



# THE JLAAC JOURNAL

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## WHERE DID SUMMER GO?

With our first summer under our belts, we are now preparing for our first full school year of operation. We are continuing to expand our program offerings and are planning a number of special events during the next several months. Take a look through this newsletter for details.

## CURRENT OPERATING HOURS

We are currently open during the following hours:

Monday - Friday: 5 AM – 8:30 PM

Saturday: 7 AM – 8:30 PM

Sunday: 9 AM – 7:30 PM

The specific operating hours for our aquatic center will be posted on our website and at the Welcome Desk. With additional swim lessons and water fitness classes being offered, our schedule changes often. Please see our web page or call the Welcome Desk for updated schedules.

## UPCOMING SCHEDULE CHANGES

September 29: Aquatic Center closing at 6PM for maintenance.



## FALL PROGRAMMING

Our fall program schedule is being released via our website ([jlaac.org](http://jlaac.org)) and our Facebook page. A print version is also in the works and will be released as soon as it is ready. We are excited to continue to expand our programs and services and ask that you please continue to fill out comment cards at our Welcome Desk. Thanks for your suggestions!

# 6 MONTH ANNIVERSARY WEEK SPECIAL EVENTS

September 24<sup>th</sup> marks 6-months of being open! In recognition, the JLAAC will be hosting special events throughout the week in celebration.

## Monday, Sept. 24- Friday, Sept. 28:

- "Member bring a guest FREE!!" (limit 1 per member per day/ max. 4 per household membership.)
- Give us a positive review on social media and receive a free day pass for future use by you or your guests (limit 1 per member/guest.) Show the Welcome Desk attendant after posting to receive your pass.
- 50% off any logo apparel item in stock.

Instagram scavenger hunt. Each day during the week, we will be posting a challenge/task to be completed on Instagram. Challenge/task notifications will be posted the evening prior. Take a picture of the challenge/task, post it on Instagram and tag us with [#jlaac](#) and [@jlaacminong](#). The Instagram Challenge will end Friday, September 28 at 6:30 PM.

We will have one daily post challenge and additional week-long tasks for points. We will have a prize for anyone who completes the 5 daily post challenges. We will also have a prize for the person with the most points from the additional week-long tasks. Your posts will not be counted if we are not tagged.

## \$5 FRIDAYS IN OCTOBER!!!!

Bored on Friday night? Not a high school football fan? Come over to the JLAAC where all day passes will be just \$5 every Friday in October.

## AMERICAN RED CROSS BLOOD DRIVE RESULTS

A big thank you to those that took the opportunity to donate blood during the September 5<sup>th</sup> blood drive. Thanks to your donations, 26 pints of blood were donated to the Red Cross. Look for another blood drive in the future.

## GIFT CERTIFICATES ARE NOW AVAILABLE

Great for birthdays, anniversaries, and all other occasions, JLAAC gift certificates are now available in any denomination and can be used for memberships, classes, merchandise and other items. Stop by the Welcome Desk to purchase yours today.

There's no better gift than the gift of fun and wellness all year long!!

Other events:

Monday, Sep 24: Coffee and fruit in the lounge.

Tuesday, Sep 25: Noodle Night in the Pool 5 – 8 PM. (Noodles provided.)

Wednesday, Sep 26: Wacky Wednesday. 2 for 1 Day Passes all day for non-members. Purchase and use this day only. Second pass of equal or lesser value.

Thursday, Sep 27: NEF September Fest- Must purchase ticket to attend.

Friday, Sep 28: \$5 Friday. (All day passes are \$5 each-purchase and use this day only.)

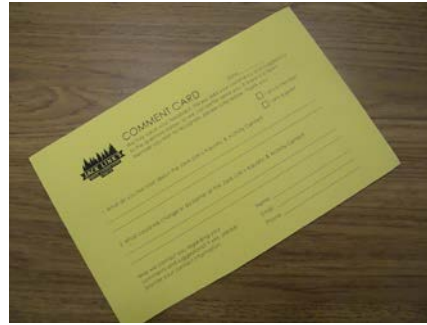
Members Only- High School Football Tailgate Party @ JLAAC, 4 – 6 PM.

Saturday, Sep 29: Northwood School Student Homecoming Dance at JLAAC- tickets available at the door.



## YOU'VE SUGGESTED; WE'VE RESPONDED!

We continue to receive many comments through our comment card box near the Welcome Desk. Unfortunately, we haven't been able to accommodate all of the requests, but we can assure you they are being reviewed. We appreciate the many positive comments about the facility, our programs, and the team. We've got some items that we are still working on that are a little more complex than you might anticipate. Please keep them coming.



## SPEAKING OF FEEDBACK.....



Many of you have inquired about what lies behind the forest. This is your chance to help us determine what the answer to that question will be in the future.

Behind these windows is approximately 2,000 square feet of unfinished space that we are in the process of designing. We are asking for your help in making sure we make the best use of this area.

What are your ideas? Please fill out a comment card on your next visit or send us an email at [info@jlaac.org](mailto:info@jlaac.org) with your thoughts.

## WE ARE STILL LOOKING FOR TALENT

We are still on the hunt for more instructors! We are looking to expand our program offerings, specifically in the fitness and art areas. If you, or someone you know, would like to lead a class, please let us know. Our current needs include certified instructors for yoga, dance, tumbling and water fitness classes.

## LIFEGUARD CANDIDATES ALSO NEEDED

Many of our aquatics staff are students. To enable us keep the pool staffed and open during the day, we are looking for lifeguard candidates that are available during school hours. A training will be offered in November here at the JLAAC. Please contact our Recreation Director at 715-972-8324 for more information.

