

Community Events*

February 2019

R' 02/01/2019

*Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Indoor Triathlon Continues * Lose Big, Win Big Challenge: Feb ~*	2 Birthday Rental 1-3 PM (M/P) Tot Time" 10-3 PM (G/M)
3 Private Rental 5-9:30 PM (B)	4 B.A.Y Open Gym" 5:30-7:30 PM (G)	5 Tot Time" 4:30-7:30 PM (G/M)	6 Organized Group 11:30-2p (G/P)	7 Tot Time" 11-2 PM (G/M)	8 A.O.A Coffee Social" 10-12 PM (B) Organized Group 1-3 PM (G/P)	9 Birthday Rental 12-2 PM (B/P) Birthday Rental 1-3 PM (M/P) Tot Time" 10-3 PM (G/M)
10 Birthday Party 12-2 PM (B/P) Pool Party! ~* 3-6 PM (P)	11 Private Rental 1-8 PM (B/L)	12 Private Rental 10-12 PM (B/L) Tot Time" 4:30-7:30 PM (G/M)	13	14 Tot Time" 11-2 PM (G/M) Community Book Club" 6:30-7:30 PM (C) <i>Mudbound</i>	15	16 Minute-To-Win-It: Valentine's Day Edition~ " * 4-8 PM (B) MTWI Jr. (Child Watch) ~* 3:45-8 PM (G/M)
17 The Skinny on FATS & Boost Your Immunity~* 11-12 PM (B)	18 Private Rental 11:30-8 PM (B) AODA" 3:30-8 PM (B/M/G) B.A.Y Open Gym" 5:30-7:30 PM (G)	19 Tot Time" 4:30-7:30 PM (G/M)	20	21 Tot Time" 11-2 PM (G/M)	22 Organized Group 9-2 PM (G/P) Parents' Night Out~* 5-8 PM (G/M)	23 Pilates & Mimosas~* 11-12:30 PM (FS) Tot Time" 10-3 PM (G/M)
24 Bags Tournament~*12 PM (O) Cribbage Tournament" * 1 PM (B)	25 Coffee with a Cop" 9-10 AM (L) B.A.Y Open Gym" 5:30-7:30 PM (G) Movie Night" * 6-8 PM (B)	26 Tot Time" 4:30-7:30 PM (G/M)	27	28 Tot Time" 11-2 PM (G/M) Indoor Triathlon Ends		

EVENT DETAILS KEY

- * Fees Apply
- ~ Pre-Registration Required (online or at JLAAC)
- " Sign-in when you arrive
- B: Banquet Room
- C: Conference Room
- G: Gymnasium
- M: Upper Multi-Purpose Room
- O: Oak Room
- L: Lounge
- P: Pool

FEES (MEMBER/NON-MEMBER)

Tot Time: Free/Day Pass (under 2 FREE)
 Parents' Night Out: \$5 / \$7.50
 Pilates & Mimosas: \$5 / \$8

Beyond A Youth Open Gym (B.A.Y)

Basketball pick-up games for recent high school graduates to Active Older Adults. Open to Men and Women.
 Admission: Free/Day Pass

Community Book Club: Mudbound

It's 1946 in the Mississippi Delta. Learn how two families striving for love and honor, confront the hatred of a small Southern town. Hillary Jordan addresses timeless concerns regarding issues of social injustice in this award-winning book.

Movie Night

Mary Poppins. Admission: \$3 / \$5 per person
 Fee includes a beverage and a cup of popcorn.

A.O.A Coffee Social Presentation

Maggie Lattery, RN will be discussing Diabetes Education.
 •Pre-diabetes •Assess your risk •Diabetes and the body
 •Type 2 diabetes prevention •Next steps

Cribbage Tournament

Doubles Tournament \$20/team.
 Fee includes a Light meal. Cash bar is available.

Pool Party!

