COLONOSCOPY PREPARATION WITH SUPREP

The SUPREP Bowel Prep Kit contains two 6-ounce bottles of liquid bowel prep and one 16 ounce mixing container. You must complete the entire prep to ensure the most effective cleansing.

Step 2: Beginning at: 4 pm on day before procedure

Step 1:



Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.

Step 2:



Add cool drinking water to the 16-ounce line on the container and mix.**NOTE:** Be sure to dilute SUPREP as shown at left before you drink it.

Step 3:



Drink ALL the liquid in the container.

Step 4:



You **must** drink two (2) more 16-ounce containers of water over the next 1 hour. Remember to keep drinking liquids in order to maintain hydration.

6 hours before arrival time

- 1. Do not have breakfast of any kind.
- 2. Repeat steps 1-4 (above) This is essential for a good preparation of the colon.

DO NOT DRINK ANY FLUIDS 3 HOURS PRIOR TO PROCEDURE.