



## For our pediatric patients

A parent or guardian must accompany patients under 18 years old and remain on-site until the patient is discharged.

If your child has a favorite toy or blanket, please bring it with you.

Parents are able to stay with the child until surgery and will rejoin the child as soon as he/she awakens.

We recommend 2 adults accompany the child so someone can ride in the back seat with the child.

For infants, please bring a back up bottle with formula or breastmilk.

If you feel your child would benefit from a tour prior to surgery, please call us to arrange.

## The procedure

### Anesthesia

Your anesthesiologist will evaluate you before surgery and answer any questions you may have. Be sure to talk to your anesthesiologist about any medications you are currently taking, even over-the-counter drugs. The appropriate type of anesthesia will be determined by your surgeon in consultation with the anesthesiologist.

## Recovery

### What Happens Right After My Surgery?

Depending on the procedure, most patients are discharged after 30 minutes of recovery and close observation by our trained nursing and physician staff. When you are alert, you will be given verbal and written instructions regarding medications, diet, exercise and activities. For your safety, YOU WILL NOT BE PERMITTED TO DRIVE YOURSELF HOME after a procedure if you have received anesthesia.

**Please arrange for someone to drive you home after your procedure. A bus, taxi, Uber or Lyft is not permitted without a friend or family member.**

The medical staff will discharge you once assured you are in stable condition. Possible and normal side effects of anesthesia including sleepiness, nausea, and dizziness, which can last for 12-24 hours.

## What should I do when I get home?

To ease your recovery, rest comfortably as soon as you return home. Patients typically feel sleepy most of the day. You may begin your regular diet and resume normal activities when you and your physician determine you are ready. The day after your procedure, you will receive a text or email survey. We value your feedback. Dizziness and nausea are normal after receiving an anesthetic; therefore, you should wait 24 hours after returning home before:

- Driving or operating equipment
- Signing important papers
- Making significant decisions
- Drinking alcoholic beverages
- Taking any medications not prescribed or acknowledged by your surgeon

### Patient Rights

Visit <https://siliconvalleysurgery.com/patients/patient-rights-and-responsibilities-and-patient-visitation-rights.dot> for more information regarding patient rights and responsibilities.

## Your appointment at Silicon Valley Surgery Center

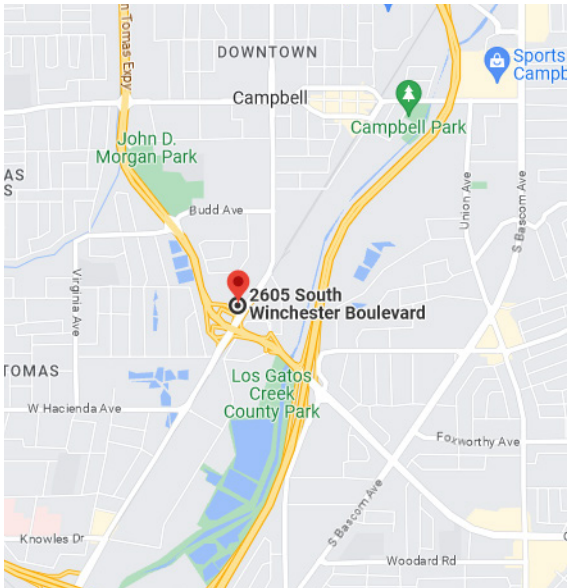
### Day of the week

### Date Arrival Time

Silicon Valley Surgery Center will attempt to contact you by phone prior to your scheduled surgery time.

### Cancellation Policy

If you are unable to keep your appointment, please notify your physician and Silicon Valley Surgery Center as soon as possible. We appreciate your courtesy.



2605 S. WINCHESTER BOULEVARD, CAMPBELL, CA 95008  
[SILICONVALLEYSURGERY.COM](https://siliconvalleysurgery.com)  
TEL 408.402.0663



SILICON VALLEY SURGERY CENTER

# Preparing for your procedure

Your physician has scheduled your upcoming procedure at our facility



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# The provider of choice for silicon valley’s top surgeons, payors, and clinical staff

Our surgeons perform a range of outpatient surgical procedures backed by a team of carefully selected registered nurses and technicians. Specialties include ENT, Gastroenterology, General Surgery, Gynecology, Hand Surgery, Orthopedics, Pain Management, Pediatrics, Plastic Surgery, Podiatry, and Urology.

