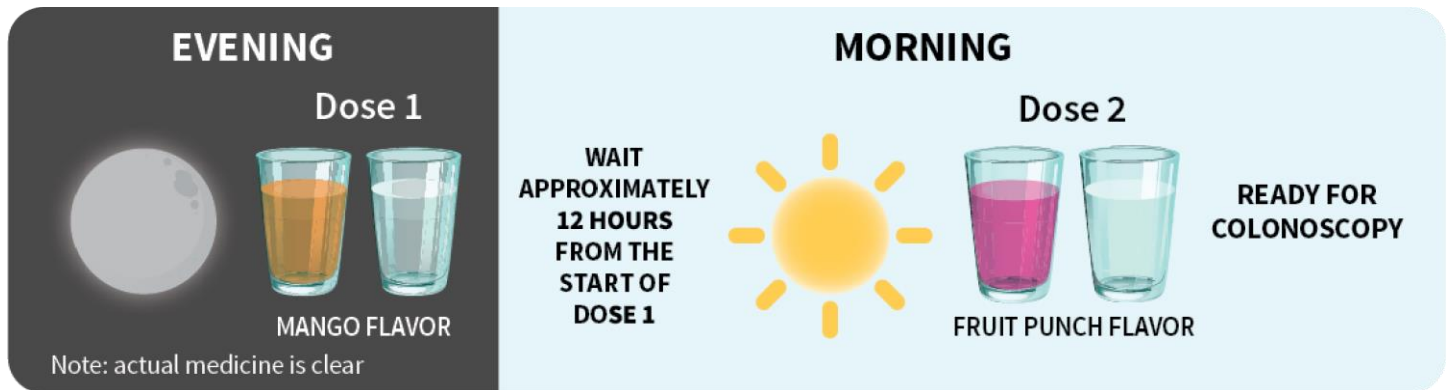


Colonoscopy Preparation with PLENVU



Night before colonoscopy at 4pm:

Step 1: Mix and drink the first dose

- Empty powder of Dose 1 into the disposable container
- Add water to the fill line of the container. Mix to dissolve If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 6 hours. Some people also prefer to drink Plenvu with a straw. Slowly sip over 30 minutes.

Step 2: Drink 16 oz clear liquids

- Rinse the mixing container with water and re-fill to the fill line (16oz) with clear liquids. Drink the entire contents of the mixing container over the next 30 minutes.

Morning of the colonoscopy at 12am:

Step 1: Mix the second dose and drink

- Empty dose 2 pouch A and dose 2 pouch B into the disposable container
- Add water to the top line of the container. Mix to dissolve If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 6 hours. Some people also prefer to drink Plenvu with a straw. Slowly sip over 30 minutes.

Step 2: Drink clear liquids

- Rinse the mixing container with water and re-fill to the fill line (16oz) with clear liquids. Drink the entire contents of the mixing container over 30 minutes

DO NOT DRINK ANY FLUIDS 3 HOURS PRIOR TO PROCEDURE.