



A Way Out Sober Living wants to thank you for taking the time to consider us as a sober living program option. Our management team is here to assist you on your journey. Below you will find some questions that help us learn a bit about you so we can determine how we can help.

Personal Details

First Name *

Middle Name

Last Name *

Have you ever been known by an alternate name?

Yes No

Date of Birth *



Contact Details

 We use the **Cell Phone Number & Email** below to text or email you the full application form.

Please provide at least one of the following Contact Details: *

<input type="checkbox"/> Cell Phone Number
<input type="checkbox"/> Landline Phone Number
<input type="checkbox"/> Email Address

Consent to contact

I consent to be contacted by A Way Out Sober Living via SMS, email, or phone using the information I provided for the purposes of reviewing my application.

Emergency Contact Details

First Name *

Last Name *

Name Suffix

e.g. Jr., Sr., etc.

Phone Number

Email Address

Relationship

Can we release information to this person? *

 Yes No

Is this person an emergency contact?

 Yes No

Notes

Demographics

Race *

<input type="checkbox"/> American Indian / Alaska Native
<input type="checkbox"/> Asian
<input type="checkbox"/> Black / African American
<input type="checkbox"/> Native Hawaiian / Pacific Islander
<input type="checkbox"/> White
<input type="checkbox"/> Prefer Not to Answer
<input type="checkbox"/> Other

Sex Assigned at Birth *

Sexual Orientation

<input type="checkbox"/> Heterosexual
<input type="checkbox"/> Homosexual
<input type="checkbox"/> Bisexual
<input type="checkbox"/> Pansexual
<input type="checkbox"/> Asexual
<input type="checkbox"/> Queer
<input type="checkbox"/> Demisexual
<input type="checkbox"/> Polysexual
<input type="checkbox"/> Other

Gender Identity *

What is your primary language? *

Military Status *

<input type="radio"/> No Military Service
<input type="radio"/> Currently Enlisted Active Duty
<input type="radio"/> Currently Enlisted Reserves
<input type="radio"/> Veteran

Do You Have a Service Animal?

<input type="radio"/> Yes	<input type="radio"/> No
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Program Details

Have you previously been part of this program?

<input type="radio"/> Yes	<input type="radio"/> No
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Do you have any concerns with sharing a room?

<input type="radio"/> Yes	<input type="radio"/> No
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Are you able to perform household chores? *

<input type="radio"/> Yes	<input type="radio"/> No
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Referrals

Have you been referred to us by anyone? *

<input type="radio"/> Yes	<input type="radio"/> No
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Substance Use History

Drug(s) of Choice *

Medical

Do you have any allergies? *

Yes No

Medications

Are you currently using any prescription medications? *

Yes No

Please List All Current Prescriptions: *

Recovery

What is your Sober or Clean date? *



Courts & Criminal Justice

Are you now or have you ever been involved with the justice system (arrested or incarcerated)?

Yes No

Have you ever been charged or convicted of any sexual or violent crimes in any jurisdiction? *

Yes No

Restrictions

Select all legal requirements that apply

<input type="checkbox"/> None Applicable
<input type="checkbox"/> House Arrest
<input type="checkbox"/> Probation
<input type="checkbox"/> Parole
<input type="checkbox"/>

<input type="checkbox"/> Drug Court
<input type="checkbox"/> In Prison
<input type="checkbox"/> Other

Are you required to register as a sex offender? *

<input type="radio"/> Yes	<input type="radio"/> No
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Are you required to register with any other authority for any other reason? *

<input type="radio"/> Yes	<input type="radio"/> No
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Are there any Restraining Orders against you or by you? *

<input type="radio"/> Yes	<input type="radio"/> No
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Admissions

When would you like to move in? *

MM	DD	YYYY	HH	MM	AM ▾	
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Client Statement

Why do you want to live in a sober house?

How did you hear about about our program? *

Were you referred to A Way Out Sober Living? *

<input type="radio"/> Yes	<input type="radio"/> No
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Who referred or worked with you to find AWOSL? *

Employment

Are you able to work?

<input type="radio"/> Yes	<input type="radio"/> No
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Are you currently employed? *

<input type="radio"/> Yes	<input type="radio"/> No
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What is your primary source of income?

<input type="radio"/> Employment
<input type="radio"/> SSI/Disability Benefits
<input type="radio"/> No Income
<input type="radio"/> Other

Transportation

Do you have a valid drivers license? *

<input type="radio"/> Yes	<input type="radio"/> No
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What is your primary mode of transportation?

