

## JK Coaching COVID-19 Policy

Following the most recent update regarding COVID-19, JK Coaching is now able to offer 'Large Group' sessions (15-to-1, or 30 children within one area), as well as continuing to facilitate 'Private Coaching' (1-to-1; or small groups) – to help facilitate children being able to get out and be active; which is of course healthy (and advised) to do so.

The safety of our participants, as well as their family (and also our coaches) are of paramount importance - and as such, please be reassured that we will be ensuring that all sessions will be undertaken in an environment that is as safe as possible.

In order to achieve this, please see below the controlled measures (taken from government guidelines and instructions) that we will have in place for all sessions:

- Social distancing measures between participants and coaches will be implemented (at least 2 meters apart; 1 meter with mitigations)
- 'Group sessions': sizes will be kept to a controlled amount of 15 children to one coach; 30 children on 'one ground' space'.
- 'Private Coaching': 1-to-1 coaching or 'small group' sessions will be available, enforcing strict 'social distancing' measures.
- Session content/topics will be designed to encourage social distancing (with emphasis placed on movement into space, confidence on the ball, retaining positioning, quick passing, shooting and also general fitness, etc)
- Children are advised to wash their hands before and after the session (and will also be able to do so during the session)
- No one within the household of any participants to attend any sessions with JK Coaching, if they have exhibited any such symptoms: new, continuous cough, high fever, flu-like symptoms; **I can confirm that I haven't had any of these myself**)
- No participants with Asthma or Diabetes, or other underlying health problems.
- Equipment will be cleaned appropriately after each 'single person' use.

We are able to carry out private coaching sessions from the comfort (and safety) of your own home, if you have a suitable space for the session to take place; or alternatively, we are able to do the session at a neutral venue, such as a recreation ground, etc.

We want to emphasise that the safety of everyone involved is our top priority, and as such will ensure that the above-mentioned safety measures will be followed stringently in all of our sessions – and that we will continue to comply with all of the government's instructions.

If anyone has any further questions about anything, please don't hesitate to contact us:

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Kind Regards,  
Jake Kennett (Director)