



EARTHSTAR MUSIC

#16: "FULL CIRCLE"

- Release date: June 21, 2026
- Executive Producer/Lyrics ~ Dale Stacy
- Editor ~ Jeanne Stacy
- Musical/Vocal arrangements ~ Songer

EarthStar Music ~ A Ministry of
EarthStar Spiritual Center

- **Back Story**

"FULL CIRCLE" is part of EarthStar Music's Country/Bluegrass Collection & is a Father's Day 2026 tribute to our Cherokee Medicine Teacher & longtime friend, J. T. Garrett, Ed.D., of the Eastern Band of Cherokee Indians, & to the entire Garrett family – Phyllis, Michael & Melissa ... The gatherings of Full Circle began in the mid-1990s & continued twice each year through 2019 ... For those who gathered at Full Circle – whether in Cherokee or Atlantic Beach (or for those who have come to know J.T. through his books), we hope this song rekindles the memory of coming together in the Circle ... In those moments, we celebrated, we healed, we laughed & we learned, walking side by side & carrying Full Circle within our hearts ... May this song call back the feeling of belonging, the beauty of ceremony, the comfort of friendship, the joy of laughter & the sacred lessons of Mother Earth ...

- Breathing in the fresh mountain air at Waterrock Knob
- Carrying home the energy of balance, harmony & peace
- Celebrating the tenth anniversary & every blessed return to the Circle
- Conversing by the Oconaluftee River, Mingus Mill, Waterrock Knob & Smokemont
- Discovering the call to be Helpers upon Mother Earth
- Feeling the pulses & vibrations of dancing, drums, rattles, & songs
- Healing that came through calm, J.T.'s touch with the Eagle Feather or simply standing with the Circle

As we watch the video or listen to the song today, or years from now, we may not remember every conversation, every date, every meal, every room or every passing moment ... But we will remember ...

- the beauty of the beach & the mountains
- the celebrations & gatherings, the cool autumn breeze & the windswept shore
- the fragrance of sage & sweetgrass drifting through the Circle
- the friendships woven across the years
- J.T.'s stories, carrying the heart & spirit of the Cherokee way
- the laughter & the quiet conversations of souls, remembering one another from tomorrow
- the sacred places & ceremonies that honored Mother Earth
- the spiritual work of growing, healing & holding up one another
- the true spirit of community & right relationship
- the wisdom of the teachings & what it means to walk the Cherokee Way with Full Circle Hearts

Thank you for supporting this musical endeavor ... The song is available on major streaming platforms ... Aloha, Dale & Jeanne

"FULL CIRCLE" Lyrics

(Verse I)

The Circle gathered, on ancient land
J.T., our teacher, Cherokee, Eastern Band
Spirit & traditions, integrate & feel
He steered our hearts, to clear & heal
Connection & relations, trust & belong
The Full Circle way ... Cherokee strong

(Chorus)

Full Circle in the mountains, or sandy beach
Sacred wisdom to share, study & teach
Healing & drumming, stories to tell
Being steady & whole, calm & well
Harmony & balance, being thankful each day
Cherokee Heart ... the Full Circle Way

(Verse 2)

Mingus Mill & Cross-Over, a bridge, a creek
Tobacco & offering, connection we seek
To Waterrock Knob, for clean crisp air
Closer to the Great One, hearts open & bare
Our Circle soared upward, an eagle's view
Blessings from Mother Earth ... Cherokee True

(Chorus)

Full Circle in the mountains, or sandy beach
Sacred wisdom to share, study & teach
Healing & drumming, stories to tell
Being steady & whole, calm & well
Harmony & balance, being thankful each day
Cherokee Heart ... the Full Circle Way

(Verse 3)

Mother Earth & water, wind & fire
Grounded & steady, as Spirits fly higher
North & south, east & west
4 directions to honor, & be our best
Animals & plants, moon & sun
Power of relations, Full Circle of One

(Chorus)

Full Circle in the mountains, or sandy beach
Sacred wisdom to share, study & teach
Healing & drumming, stories to tell
Being steady & whole, calm & well
Harmony & balance, being thankful each day
Cherokee Heart ... the Full Circle Way

(Outro)

The Circle gathered, homeland of the Cherokee
Medicine Wisdom taught, & shared by J.T.
Honor the Circle & traditions, its whole & parts
Always walk, in balance, in our Full Circle Hearts
Cherokee Strong ... Full Circle Hearts

