

Sick Policy

Poppy's prioritizes the health and safety of all children. A child will be sent home if:

- They cannot participate comfortably in activities
- Their illness requires more care than staff can provide
- Their condition poses a risk to others

Children **MUST** stay home or will be sent home if they exhibit:

- **Fever** of 100.4°F or higher (must be fever-free for 24 hours without meds)
- **Severe illness symptoms:** lethargy, persistent crying, uncontrolled coughing, wheezing, or difficulty breathing
- **Diarrhea** (unrelated to diet/meds) — must be symptom-free for 24 hours, or 2-3 loose or watery instances within an hour or accompanied with fever or vomiting. or the continued diarrhea is deemed not be infectious by a licensed healthcare professional
- **Vomiting** (1 instance) — return after 24 hours symptom-free or with doctor's note
- **COVID-19** They have been fever-free for at least 24 hours without the use of fever-reducing medication. Other symptoms (such as cough, sore throat, congestion) are improving. At least 5 days have passed since the positive test or symptom onset (if any), unless a longer exclusion period is required by local health authorities.
- **Blood in stool, unexplained rash, or mouth sores with drooling**, unless cleared by a doctor
- **Persistent abdominal pain** (2+ hours), especially if with fever
- **Pink eye, strep, impetigo, scabies** — return after 24 hours of treatment/antibiotics
- **Chickenpox, hand-foot-mouth, measles, mumps, rubella, hepatitis A, pertussis, TB** — return based on illness-specific guidelines
 - Chicken pox, until all sores have dried and crusted (usually 6 days)
 - Hand Foot and Mouth sores have dried and crusted and no fever
 - Pertussis, until 5 days of appropriate antibiotic treatment has been completed
 - Mumps, until 9 days after onset of symptoms
 - Hepatitis A virus, until 1 week after onset of illness
 - Measles, until 4 days after onset of rash
 - Rubella, until 6 days after onset of rash
- **Herpes simplex** A child who becomes ill while at Poppy's with Herpes simplex, which is uncontrollable, must be removed from the classroom in order to limit exposure of other children drooling to communicable disease.
- Any **unspecified respiratory illness** with other concerning symptoms

Children who become ill at school will be cared for in the office until a parent or authorized adult arrives. **Prompt pickup is required.**

Poppy's reserves the right to determine when a child must be excluded. A doctor's note is required for any exceptions.

To report an illness:

- **Playroom:** (435) 799-9959
- **Playhouse:** (801) 755-6439
- **Layton:** (385) 343-6315

Notice of Exposure & Reporting Illness

If a child in your child's class is diagnosed with a communicable disease, you will be notified by:

- A posted notice at the classroom door
- An email (if on file)

If your child or anyone in your household is diagnosed with a contagious illness, notify the Director immediately. Poppy's will report confirmed cases to the local health department as required.

By signing below, you acknowledge that you have thoroughly reviewed and understood the policies outlined in this document.