

1988 USPF West Virginia Bench Championships

1988-04-16, USA-WV, St. Albans

Place	Lifter	Sex	Age	Equip	Class	Weight	Squat	Bench	Deadlift	Total	Wilks
Women Single Open Bench Only											
1	Pam Johnson	F	22~	Single		117		165.3		165.3	92.03
2	Cindy Dehaven	F		Single		127		176.3		176.3	92.06
3	Debbie Lass	F		Single		133		181.8		181.8	91.59
4	Amy Weisberger	F	23	Single				165.3		165.3	
5	T. Spalding	F		Single		133		143.3		143.3	72.16
6	B. Pharr	F		Single		139		132.2		132.2	64.40
7	T. Somerville	F		Single				126.7		126.7	
8	Susan Simmons	F		Single		142		126.7		126.7	60.73
9	A. Smith #15	F		Single		117		93.7		93.7	52.15
10	Ethel Martin	F		Single		114		88.1		88.1	50.08
11	M. Smith #49	F		Single		181		132.2		132.2	54.14
Men Single 148 Masters Bench Only											
4	David Cecil	M		Single	148	148.8		225.9		225.9	79.03
Men Single Masters Bench Only											
1	Harry Cochrane	M		Single				385.8		385.8	
Men Single 114 Open Bench Only											
1	M. Sargent	M		Single	114	114.6		170.8		170.8	76.05
2	R. Markley	M		Single	114	114.6		148.8		148.8	66.24
Men Single 123 Open Bench Only											
1	E. Meadows	M		Single	123	123.4		115.7		115.7	47.79
2	G. Eary	M		Single	123	123.4		99.2		99.2	40.97
Men Single 132 Open Bench Only											
1	Kenny Woodell	M		Single	132	132.2		270		270	104.48
2	B. McCale	M		Single	132	132.2		203.9		203.9	78.89
3	F. Jones	M		Single	132	132.2		121.2		121.2	46.91
Men Single 148 Open Bench Only											
1	L. Saunders	M		Single	148	148.8		270		270	94.45
2	C. Gaydos	M		Single	148	148.8		248		248	86.74
3	David Cecil	M		Single	148	148.8		225.9		225.9	79.03
4	T. Summers	M		Single	148	148.8		214.9		214.9	75.17
5	B. White	M		Single	148	148.8		209.4		209.4	73.25
6	D. McCallister	M		Single	148	148.8		170.8		170.8	59.75
Men Single 165 Open Bench Only											
1	George Bryant	M		Single	165	165.3		303.1		303.1	97.98

Place	Lifter	Sex	Age	Equip	Class	Weight	Squat	Bench	Deadlift	Total	Wilks
2	L. Parlier	M		Single	165	165.3		286.6		286.6	92.63
3	C. McIntyre	M		Single	165	157		270		270	90.62
4	J. McCourt	M		Single	165	165.3		270		270	87.29
Men Single 181 Open Bench Only											
1	Dan Lass	M		Single	181	181.8		402.3		402.3	122.26
2	J. Casio	M		Single	181	181.8		396.8		396.8	120.58
3	R. Phillips	M		Single	181	181.8		325.1		325.1	98.81
4	J. Brown	M		Single	181	181.8		319.6		319.6	97.14
5	J. Reynolds	M		Single	181	181.8		314.1		314.1	95.46
6	S. Taylor	M		Single	181	181.8		303.1		303.1	92.11
7	C. Moon	M		Single	181	181.8		303.1		303.1	92.11
Men Single 198 Open Bench Only											
1	Dave Jeffrey	M		Single	198	198.4		451.9		451.9	130.87
2	D. Meadows	M		Single	198	198.4		402.3		402.3	116.51
3	M. Walker #7	M		Single	198	198.4		396.8		396.8	114.91
4	Ronnie Harbert	M		Single	198	198.4		385.8		385.8	111.72
5	R. Perkins	M		Single	198	198.4		303.1		303.1	87.78
Men Single 220 Open Bench Only											
1	Bob Taylor	M	34~	Single	220	220.4		435.4		435.4	120.20
2	Ross Smith	M		Single	220	220.4		407.8		407.8	112.59
3	J. Russell	M		Single	220	220.4		385.8		385.8	106.50
4	R. Adkins	M		Single	220	220.4		297.6		297.6	82.16
Men Single 242 Open Bench Only											
1	Steve Hamilton	M		Single	242	242.5		485		485	129.47
2	K. Breece	M		Single	242	242.5		385.8		385.8	102.99
3	Mike Nidy	M		Single	242	242.5		380.3		380.3	101.52
Men Single 275 Open Bench Only											
1	D. Watson	M		Single	275	275.5		451.9		451.9	116.82
2	J. Shuck	M		Single	275	275.5		446.4		446.4	115.39
3	John Martin #10	M		Single	275	275.5		341.7		341.7	88.33
4	Wayne Lilly	M		Single	275	275.5		319.6		319.6	82.63
Men Single 275+ Open Bench Only											
1	Troy McNett	M		Single	275+			501.5		501.5	
2	P. Daugherty	M		Single	275+			485		485	
3	B. Hite	M		Single	275+			440.9		440.9	
4	Moose Ahmed	M		Single	275+			402.3		402.3	
Men Single 148 Teen Bench Only											
9	D. McCallister	M		Single	148	148.8		170.8		170.8	59.75
Men Single 198 Teen Bench Only											

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1	Ronnie Harbert	M		Single	198	198.4		385.8		385.8	111.72
Men Single Teen Bench Only											
2	Brian Kessler	M		Single		172		336.2		336.2	105.80
3	Stewart Carlisle	M	16~	Single		211		352.7		352.7	99.19
3	Andy Meadows	M	15	Single				330.7		330.7	
4	J. Hinzman	M		Single		189		314.1		314.1	93.36
5	T. Johnston	M		Single		158		264.5		264.5	88.34
6	C. McIntyre	M		Single		157		270		270	90.62
7	E. Arthur	M		Single		172		275.5		275.5	86.72
8	B. Smith	M		Single		176		242.5		242.5	75.20