

Colonoscopy Preparation with Golytely

Morning before colonoscopy

Step 1: This product can be used with or without one of the flavor packs that comes with the bottle.

If adding flavor, tear open flavor pack and pour contents into the bottle BEFORE reconstitution. Discard unused flavor packs.

Step 2: Add lukewarm drinking water to top line on bottle. Cap the bottle and shake to dissolve the powder. The mixed solution will be clear and colorless. Do not add anything else, such as additional flavorings, to the solution.

When reconstituted, keep solution refrigerated.

The reconstituted solution should be used within 48 hours. Discard unused portion.

Step 3: The first bowel movement usually occurs approximately 1 hour after you start drinking GoLYTELY. Continue to drink GoLYTELY until the watery stool is clear and free of solid matter. This usually requires at least 3 liters. Any unused portion should be discarded.

Step 4: Drink 1 (8 oz) glass every 10 minutes. Rapid drinking of each portion is better than drinking small amounts continuously. The first bowel movement should begin approximately 1 hour after the start of GoLYTELY administration.

You will still have loose bowel movements for about 1 to 2 hours after you finish drinking the solution

At 2:00pm the day before your procedure start drinking the solution:

- Begin drinking one glass of solution every 15 minutes the jug of solution of liquid is used.

DO NOT DRINK ANY FLUIDS 3 HOURS PRIOR TO PROCEDURE.