

1 MILE & 5K FUN RUN/WALK/BIKE REGISTRATION FORM (Entry forms & fee can be dropped off at Mayo's) Cash or Check payable to CCCIF/Fun Run) 20\$ Entry Fee (includes a free shirt) Registration Oct.1-Nov.15 MEET ON CORNER BY FIRE DEPARTMENT

NAME	
ADDRESS	
City	State Zip Code
Home Phone	Email Address
Male Female	Age Birthdate
Emergency Contact	Contact Phone
Event: 1 Mile	

Release & Waiver (Please read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from participating in this event. Knowing these facts and inconsideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release form & waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, video tapes, motion pictures, recordings, or another record of the event for any purpose. Minors will be accepted with a parent's signature.