<input type="radio"/> Personal Vehicle
<input type="radio"/> Family / Friend
<input type="radio"/> Public Transit

Sensitive Information

Drivers License Number

Additional Info

Please enter any other information about yourself or your situation that you feel we need to know

Signature

This is a legal and binding program document. Please read it very carefully.

1. I have carefully read and truthfully answered all applicable questions above. I agree to provide any updated information if any of my answers change while I am a enrolled in **A Way Out Sober Living (AWOSL) housing program.**

2. I realize that AWOSL has been established in compliance with the conditions of §2036 of the Federal Anti-Drug Abuse Act of 1988, P.L. 100-690 (as amended), which provides in pertinent part that a sober house:

- Prohibit all residents from using any alcohol or illegal mind-altering substances
- Expel any resident who violates such prohibition (see relapse policy, included in this agreement)
- Utilize democratic decision making within the group where appropriate including inclusion and exclusion from the group

3. I have been provided with a copy of and have read and fully understand the Rules and Expectations of AWOSL. (provided within this agreement)

4. I am currently of sound mind and not under the influence of any drugs or alcohol.

5. I agree that I am a participant in a program and not a tenant. I agree that I am not protected by, nor will I invoke any protections of local landlord/tenant laws. If it is found that local landlord tenant laws apply, I hereby renounce any rights that I may or may not have arising under the same.

6. I agree that I will participate in the programs of AWOSL and will abide by all its Rules and Expectations.

7. I specifically agree that if I violate any of the Rules and/or expectations of this agreement, I can be expelled from AWOSL and forfeit any rights prepaid program fees. I agree that final determination of any disciplinary action will be made by AWOSL and may not be appealed.

8. I hereby release and hold harmless AWOSL and all its managers, employees, members and agents from any and all lawsuits of whatever nature that may be brought by me, my heirs an update information if any of my answers change while I am a resident of AWOSL. members and agents from any and all lawsuits of whatever nature that may be brought by me, my heirs and/or my representatives in perpetuity.

9. In accordance with state and federal law and the principles of a 12 step program, AWOSL does not discriminate based upon race, color, religion, sex, national origin, disability, sexual orientation, HIV or Hepatitis status. I agree to these principles and acknowledge that I may be living in the same house as a member of a protected group.

10. I acknowledge and agree that I am ultimately responsible for the care and security of my own valuables and personal property during and after my residency at AWOSL. I also understand that I am permitted to possess only the belongings that can reasonably be transported in two suitcases and one backpack while residing in the house.

11. I agree to pay AWOSL an Application/Administrative Intake fee of \$250 before gaining residence at AWOSL. This is a non-refunded fee.

12. Prior to move-in: \$250 Application/Administrative Intake fee + first month's program fees are required. Program fees range depending on residence location and shared bedroom status. Please consult with AWOSL management for specific monthly program fees.

13. A 3-month minimum occupancy is required, except when agreed to in writing by resident and AWOSL.

14. There are many ways to pay your program fees and Application/Administrative Intake fee: Venmo, CashApp, PayPal, cashier's check, money order or personal check. Electronic payments are preferred. Cash payments must be made directly to Derrick Haase. Venmo payments can be made to @Derrick-Haase and Money orders, cashier's checks, and personal checks should be made payable to AWOSL. Electronic payment directives can be made via the AWOSL website (www.awayoutsoberliving.com). There will be a non-refundable \$25.00 fee on all returned checks. Credit Card payments made via the AWOSL website will be assessed fees stated on the AWOSL website.

15. Program fees are to be paid in full by the 1st of the month. If not paid by the 3rd of the month, a \$50 past due fee will be assessed. A

2nd past due will result in a \$100 fee. All subsequent past due assessments will continue to double. These same past due fees apply to all individual payment plans. Any/all payment plans need to be approved by AWOSL upper management. Certain AWOSL sober home locations offer a "Prompt Payment" discount.

16. Attend at least one weekly recovery meeting of your choice and obtain a sponsor/mentor.

17. Utilize your house manager to resolve conflicts within the house and be proactive in the solution.

18. Obtain employment: If you don't have a job, you are required to spend a minimum of 30 hours/week seeking a job, volunteering in the community, attending school, investing in your recovery, or enrolled in treatment.

19. Be accountable, ask for help, and become action-oriented to enhance your recovery.

20. There is a strict NO cellphone use policy in house meetings.

21. We suggest meeting with a Peer Recovery Specialist to assist with applying for any financial assistance and/or other needs. A Peer Recovery Specialist can help you build a successful recovery-oriented action plan. Utilize the support you are being offered. We are here to help and ensure you have a long and fruitful recovery journey. You don't know what services are available until you ask.

