



Joyful. Healthy. Confident.

WHAT A TEAM OF 9-25 GIRLS RECEIVES

- Online GOTR[®] experiential learning training for coaches and site liaison
- Coach training materials, including the evidence-based Coach Manual
- Online access to Coach GOTR[®] Learning Academy training modules
- Online access to supplemental coach resources
- GOTR[®] Curriculum use for one season
- GOTR[®] Curriculum Journal for girls for lessons for one season
- “Coach Box” containing the supplies required to deliver the season’s GOTR[®] Curriculum
- Ongoing support for the Site Liaison and Coaches
- GOTR[®] T-shirts for:
 - Trained coaches + site liaison
 - Up to 25 girls
 - Up to 25 Running Buddies
- **Up to 50 registrations in the GOTR 5K event***
- (# of Girls + same # of Running Buddies)
- GOTR Council planning, organization, logistics and registration for one 5K event
- Professionally designed, tested, and evaluated outcome GOTR Survey Tools, when required
- Online access to site registration
- Online access to coach registration
- Online access to the girls’ registration form
- Online access to the **Coach Packet**, which is generated when the site, coaches, and girls are registered in the system and provides printable rosters, etc.
- Access to the **Attendance App** for phone or tablet
- Two additional coach training meetings during the season for quality assurance, dissemination of additional materials and information
- **Star Power Prompts** to keep the learning fresh on the other days of the week the girls are not participating in GOTR lessons.
- Required national GOTR background checks &/or locally required background checks, if required
- Printed materials
- Council-paid use fee for GOTR[®] International

*Because of the pandemic, an offsite 5K event may not be an option; however, we will plan a celebration with you for the girls.



WHAT A SITE PROVIDES

- A safe outdoor running and activity area
- A safe indoor rain site
- A registered site liaison (can be one of the coaches)
- At least 3 registered coaches for 25 girls.
- *Coaches serve as role models for positivity and do not need to be runners or athletic. Coaches can be teachers, parents, staff, or community members - whatever complies with the site’s policies.*
- A means to recruit the girls for your location
- Willingness to follow the GOTR season dates, including the 5K event, and attend GOTR coach trainings and 2 meetings per season
- Approval from the administration to host GOTR
- A willingness to comply with grant requirements
- A completed Site Application Form or MOU, as required

PAYMENT

Payment is being made through a generous grant from Prime Time* to our Council; therefore, **Prime Time requirements must be followed.**

No fee is required from the site or the families. (Note: The usual parent-pay fee is \$195 per girl, so this grant is a wonderful opportunity and tremendous value for your families and site.)



- Sites that participate in GOTR as part of this grant must have a **minimum of 9 to 10 girls in attendance at each session** (depending on social distancing guidelines) from **3rd to 5th grades**.
- In order to accomplish this minimum, up to 25 girls may be registered.
- Sessions are 1 x **or** 2x or 3x per week. A schedule will be discussed with the ELO representative.
- Any cancelled sessions must be re-scheduled and may lengthen the number of weeks needed to complete the curriculum.
- A parent or guardian should register their own girl in the GOTR online system, as waivers are required.
- Sites must be Title I schools new to GOTR (or the community equivalent) and participate in Prime Time.



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