

USPF California Fire Olympic Powerlifting and Benchpress Championship  
 July 18, 2001  
 San Diego, CA

NAME	Squat	Bench	Deadlift	Total
<b>Open Women PL</b>				
Tammy Burgess	203.75	137.75	253.50	595.00
<b>148 Open</b>				
Bill Noda	297.50	214.75	363.75	876.00
<b>165 Open Men</b>				
Travis Winton	407.00	270.00	407.00	1084.00
<b>165 Master 45-49</b>				
George Carbajal	424.25	214.75	429.00	1068.00
<b>181 Open Men</b>				
Ryan Winton	440.75	264.50	440.75	1146.00
<b>198 Open Men</b>				
Mike Snow	496.00	303.00	501.50	1300.50
Darrin Ike	413.25	325.00	473.75	1212.00
Steve Canchola	462.75	225.75	512.50	1201.00
<b>198 Master 45-49</b>				
Mike Swenson	496.00	303.00	512.50	1311.50
<b>242 Master 50-54</b>				
Steve Waggoner	369.25	341.50	352.50	1063.25
<b>Bench Only</b>				
<b>165 Open</b>				
David Marques		319.50		319.50
<b>181 Open Men</b>				
Paul Sawai		314.00		314.00
<b>198 Open Men</b>				
Paul Miller		347.00		347.00
<b>198 Master 50-54</b>				
Edward Zine		308.50		308.50
<b>242 Master 45-49</b>				
Jim Nichols		192.75		192.75
<b>242 Master 50-54</b>				
Steve Waggoner		341.50		341.50
<b>275 Open Men</b>				
John Heilmann		374.75		374.75
<b>275 Master 50-54</b>				
Dean Carriger		385.75		385.75

**Best Lifter Awards:**

Powerlifting Best Lifter: Mike Swenson

Benchpress Best Lifter: Dean Carriger

The USPF California Fire Olympic Powerlifting and Benchpress meet was held in San Diego under the direction of Mark Navarro, San Diego City Fireman. We had three fine referees to help expedite the meet. Don and Fran Haley along with Bill Ennis. All three are International referees. We appreciate their help. Mark Navarro also helped with spotting and loading during the entire meet. Steve Denison did the announcing for the meet. Steve also brought the kilo weights, electric squat racks, the platform, and the scoreboard.  
 A big thanks to all the volunteers who helped make the meet a success. Results Mark Navarro and Steve Denison