22. Curfew: 11 pm curfew Sunday-Thursday. 1 am curfew Friday-Saturday. All curfew questions or adjustments need to be communicated with the house manager as soon as possible. Missed curfew without prior approval and communication will potentially result in a restricted curfew as defined in a success contract. New residents may be subject a restricted curfew defined at move-in.

23. Overnight passes and/or curfew extensions need to be approved by the house manager 24-hours in advance. Any exceptions need to be made with the house manager. Overnight passes and/or curfew extensions are available only to residents in good standing and current with their program fees. Overnight passes are limited to 2 passes per week, unless approved by the house manager. Housing support residents should refer to their program limitations on overnight opportunities.

24. Residents MUST attend all weekly house meetings, sharing openly and respectfully, and demonstrating solution-oriented thinking. You're now part of a team—do your part.

25. Weekly house meetings consist of discussions regarding goals, struggles, successes, concerns, and needs of the house and those in

it. These are mandatory meetings and cannot be missed. Missing the weekly house meeting can result in discharge of program.

26. Weekly house chores will be set for each resident. Chores will be monitored by the house manager. Not completing your house chore to an acceptable standard may result in a success contract and curfew restrictions. This is to ensure a safe and habitable living environment for all who live there.

27. AWOSL is abstinence-based housing with absolutely no tolerance. Additionally, the following are NOT permitted and can result in discharge: violence or threat thereof, theft, gambling, curfew violations, sex, weapons, using or selling any controlled substances/alcohol, abusive language, and/or borrowing/lending will not be tolerated. These acts and behaviors need to be reported to the house manager or operations manager immediately. Random drug /alcohol testing will be done by the house manager or AWOSL appointed individual. Abstinence from all non prescribed medications is absolutely necessary. Positive Urine Analysis: You will be given options.

28. Relapse Policy:

a. First Relapse (positive UA and/or refusal to test): Immediate removal (one hour) from the property and 72-hours out of the house suspension. Meet with operations and/or house manager to consideration readmission into the program. Residents must pass a drug/alcohol test and be current with program fees to be considered for readmittance to the program. A "success contract" may be initiated with restrictions and higher level of accountability. Readmittance into the house is evaluated on an individual basis.

b. Second Relapse (positive UA and/or refusal to test): Immediate (one hour) removal from property. Discussion with AWOSL management regarding readmittance opportunities. Readmittance is not guaranteed.

29. AWOSL will provide cleaning supplies, garbage bags, toilet paper (including brushes and plungers), coffee, light bulbs, and laundry soap, for each sober facility location.

30. Not Allowed: NO SMOKING OR VAPING IN THE HOUSE. There are no candles or incense allowed to be lit/burned in the sober residence ever. Windows are to stay closed at all times while the air conditioner/heat is running. All windows and doors must be locked at all times. This is a safety/energy issue and there are no exceptions.

31. Personal Space: You are required to keep your space clean and neat. Beds made before leaving the house or once out of bed in the morning, trash taken out, and clothes put away. There are no food and drinks allowed in rooms. Water or a covered container is the only

exception. No personal belongings can be left in the common areas. Bedding needs to be washed once a week and personal hygiene needs to be addressed daily.

32. Guests: Are not allowed in the recovery residence without prior approval from the house manager. No members of the opposite sex are allowed in the house except immediate family, case workers, and approved personnel. Visitors are not allowed in bedrooms. There is a 9:00 pm curfew for guest visitors.

33. Each resident will be designated shelf space for dried food and one shelf in the refrigerator. Please purchase food knowing your allocated storage space.

34. Residents must be willing to assist the management or other residents in time of need to be a witness and/or support when needed. Example: discharging another resident, room inspections, etc..

35. AWOSL management reserves the rights to disclose UA's results to other residents of the sober house. Additionally, resident agrees to release all rights to photographs taken as part of AWOSL events. This includes AWOSL's rights to use said photographs in promotional material. Written exemptions will be considered regarding the use of photographs.

36. Termination/Trespassing agreement procedure and policy: Failure to meet these agreements and expectations will result in discharge from the program. Upon discharge, resident will have 60 minutes to pack personal belongings. Failure to comply with this request will result in the police department being called and notification of trespassing on the property. Future unapproved return to the property for any reason can result in criminal action for trespassing. Arrangements can be made with AWOSL management to pick up belongings left behind, over the next 60- days. After 60-days, all left personal belongings will be forfeited by the resident. All food left behind will be immediately disposed.


