

Modern Shamanism



Seven Shamanic Principles *

The following Shamanic Principles are powerful ideas to filter our mind-body-spirit experiences ... Take one principle at a time, & apply it to daily living ... Notice the changes in mind-body-spirit awareness ... Adapt these perspectives into your reality to discover an illuminating path to excite your Shamanic senses ... Even though these Principles are taught in Huna Hawaiian Shamanism, they can be applied to any Shamanic System or Ideology for Living Aloha Consciousness.

1. The world is what you think it is.

- Your thoughts decide what is & what isn't.
- These thoughts shape your reality.
- You can change your patterns of reality.



2. There are no limits.

- Be free, & live your magic.
- Believe in yourself.
- You are unlimited ... Dream big.



3. Energy flows where focus goes.

- Act on your intentions.
- Decide, & follow-up with action.
- Persevere with your concentration.



4. Now is the moment of power.

- Live fully, here & now.
- The past is history ... The future is Mystery ... Present is NOW.
- Enjoy the moment with all your awareness.



5. Love is to be happy with someone or something.

- Feel the joy in your life, & celebrate in some way.
- Be "in love" with someone/something.
- Spread this love/joy with every thought & every smile.



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6. All power is within you.

- Have confidence in yourself.
- You are Divine!
- You have the power to create anything.



7. Your effectiveness is your truth.

- Be flexible.
- Stick to your truth.
- Continue successful patterns of thoughts, words & actions.



The Shamanic Journey is supported with these foundations ... To be the Shaman you want to be, you must change the person you are now ... Change your mind, & your world changes ... Live Aloha in every moment ... Be a Shaman of Aloha.



* Seven Principles are teachings highlighted in Serge Kahili King's books & workshops, Huna International in Hawaii.