



## Earth Super Powers (ESPs)

(Excerpts from A.L.O.H.A. ~ Ideals of Ascension Shamanism, Simply Shaman Series, Vol. 1 by Dale Stacy, 2020) (Available on Amazon)

### General Perspectives

- Our ESPs are “unique expressions” of God within us. Many of us have similar talents, yet we have a special flow to share these skills easily & effectively.
- Our ESPs this lifetime are the strongest personas/versions of us. We brought our BEST GAME to expand human evolution into the next platform of Life.
- Our ESPs are of the highest vibration – LOVE.
- Honor our ESPs by living/using them in service to others.
- Use ESPs every day in some way, not just on weekends. If we are not living/using these talents every day, what are we doing/using?
- Know, & use our ESPs now. Start today.
- Our Super Powers will evolve/strengthen as we continue to use them.

## Earth Super Powers ~ ESPs

- Our ESPs highlight the greatest potential of our mind-body-spirit – Being Love. The Universal Matrix constantly feeds us LOVE. It is always present to provide fuel as we grow & ascend.
- Our powers increase as we go through this part of the Galaxy. Special nuances will activate, like a sneeze.

### Awareness of ESPs

- Eternal Purpose: learning about/living to BE LOVE
- Gift: overriding ESP/expression of our Eternal Purpose
- Abilities/Powers/Skills/Talents (APST): expressions of our Gift
- Actions: expressions of our unique APSTs
  - What we love doing – good at doing – easy to do – natural talent
  - Zen-like quality when doing – exciting & passionate
  - Changes, depending on life stage

Take the first step in acknowledging your Earth Super Powers ... View the Worksheet on the next page to ignite a basic awareness of innate abilities, powers, skills & talents.



Worksheet #1: Favorite Gift/Abilities/Powers/Skills/Talents (GAPST)

1. Main Gift/Overriding Action that defines who you are/what you do  
(Circle favorite one.)

\_\_\_\_\_  
\_\_\_\_\_

2. Qualities you like about yourself (Circle 3 favorites.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Abilities/Powers/Skills/Talents: easy/excited to do – good at doing

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

(Circle 3 favorites.)

4. Childhood Career Dreams/Life Goals

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Circle favorite.)

5. Favorite Super Hero \_\_\_\_\_ & Powers

\_\_\_\_\_  
\_\_\_\_\_

(Circle favorite.)