## Specialized care for every patient

- Skill, experience, and caring professionalism
- Specialized equipment and recovery rooms
- Medicare certified, state licensed, and accredited

## State-of-the-art ambulatory surgery center

Our center offers a safe alternative to inpatient hospitalization, enabling a same-day return home to recuperate. We are accredited by AAAHC and approved by CMS, the Federal Medicare Program. Your physician may be a Limited Partner of this facility. In partnership, both excellent clinical outcomes and fiduciary cost containment are maintained and balanced. We hope that you will be pleased with the quality, price and convenience we offer.

If you have any questions, please feel free to call us at 408.402.0663

## Surgical center hours

Hours of Operation: Monday-Friday 6am - 6pm  
\*Surgery is scheduled by appointment only

## Before your surgery

**Clinical History Form**  
Silicon Valley Surgery Center requests that you fill out your medical history online with One Medical Passport as soon as your surgery has been scheduled. Our pre-surgical assessment staff will review your submitted information online. This is an extremely important step in ensuring your safety during surgery.



## To begin your online Pre-Surgical Assessment

- 1 Go to our website: [www.siliconvalleysurgery.com](http://www.siliconvalleysurgery.com)
- 2 Select “Patient Information” in the menu
- 3 Select “Online Pre-Registration” from the sub-menu
- 4 Click on the “Start Pre-Registration” button
- 5 Create an account with One Medical Passport if you don’t already have one, or sign in if you have one already
- 6 Once an account is created or signed in, complete the application and confirm that Silicon Valley Surgery Center is correct

## Make sure that you have this information ready to complete the Pre-Surgical Assessment

The names, addresses, and phone numbers of your physicians

A list of all medications you are taking, their dosage, and frequency

A list of surgical procedures you have ever had and their approximate dates

**Please call us immediately at 408.402.0663** if you are unable to complete the health history online and someone will assist you.

## Laboratory Tests

Lab work and EKGs that may be needed for your surgery will be ordered by your physician prior to your surgery date.

## Financial

A member of our staff will contact you prior to your surgery date in order to obtain insurance information or to discuss financial arrangements.

## Medications

Many medications, such as blood thinners, vitamins, and supplements need to be stopped for as long two weeks before surgery. Your surgeon and heart doctor will develop a specific plan of action for your surgery.

## Notify your physician

If you cannot keep your scheduled appointment.

If you are pregnant or suspect you mightbe pregnant. If you experience any health changes such as a cough, fever, cold or rash, contact your physician immediately.

## Preparing for surgery

On the morning of surgery, please take your usual prescription medications with a small amount of water. If you take a medication for heartburn or gastric reflux, including over the counter medication, take this the morning of surgery. Do not take oral medication for Type II Diabetes on the day of your surgery. If you use insulin, please contact your diabetes doctor for dosing instructions.

One of our nurses will call you to give you preoperative instructions, review your medical history, medications, and answer your questions!

## Night before your surgery

**Do not eat or drink ANYTHING (including water) after 12:00am midnight** the night before your surgery unless instructed by your physician.

If you smoke, we recommend that you refrain from smoking for at least 12 hours before surgery.

## Day of surgery

Please bathe or shower the night before and the morning of surgery to minimize the chance of infection. You may brush your teeth but DO NOT swallow water.

Do not wear makeup. hairpins, rubber bands, barrettes, perfume or jewelry.

Please remove nail polish if having foot surgery.

Dress comfortably in loose-fitting clothes.

Leave jewelry and other valuables at home. If you wear eyeglasses, contact lenses, a hearing aid, or have removable dentures or bridgework, you may be asked to remove them before surgery. Please bring containers for them.

Bring your insurance card and claim forms, as well as any physician-required forms.

**Please arrive promptly at your scheduled time. This is typically 1.5 hours prior to your procedure Please leave children at home if they are not the patient.**