37. Smoke Detectors: Tampering with, disabling, or removing smoke detectors is strictly prohibited as it poses a severe safety risk to all residents; any violation of this policy will result in an immediate \$250 fine and possible discharge. Additionally, resident assumes liability for any damages or injuries resulting from their interference with safety equipment. Management reserves the right to conduct unannounced safety inspections of all smoke detectors and fire equipment.

38. Housing Support Funding: AWOSL accepts Housing Support Funding (HSF) at select locations, awarding beds to qualified applicants based on current availability. Residents must maintain full compliance with all HSF requirements; AWOSL reserves the right to withdraw HSF availability with a 30-day written notice for non-

compliance. AWOSL management is mandated to function as a mandated reporter of resident income to state and local agencies.

39. Support Animals: Residents requesting to keep a service or emotional support animal must contact AWOSL Management to receive the full Support Animal Policy. This comprehensive policy outlines specific safety verification requirements, behavioral expectations, and any applicable costs or financial responsibilities. Written approval from management is required before any animal is permitted on the premises.

40. Sober Living Residents Bill of Rights:

1. Residents have access to an environment that supports recovery.
2. Residents have access to an environment that is safe and free from alcohol and other illicit drugs or substances.
3. Residents will be free from physical and verbal abuse, neglect, financial exploitation, and all forms of maltreatment covered under the Vulnerable Adults Act.
4. Residents will be treated with dignity and respect and to have personal property treated with respect.
5. Residents have personal, financial, and medical information kept private and to be advised of the sober home's policies and procedures regarding disclosure of such information.
6. Residents have access, while living in the residence, to other community-based support services as needed.
7. Residents will be referred to appropriate services upon leaving the residence.
8. Residents retain personal property that does not jeopardize safety or health.
-  9. Residents assert these rights personally or have them asserted by the individual's representative or by anyone on behalf of the individual without retaliation.
10. Residents will be provided with the name, address, and telephone number of the ombudsman for mental health, substance use disorder, and developmental disabilities and information about the right to file a complaint.
11. Residents will be fully informed of these rights and responsibilities, as well as program policies and procedures.
12. Residents are not required to perform services for the house that are not included in the usual expectations for all residents, unless

under special contract for rules violations.

Any complaints about a sober home may be made to and reviewed or investigated by the ombudsman for mental health and developmental disabilities, pursuant to sections 245.91 and 245.94.

In addition to pursuing other remedies, an individual may bring an action to recover damages caused by a violation of this Bill of Rights.

A Way Out Sober Living – House Rules & Expectations

A safe, structured, and supportive environment for your recovery journey

Sobriety & Wellness

- Zero Tolerance Policy
- No alcohol, illicit drugs, or misuse of prescription medications.
- Random drug/alcohol testing will be conducted. Refusal = automatic violation.

Relapse protocol

- Immediate staff notification required
- Minimum 72-hours suspension away from property is required to be considered for return
- See agreement for readmittance policy

Recovery Meeting Requirements

- Minimum 1 meeting per week (AA, NA, SMART Recovery, or approved alternatives).
- Sign-in sheets or meeting logs may be requested for verification.

Medication Management

- All prescriptions must be registered with House Manager and stored securely.
- No sharing medications. Non-compliance will result in discharge.
- Take medication as prescribed. Abusing medication is grounds for discharge.

Daily Structure & Responsibilities

- Overnight Passes and Curfew
 - o First 30 Days-
 - No Overnights, without special exemption provided by AWOSL management
 - o Curfew: Sunday–Thursday: 11:00 PM, Friday & Saturday: 1:00 AM
 - o Overnight Passes- Need to get 24-hour advanced approval from House Manager and should be posted on House messaging app. Two overnights per week will be allowed for residents in good standing, exceptions will be considered
- Chores & Cleanliness
 - o Daily and weekly chore assignments (posted in common areas).
 - o Personal spaces (bedroom/bathroom) must be kept tidy. Inspections weekly.