## COFFEE & CARDS- EVERY MONDAY THIS FALL

Join us in the banquet room for coffee and the opportunity to play cards, dice, dominoes, chess or scrabble with friends. Noon- 3 pm. \$2 for members \$3 for non-members.

## HOLIDAY PARTY SEASON IS COMING SOONER THAN YOU REALIZE!

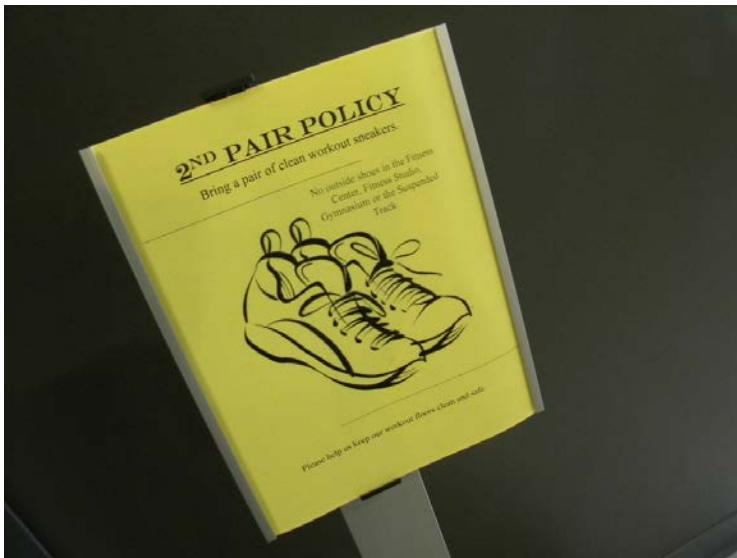
We know it's still relatively warm out and the holiday season seems like it's a long time away, but it's not too early to plan.

There are several options available to accommodate both large and small functions. It is the perfect space for birthday parties, family reunions, graduations, bridal/baby showers, receptions, sporting events, business meetings and more.

The JLAAC rents designated facilities on a first-come, first-serve basis. If special equipment is needed for your event, please be sure to indicate your requests on the rental application. 50% payment will be accepted at the time of booking.



## WE NEED YOUR HELP!



We hope all of you have seen this sign as you pass by the Welcome Desk on your way to using the JLAAC. We are asking that you abide by our policy of using a second pair of shoes when you use our gymnasium, indoor track, group fitness studio, and fitness center. In the last few weeks, we have noticed an increase in the amount of sand both in these areas and directly on the fitness center equipment. Over time, this sand and other outside materials will work their way into the wood and rubber floors as well as the fitness equipment and can do significant amounts of damage if left unchecked. The potential for damage will only increase as the impending winter weather adds salt and moisture to the mix.

Please help us maintain our top-notch flooring and equipment by bringing in another pair of shoes to use while in the facility. We have added benches in the group fitness studio and on the running track for our members and guests to use when changing. The bleachers in the gymnasium may also be used to change your shoes as well as the benches in the locker room areas. We appreciate your consideration and help!

## **“TWEEN” NIGHTS, TEEN NIGHTS, AND PARENTS’ NIGHTS OUT**

### **Tween Night:**

Ages: 10-13 yrs

Each month we will have a planned activity and free time for our pre-teen community members to enjoy the JLAAC facility.

Follow this event on Facebook for updates on each month's date and activity.

No Pre-Registration Needed. Just pay and sign-in at the Welcome Desk

Member: \$0                      Non-Member: \$3

### **Teen Night:**

Ages: 13-18 yrs

Each month we will have a planned activity and free time for our teenaged community members to enjoy the JLAAC facility.

Follow this event on Facebook for updates on each month's date and activity.

No Pre-Registration needed. Just pay and sign-in at the Welcome Desk.

Member: \$0                      Non-Member: \$3

### **Parents’ Night Out:**

Providing active play for your kids, and gaining valuable time for you, just got easier!

Our staff will spend a few hours with the kids while you enjoy some adventures of your own. This will be a fun-filled evening of games and activities in the gym, on the track or in the multipurpose room.

Children must be toilet trained. You can drop your kids off any time after 5pm. Everyone must be picked up by 8pm.

Follow this event on Facebook for updates on each month's date and activity.

Registration closes the day before at 12 PM (noon).

Member: \$5/child                      Non-Member: \$7.50/child

## **AMERICAN RED CROSS BABYSITTER TRAINING SEPTEMBER 29<sup>TH</sup>**

Course Offering on Saturday, September 29, 9 AM – 5 PM

This course is designed for ages 11 and older.

This American Red Cross course offers those who are planning to babysit the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe; help children behave; and learn about basic child care, Pediatric First Aid/CPR. Each participant will receive a Babysitter's Training Certification upon successful completion of the class.

Requirements for this course are: 1) Attend ALL class sessions 2) Participate in all skills sessions and activities 3) Demonstrate competency in all observable skills

Provided Materials: 1) Babysitter's Training Handbook 2) Babysitter's Training Emergency Reference Guide 3) Babysitter's Training CD-ROM

To register

Come into the center and let our Welcome Desk help you or Follow the link: <http://jlaac.maxgalaxy.net/BrowseActivities.aspx>

Click the "Certification" filter

## **SWIM LESSONS STARTING SOON**

We have a Thursday Evening session starting Thursday, October 11 and a Monday Evening session starting Monday, October 22. Registration closes the day before at 12 PM (noon).