Staff-led pool games. Noodles available
 Bring the family and ENJOY! Admission: Free/Day Pass

Alcohol & Other Drug Abuse (AODA)

"Wake Up Call" Program through Your Choice Prevention Education. In partnership with Northwood Schools, Lakeland Family Resource Center, UW-Extension, NorthLakes Community Clinic and Washburn County Sheriff Department
 Ages: 21+ only. Child watch available in the Gym.

COMING NEXT MONTH:

- JLAAC 1-yr Anniversary
- Bags Tournament
- Euchre Tournament
- 4x4 Volleyball League
- Babysitter's Training

Instructional Programs*

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					1 Indoor Triathlon Continues * Lose Big, Win Big Challenge: Feb ~*	2 S1 Tumbling ~* 8:30-12 PM (G) S1 Swim Lessons ~* 9-12 PM (P)
3 String Art ~* 1-4 PM (B)	4 S1 Adult Swim Lessons: Intermediate ~* 10-10:50 AM	5 S2 Dance Forever (Jazz) ~* 5:30-6:30 PM (FS) Watercolor Series ~* 5:30-7:30 PM (M)	6 Find Your Strength ~* 6-6:50 PM (FC) Fitness Center 101 ~* 7-7:50 PM (FC)	7	8	9 S1 Tumbling ~* 8:30-12 PM (G) S1 Swim Lessons ~* 9-12 PM (P) Knitting 101 ~* 1-2:30 PM (C)
10 Adult and Pediatric First Aid/CPR/AED ~* 11-2 PM (M)	11 S1 Adult Swim Lessons: Intermediate ~* 10-10:50 AM	12 S2 Dance Forever (Jazz) ~* 5:30-6:30 PM (FS)	13	14	15	16 S1 Tumbling ~* 8:30-12 PM (G)
17	18 S1 Adult Swim Lessons: Intermediate ~* 10-10:50 AM	19 S2 Dance Forever (Jazz) ~* 5:30-6:30 PM (FS) Acrylic Pour Art ~* 5:30-7:30 PM (M)	20	21	22	23 S1 Tumbling ~* 8:30-12 PM (G)
24	25 S1 Adult Swim Lessons: Intermediate ~* 10-10:50 AM	26 S2 Dance Forever (Jazz) ~* 5:30-6:30 PM (FS)	27 Dance Beginnings ~* 4:30-5:15 PM (FS)	28		

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PROGRAMS OPEN FOR ENROLLMENT

- Session 2 Dance Forever (Adult: Jazz)
- Session 3 Dance Forever (Adult: Ballet)
- Session 1 Monday Adult Swim Lessons (Intermediate)
- Session 1 Tumbling
- Dance Beginnings (4-5 yrs): Sunday, January 13
- Watercolor Series (individual classes)
- Acrylic Pour Art
- Minute-to-Win-it: Valentine's Day Edition
- Jr. Minute-to-Win-it (Child Watch)
- Pilates & Mimosas
- Cribbage Tournament
- The Skinny on Fats & Boost Your Immunity

FEBRUARY ENROLLMENT OPEN DATES

- Babysitter's Training: Sunday February 3
- Session 2 Youth Swim Lessons: Sunday, February 10
- 4x4 Volleyball League: Sunday, February 10
- Session 2 Adult Swim Lessons: Sunday, February 17
- Euchre Tournament: Sunday, February 17
- Session 2 Tumbling: Sunday, February 24

UPCOMING NEXT MONTH:

- Babysitter's Training: March 16-17
- Dance Forever: Ballet (FS) Starts: March 5
- Your Health is Your Wealth (B): March 16
- Watercolor Series (M) Last Day: February 5
- Knitting 101 (C) Last Day: February 9

Registration generally ends the day before the first class at 12:00 PM (noon). See program details in MaxGalaxy or on Facebook for specifics.

Register online at www.JLAAC.org or at the Welcome Desk. Call (715) 972 8320 for any questions.