

# Health and Safety Policy Covid-19

Following the Spanish Government's Guidelines please find below our Policies and procedures for returning to classes.

## Outdoor Classes

Most of our classes will now take place outdoors.

This will allow for further ventilation and safer practice.

All health and safety risks have been assessed and participants will be asked to sign to say they understand all policies/risks etc.

### Our Procedures will include

- As new guidelines state, masks must be worn to and from physical activity .
- Whilst dancing we will maintain a distance of at least 1.5 metres as set out by Spanish guidelines.
- A sanitising hand gel will be available to use before/during and after the class and all will be asked to use this before using any props, equipment etc.
- All equipment, speakers etc will be cleaned on a regular basis and should props be used during the class, a full clean and sanitizing process will take place.

## Indoor Classes

All health and safety risks have been assessed and participants will be asked to sign to say they understand all policies/risks etc. We will also be following all additional procedures laid out by our venues/studios.

### Our Procedures will include

- The studio will be marked out clearly so that social distance can be achieved. Class sizes will be limited and designed to ensure that social distancing can be maintained throughout.
- Masks will be worn in and out of the studio and whenever not actively participating in the class.
- You will be required to wash your hands and shoes/feet on arrival to the studio. You will also be asked to wash your hands upon leaving the studio.
- All door and windows will be left open and all further measures to ensure maximum ventilation will be adhered too.

The studio and toilets will be cleaned on a regular basis. Our own studio will be cleaned between classes and no class will run back to back.



This policy will be reviewed and updated in accordance with new guidelines and regulations.

**This policy was last reviewed on 01/08/2021**

**Name: Cameron Hall**

**Job Title: principal**