Meloni Monroe

Sherman Monroe

By  
James Monroe

Chet Kleinschmidt

By  
Richard & Anna Mae Masteller

Katie Cox

Sherman Monroe  
By  
Craig & Dorothy Smith

Katie Cox

By  
Bob & Shirlee Miller  
Art & Mary Rezac  
Anita Baker  
Marge Perry

Corretta Blow

Katie Cox

By  
Frieda Baker

Velda Pitlick

By  
Bonnie Rus  
Mary & Chuck Nafus

Dale Knott

Todd Knott  
By  
Chuck & Barb Poches

Monty Curry

By  
Lynn Bixler

David Forney

By  
Seb & Carol Axtman

Gary Wickersham

Brad Schreiber  
by  
Deanna & Scott Sutton



Dolly Nafus  
Lois Welch  
Gary Heintz  
Sherman Monroe  
Wendy Shay Lehrkamp  
Loren Shantz  
By  
Frank & Carol Newcomb

Wendy Shay Lehrkamp  
Pat Mitchell  
By  
Jackie Marso  
Steve & Jane Naylor

Darwin Ripley  
Sherman Monroe  
Dolly Nafus  
Tommy Rose  
By  
Dick & Mary Carter

Pat Mitchell  
By  
Roger & Marla Fuller  
Mike Boocock  
Carla Sahr

Wendy Shay Lehrkamp  
By  
Kris & Dick Bradley

Carol Jones  
By  
Dick Jones

Steve Likness  
Dolly Nafus  
By  
Don Sandal

Steve Likness  
Chuck Bohn  
Jeanne Glatt  
Pat Mitchell  
Glen Kane  
By  
Patti Petersen



In loving memory of ....

**Carol Fiala**  
*We miss you -*  
*Mark & Deb Wixon*

**Dolly Nafus**  
*by*  
*Connie, Mary, Chuck,*  
*Mark & Steve*

**Darlene Treib**  
*Bob & Beth McInnis*  
*Sam Treib*  
*Susan & Bob Marrington*  
*Ralph Dirksen*  
*Joe & Kathy Gittings*

**Orma E. McInnis**  
*Bob & Beth McInnis*  
*Sam Treib*  
*Susan & Bob*  
*Marrington*  
*Kathy & Joe Gittings*  
*Ralph Dirksen*

**Marie Lamm**  
*Bob & Beth McInnis*  
*Susan & Bob Marrington*  
*Ralph Dirksen*  
*Joe & Kathy Gittings*

**Glenn Marrington**  
*Bob & Beth McInnis*  
*Sam Treib*  
*Susan & Bob Marrington*  
*Ralph Dirksen*  
*Joe & Kathy Gittings*

**Patrick McInnis**  
*Bob & Beth McInnis*  
*Sam Treib*  
*Susan & Bob Marrington*  
*Kathy & Joe Gittings*  
*Ralph Dirksen*

**John McInnis**  
*Joe & Kathy Gittings*  
*Susan & Bob Marrington*  
*Bob & Beth McInnis*  
*Sam Treib*  
*Ralph Dirksen*

**Marcia Burrows**  
*John*  
*Janet – Deb – Susan -*  
*Dawn*

**Linda Obermeier**  
*We miss you pretty girl!*  
*Pete, Tammy, Aimee,*  
*Joey, Amanda, Sawyer,*  
*Axton & Jermey*

Countryside Hospice Support & Memory Center  
415 S. Crow St.  
Pierre, SD 57501

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ORG.  
U.S. Postage  
PAID  
Pierre, SD 57501  
Permit No. 76

Return Service Requested



**We Care Program – Dakotamart**

Thank you to Dakotamart for this wonderful community program. For every \$10,000 we collect in receipts Dakotamart donates \$100 to Countryside. Please save all your receipts – every department counts including pharmacy, food, clothing, gas and **SPORTING GOODS**. Receipts can be dropped off at the Countryside office or the Thrift Store.

**THIS GIFT IS FROM:**

Name \_\_\_\_\_

Address \_\_\_\_\_

- FOR:**  As needed  Pennies for Robert – Travel funds for cancer patients  
 St. Benedict’s Guest House – Lodging for cancer patients  Avera@Home Hospice – Hospice care  
 Memory Center  Membership  
 Don Boyd OMA memorial

In memory/honor of: \_\_\_\_\_ Notify: \_\_\_\_\_

In memory/honor of: \_\_\_\_\_ Notify: \_\_\_\_\_

*This newsletter contains donations processed through Oct 9. The approximate cutoff date for the Nov newsletter will be Nov 6*

Donations can also be made by credit card on our website [www.countrysidehospicesupport.com](http://www.countrysidehospicesupport.com), or you may call the office with your credit card information 605-945-0827.