Employment/Program Participation

- Core Requirement
 - o All residents must engaging in a minimum of 30 hours/week of structured recovery activities, beginning within 14 days of arrival.
 - o Approved Activities
 - § Employment (Preferred)- Full-time or part-time jobs
 - § Education/Vocational Training
 - § Recovery Programming
 - § Outpatient treatment (IOP/PHP)
 - § Mental health counseling
 - § Volunteer service work
 - § Recovery meeting attendance (AA/NA/SMART)
 - § Fitness programs (gym, yoga, recovery sports leagues)

GRH/Subsidized Housing Participants

- Must discuss weekly activities with House Manager for Compliance
- 30-hour weekly minimum through:
 - o Approved Activities
 - § Employment (Preferred)- Full-time or part-time jobs

§ Education/Vocational Training

§ Recovery Programming

§ Outpatient treatment (IOP/PHP)

§ Mental health counseling

§ Volunteer service work

§ Recovery meeting attendance (AA/NA/SMART)

§ Fitness programs (gym, yoga, recovery sports leagues)

Visitors & Community Conduct

- Guest Policy

- o Guests are not allowed in the recovery residence without prior approval from the house manager
- o No members of the opposite sex are allowed in the house except immediate family.
- o Visitors are not allowed in bedrooms.
- o There is a 9:00 pm curfew for guest visitors.
- o No overnight guests. Daytime visitors only (8:00 AM–8:00 PM) must be pre-approved and sober.
- o Guest must stay within Common Areas

Respect & Confidentiality

- No violence, threats, or theft. Immediate discharge for violations.
- What's shared in the house stays in the house.
- Quiet Hours-10:00 PM–7:00 AM (no loud music/TV, phone calls, etc.. in common areas).
 - Bedrooms: All TV, music, phone calls, and conversations should be respectful of roommates

Program Fees

- Program fees are due 1st of every month.
 - Certain AWOSL sober homes offer a "prompt payment" discount
- Late fees will apply if not paid by the 3rd of the month
 - o \$50.00 for the first violation
 - o \$100.00 for the second violation

- o \$200.00 for the third violation
- o Late fees will double every month the fee is not paid.
- o Overnight privileges will be revoked until all late fees and program fees are current.
- Coin Operated Washer and Dryer (some houses)- \$1.50 per load.

Transportation & Parking

- Vehicle registration required if parked on-site
- Vehicle must be insured if parked on-site
- Vehicle must be in working order to be parked on-site
- No lending/borrowing cars without staff approval

House Computer

- Job and recovery assistance have computer time priority
- No altering or adding programs to the computer.
- No pornography access is allowed

Accountability & Support

- Mandatory Weekly House Meetings (Required!)- consult with House Manager on day/time
- Laundry Schedule: No leaving laundry unattended
- Food/Kitchen Rules:
 - o Label personal items
 - o Clean dishes immediately
 - o Refrigerator-freezer-dry food shelf will be assigned to you
 - o Purchase only enough groceries to store in your dedicated space
- Smoking and Vaping
 - o Designated outdoor areas only (dispose of butts properly)
 - o No smoking or vaping inside.
 - o Marijuana- Approved with verification of Medical I.D. Card. No Flower smoking on grounds. Gummies / Edibles are the only accepted form with those providing proof of approved medical card.

Emergency Drills: Fire/evacuation procedures reviewed monthly.

Privacy and Searches: Management has the right to access personal areas and conduct searches to ensure compliance with house rules.

Residents are not allowed to enter another resident's room unless invited into that room.

Pets – Allowed at approved sober facility only (see AWOSL Pet Policy)

- Animals must be approved by AWOSL management
- Pet care- pet owner is 100% responsible for care, oversight, and cleaning up after their pet
- There is a surcharge and extra deposit fee for a pet (see AWOSL management)

Dress Code: Residents must dress appropriately and avoid offensive clothing

Personal conduct and hygiene

- Using polite language
- Maintaining appropriate volume
- Respecting personal boundaries
- Addressing conflicts through staff
- Zero Tolerance For
 - o Bullying or harassment
 - o Sexual comments/advances
 - o Racial/religious slurs
 - o Threatening body language
 - o Fraternizing/engaging in sexual acts

A Way Out Sober Living (AWOSL) Photo & Testimonial Release Waiver

I grant AWOSL and its affiliates the right to (you may opt out of this portion with notice to AWOLS management):

Use my photograph(s), likeness, voice and /or testimonials in:

- Social media (Facebook, Instagram, etc.)
- AWOSL newsletters, websites, brochures, or promotions
- Recovery-related public campaigns

- Edited materials for clarity/space without distorting meaning
- Use my first name and last initial (e.g., "John D.") unless I consent to full name

Terms & Conditions

1. Durations: During residency and up to 6 months after leaving
2. No Compensation: I waive my right for reimbursement.

Sober & Voluntary Consent: I confirm I am of sound mind and voluntarily agree to this contract.

Signature *

✕ Clear

👁 Highlight Required Fields

Submit Application

Save and Continue