The JLAAC COMMUNITY

Do you know what is happening at JLAAC?

Bulletin:

In honor of Veterans Day

Saturday, November 9th; 8 am- 6 pm



Free day pass entry for active duty, reserve or Guard units or veteran members of the military and their immediate family.

Spotlight Group for November Friday, November 15th; 9 am- noon



Non-school aged youth and youth who participate in home-based learning can bring their adults in to swim for FREE!!

- Age up to 2 years= no charge
- Age 2+ = \$5-day pass
- Age 18+ = FREE with a youth (2 adults per 1 youth)

Thanksgiving Holiday Hours:

Thursday, November 28th-Thanksgiving

- Morning Access to JLAAC members only (member access door)
- Fitness Center, Gymnasium, Track 5 am- noon
 - Lap/ adult swim 6 am- noon

Friday, November 28th-Black Friday

Special Black Friday pricing:

• \$5 for all day passes - age 2+

Facility Hours:

| • | Center open normal hours | 5 am- 8:30 pr |
|---|----------------------------------|---------------|
| • | Non-members Day Passes available | 8 am- 6 pm |

Holiday Pool Hours:

Lap/Adult Fitness Swim
 Open Swim with play structure
 noon- 7 pm

Saturday, November 29th-Small Business Saturday

Special Small Business Saturday pricing:

• \$5 for all day passes- age 2+

Facility Hours:

| • | Center open normal hours | 7 am- 7 pm |
|---|----------------------------------|------------|
| • | Non-members Day Passes available | 8 am- 6 pm |

Normal Pool Hours:

Lap/adult swim 8 am- noon
 Open swim with play structure 10 am- 7 pm

Fitness:

Find the monthly schedule with class descriptions here:

Golf Performance

New 30-minute *group fitness class*:

• Tuesdays and Thursdays @ 4:45 pm

Instructional Programs:

Register Here: http://jlaac.maxgalaxy.net/BrowseActivities.aspx

Red Cross Lifeguard Training (BL)

- Monday, Nov. 4 Thursday, Nov. 7; 4:30-7:30 PM
- Saturday, Nov. 9; 9:00 AM 6:00 PM
- Registration closes Saturday, Nov. 2 @ noon

Art Classes

Acrylic Landscape Art Class

- Tuesday, Nov. 12 @ 5:30 pm Nail Polish Mug Dip Art Class
 - Tuesday, Nov. 26 @ 5:30 pm



Community Events:

No registration needed

Monday, November 4th; 9 am- 10 am



HealthPartners®

Join us in the lounge to find out what is going on in the community with **Chief of Police Erik Gulbrandsen**.

Friday, November 8th; 9 am- 11 am (Banquet Room)

Active Older Adult Coffee Social Master Gardener- Jackie O.

Demonstration on making a mixed greenery container. She will discuss holiday decorating with evergreens.

Monday, November 11th; 10 am-11 am (Banquet Room)
Informational Identity Theft Seminar



Shopping in the Health Insurance Marketplace for your 2020 coverage?

We currently work with the following programs or providers:

MEDICA®

SilverSneakers® Tivity Prime® Silver & Fit®

Active & Fit® UCARE® PreferredOne®

BlueCross BlueShield UnitedHealthcare® of Minnesota® AARP® Supplement

Call your member services on the back of your insurance card to see if you qualify.

Programs vary per insurance company and insurance plan.

For additional questions about the JLAAC Insurance Programs- Call Linda at 715-972-8326.

The JLAAC COMMUNITY

Banquet Spaces Available- Book now for your party!

Contact us to discuss your Holiday Party, Bridal Shower, Baby Shower, Birthday Party, Anniversary Celebration or anything you want to celebrate! Dates Booking fast, so don't wait too long!



Call Katie @ 715-972-8331 for more information.

Book your Holiday Party by November 15th and receive a free upgrade in your holiday package!

Talk to Katie @715-972-8331 to create your Holiday Package today!



WEATHER IS TURNING – TIME TO MOVE ACTIVITES INDOORS!

As we move many activities indoors, it is a joy to see so many of our youth coming in to use the facilities. Please remember to check facility guidelines regarding ages needing adult supervision before sending your children in. Check out the many fun activities, lessons, and more designed for all ages!

You can find additional information for many of these events on our Facebook page's Events tab

https://www.facebook.com/pg/JackLinksAquaticActivityCen ter/events

See you soon at the JLAAC!

Thank you, JLAAC team 715-972-8320

