



Joyful. Healthy. Confident.

Girls on the Run Palm Beach <https://girlsontherunpbc.org/>

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What a Team Receives (*Coaches and up to 30 girls*)

- **GOTR[®] Curriculum** use for one season
- **GOTR[®] Curriculum Activity Sheets** for all lessons for one season
- One-day **GOTR[®] experiential learning training** for up to 3 new coaches and 1 new site liaison. May be held together with other site coaches. May include breakfast, lunch &/or snacks.
- Online access to GOTR[®] Learning Academy for other required coach training modules
- Online access to supplemental coach resources
- Coach training materials, including the evidence-based Coach Manual
- **Coach Materials**, including the supplies required to deliver the season's Curriculum
- Up to two additional coach training meetings during the season for dissemination of additional materials and information.
- Online access to coach registration, so that coaches can access training and other online resources
- Online access to the girls' registration form
- Online access to the Coach Packet, which allows Coach access to the roster and other resources, and which is generated when both the coaches and girls are registered in GOTR's system
- GOTR[®] T-shirts for:
 - Up to 4 trained coaches, which includes the Site Liaison
 - Up to 30 girls
 - Up to 30 Running Buddies
- Council organizing, planning, logistics and registrations for **the 5K Celebration event**
- Up to 60 registrations in the GOTR 5K event (# of Girls + same # of Running Buddies)
- Required national GOTR background checks
- Printed materials
- Ongoing support for the Site Liaison and Coaches

What a School provides

- A safe outdoor running and activity area
- A safe indoor rain site
- A staff member who will be the primary organizer for the club, will coach the team for the Club, and will be the Site Liaison to GOTR
- At least 2 volunteer coaches for up to 30 girls (recommend 3 or 4 coaches to account for absences). *Coaches can be teachers or other staff members for the Club, to comply with school club rules. Parent volunteers may assist teachers with coaching or in other ways, if the school permits.*
- A means to recruit the girls for your location
- Willingness to follow the GOTR season dates, including the 5K event, and attend required GOTR trainings and meetings during the season
- Payment - Payment permits the school club to use the GOTR curriculum for the season, as defined and agreed upon between the Council and the Site, and includes Council support for the team.

Payment can be different for each school, depending on the needs of the site, the families served, and the funding sources available. The payment is based on a per girl rate of \$195 per girl.

Payment options are as follows:

a. Parent Pay: Upon registering their girl, the parent pays a \$195 fee. *Scholarships may be available, depending on funding available at the Council.* Parents may qualify for a reduced fee based on a sliding scale, ranging from \$20 to full fee of \$195.*

b. School Pay: The school chooses to pay the Council directly for their club's use of GOTR, as a one-time payment, as a result of their own funding, PTA support, grant, fundraising and/or sponsor. Upon receiving payment, GOTR would provide a code for a specific number of girls for parents to use to register their girls.

Girl registration is on a first-come, first-served basis.

** GOTR believes in inclusion and accessibility and has not turned away a girl because of her family's inability to pay. Because the Council's available funding from donor-based sources varies, the Council reserves the right to limit the number of scholarships offered at any one site.*

