

USPF Central California
 Modesto, CA Nov 21, 2004

Place	Record	NAME	DIVISION	WT Class	Bdy Wght	Age	SQUAT	BENCH	DEAD	TOTAL	
		Powerlifting									
		Women									
		165									
1		Norma Choiniere	Open Women	165	154.00	43	242.50	159.50	275.50	677.50	
		Men									
		165									
1		Leslie Nelson	Novice Men	165	161.25	25	253.50	203.75	380.25	837.50	
DQ		Chris Clements	Novice Men	165	154.00	26	-253.50			DQ	
		242									
1		Mike West	Novice Men	242	221.00	29	501.50	391.25	501.50	1394.25	Best Novice
		275									
1		Rick White	Open Men	275	252.00	22	589.50	440.75	573.00	1603.25	Best Open
1		Ricardo Costa	Novice Men	275	245.00	28	435.25	451.75	501.50	1388.50	
		Master Men 40-49 Formula									
1	SR	Keith Kanemoto	Master 45-49	198	195.75	45	672.25	451.75	534.50	1658.50	
2	SR	Bryan Uyeoka	Master 45-49	148	147.00	48	402.25	286.50	473.75	1162.50	
3		Mike Koufos	Master 40-44	198	195.00	44	407.00	264.50	462.75	1134.25	
		Master Men 50-59 Formula									
1	SR	Bradley King	Master 50-54	220	217.50	52	650.25	413.25	639.25	1702.75	Best Master
		Master Men 60-69 Formula									
1	SR	Shane O'Neill	Master 60-64	198	188.00	62	457.25	308.50	479.50	1245.25	

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Place	Record	NAME	DIVISION	WT Class	Bdy Wght	Age				
		Bench only								
		Women						BENCH	Total	
1	SR/AR	Marlene Dodson	Open Women	123	116.00	52		143.25	143.25	
1	SR/AR	Kelly Womack	Open Women	181	178.00	20		270.00	270.00	Best female
1		Nicki I'anson	Open Women	198	188.00	38		137.75	137.75	
		123								
1	SR	Kevin Luu	Open Men	123	118.75	19		165.25	165.25	
		181								
DQ		Glenmar Enriquez	Novice Men	181	178.00	20		-209.25	DQ	
		198								
1		Mason Molletta	Novice Men	198	182.75	16		264.50	264.50	
1		Todd Robinson	Open Men	198	194.00	48		341.50	341.50	
		220								
1		Adam Contreras	Novice Men	220	205.00	17		242.50	242.50	
1	SR	Luis Castillo	Open Men	220	217.00	20		413.25	413.25	
								4th-418.75		
2		Matt Marriott	Open Men	220	201.75	24		385.75	385.75	
3		Robert Gloria	Open Men	220	203.00	30		242.50	242.50	
		242								
1		Mike West	Open Men	242	221.00	29		391.25	391.25	
		275								
1		Jose Rivas	Novice Men	275	268.00	18		391.25	391.25	
1	SR/AR	Mike Womack	Open Men	275	268.00	23		551.00	551.00	Best Open
2		Mike Lutz	Open Men	275	259.00	46		507.00	507.00	
								4th-512.50		
3		Len Webb	Open Men	275	255.00	33		501.50	501.50	
4		Rick White	Open Men	275	252.00	22		440.75	440.75	
		308								
1		Matthew Carter	Novice Men	308	292.00	40		341.50	341.50	
		308+								
1		Leo Contreras	Novice Men	308+	335.00	51		418.75	418.75	Best Novice
		Master Men 40-49 Formula								
1	SR/AR	Mike Lutz	Master 45-49	275	259.00	46		507.00	507.00	
								4th-512.50		
2		Clinton Sims	Master 45-49	242	231.00	48		462.75	462.75	
3		Jeff Hunter	Master 40-44	220	209.00	44		407.00	407.00	
4		Todd Robinson	Master 45-49	198	194.00	48		341.50	341.50	
		Master Men 50-59 Formula								
1	SR/AR	Frank Beeler	Master 50-54	308+	317.00	51		600.75	600.75	Best Master
2		Leo Contreras	Master 50-54	308+	335.00	51		418.75	418.75	
3	SR/AR	Steve Tamerius	Master 55-59	148	143.50	55		225.75	225.75	
4		Roland Stevens	Master 55-59	242	231.00	57		259.00	259.00	
DQ		Dave Cummerow	Master 55-59	198	196.00	56		-352.50	-352.50	
		Master Men 60-69 Formula								
1	SR/AR	Larry Maggard	Master 60-64	275	266.00	60		424.25	424.25	
								4th-429		

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Place	Record	NAME	DIVISION	WT Class	Bdy Wght	Age			DEAD	TOTAL	
		Deadlift only									
		Women									
1		Angela Foster	Open Women	181	181.50	24			308.50	308.50	
		275									
1	SR	Rick White	Open Men	275	252.00	22			573.00	573.00	
		308									
1	SR/AR	Matthew Carter	Novice Men	308	292.00	40			501.50	501.50	
		Master Men 40-49 Formula									
1	SR/AR	Clinton Sims	Master 45-49	242	231.00	48			650.25	650.25	Best Deadlift
		SR=State Record, AR=American Record									
		State Powerlifting Records set:									
		Bryan Uyeoka, 148 Master 45-49, 402 squat, 286 bench, 1162 total									
		Keith Kanemoto, 198 Master 45-49, 451 bench									
		Bradley King, 220 Master 50-54, 650 squat, 639 deadlift, 1703 total									
		Shane O'Neill, 198 Master 60-64, 457 squat, 1245 total									
		State Single Lift Bench records set:									
		Marlene Dodson, 123 Master Women 50-54, 143 bench									
		Kelly Womack, 181 Junior Women 20-23, 270 bench									
		Kevin Luu, 123 Junior Men 18-19, 165 bench									
		Luis Castillo, 220 Junior 20-23, 418 bench									
		Mike Womack, 275 Junior 20-23, 551 bench									
		Mike Lutz, 275 Master 45-49, 512 bench									
		Frank Beeler, 308+ Master 50-54, 600 bench									
		Frank Beeler, 308+ Open, 600 bench									
		Steve Tamerius, 148 Master 55-59, 225 bench									
		Larry Maggard, 275 Master 60-64, 429 bench									
		State Single Lift Deadlift records set:									
		Rick White, 275 Junior 20-23, 573 deadlift									
		Matthew Carter, 308 Master 40-44, 501 deadlift									
		Clinton Sims, 242 Master 45-49, 650 deadlift									
		American Single Lift Bench records set:									
		Marlene Dodson, 123 Master Women 50-54, 143 bench									
		Kelly Womack, 181 Junior Women 20-23, 270 bench									
		Mike Womack, 275 Junior 20-23, 551 bench									
		Mike Lutz, 275 Master 45-49, 512 bench									
		Frank Beeler, 308+ Master 50-54, 600 bench									
		Steve Tamerius, 148 Master 55-59, 225 bench									
		Larry Maggard, 275 Master 60-64, 429 bench									
		American Single Lift Deadlift records set:									
		Matthew Carter, 308 Master 40-44, 501 deadlift									
		Clinton Sims, 242 Master 45-49, 650 deadlift									

