

USPF West Coast Benchpress and Deadlift, Los Alamitos, CA Feb 7th, 2004

Place	NAME	WT Class	Bdy Wght	Age	BP1	BP2	BP3	Best Bench Kilos	Best Bench Pounds			
	Bench Only											
	Open Women											
1	Kandie Van Affelen	123	120.00	41	30.00	35.00	40.00	40.00	88.00	State Rec 40-44		
1	Mari Asp	148	145.50	28	112.50	122.50	125.00	125.00	275.50	American/State Rec		
	18-19 Teen Men											
1	Larry Treybig	165	163.50	18	107.50	115.00	-120.00	115.00	253.50			
	148 Open Men											
1	Narbe Mansourian	148	144.00	27	165.00	-170.00	-170.00	165.00	363.75	RAW		
	181 Open Men											
DQ	Doug Van Affelen	181	171.00	41	-185.00	-185.00	-185.00	O	O			
	198 Open Men											
1	Mark Lambert	198	183.00	30	102.50	-125.00	155.00	155.00	341.50			
2	Keith Mannies	198	195.50	31	145.00	150.00	155.00	155.00	341.50			
3	John Dorsten	198	198.00	34	125.00	142.40	152.50	152.50	336.00			
	220 Open Men											
1	Michael Green	220	215.00	32	210.00	217.50	222.50	222.50	490.50	RAW		
2	Corey Dexter	220	210.50	30	200.00	212.50	217.50	217.50	479.50			
3	Alex Vargas	220	217.00	31	160.00	175.00	185.00	185.00	407.00			
	242 Open Men											
1	Rick White	242	242.50	21	182.50	200.00	-227.50	200.00	440.75	State Rec Jr 20-23		
	275 Open Men											
1	Scott Hoekstra	275	256.50	37	247.50	255.00	262.50	262.50	578.50	Am rec, State Rec		
2	Filiberto Toledano	275	254.50	27	130.00	140.00	145.00	145.00	319.50			
3	William McCaslin	275	274.00	29	132.50	140.00	145.00	145.00	319.50			
	308 Open Men											
DQ	Paul Leonard	308	293.50	35	-155.00	-155.00	-155.00	O	O			
	Master Men 40-44											
1	Vince Tanabe	148	145.00	41	115.00	120.00	122.50	122.50	270.00			
DQ	Doug Van Affelen	181	171.00	41	-185.00	-185.00	-185.00	O	O			
	Master Men 45-49											
1	Bob Byrne	181	181.00	46	110.00	122.50	135.00	135.00	297.50			
injured	Charles Ortega	181	175.00	49	-147.50			O	O			
1	Mark Straley	220	212.50	45	-147.50	147.50	-162.50	147.50	325.00			
1	Steve Williams	242	241.50	45	197.50	-207.50	207.50	207.50	457.25			
1	Steve Belanger	275	261.50	46	150.00	155.00	-160.00	155.00	341.50			
	Master Men 50-54											
1	Dean Carriger	308	278.50	53	160.00	170.00	182.50	182.50	402.25			
	Master Men 60-64											
1	Rudy Lozano	181	180.00	64	-125.00	155.00	-167.50	155.00	341.50	State Record Tied American rec		

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	NAME	WT Class	Bdy Wght	Age	DL1	DL2	DL3	Best Deadlift Kilos	Best Deadlift Pounds			
	Deadlift Only											
	18-19 Teen Men											
1	Larry Treybig	165	163.50	18	-182.50	185.00	187.50	187.50	413.25			
	13-15 Teen Men											
1	Jeff Belanger	198	183.50	15	142.50	150.00	160.00	160.00	352.50			
	198 Open Men											
1	John Dorsten	198	198.00	34	187.50	240.00	272.50	272.50	600.75			
2	Keith Mannies	198	195.50	31	217.50	230.00	-232.50	230.00	507.00			
	242 Open Men											
1	Rick White	242	242.50	21	230.00	-247.50	247.50	247.50	545.50	State Record		
	275 Open Men									Tied American rec		
1	Filiberto Toledano	275	254.50	27	207.50	232.50	247.50	247.50	545.50			
2	William McCaslin	275	274.00	29	215.00	227.50	-230.00	227.50	501.50			
	308 Open Men											
1	Paul Leonard	308	293.50	35	290.00	300.00	pass	300.00	661.25	State Record		
	Master Men 40-44									Am rec Open/Sub		
1	Vince Tanabe	148	145.00	41	227.50	-237.50	-237.50	227.50	501.50	State Record		
	Master 45-49									Am Rec Master		
1	Bob Byrne	181	181.00	46	160.00	182.50	-192.50	182.50	402.25			
	Master 45-49											
1	Mark Straley	220	215.50	45	220.00	-235.00	-235.00	220.00	485.00			
1	Ray Mansfield	275	252.00	45	237.50	-260.00	-260.00	237.50	523.50			
2	Steve Belanger	275	261.50	46	207.50	220.00	227.50	227.50	501.50			
	Master 55-59											
1	Bill Ennis	181	181.50	58	200.00	207.50	215.00	215.00	473.75	Am Rec Master		
	Master 75-79											
1	Flarry Marangio	220	217.00	75	137.50	-160.00	-160.00	137.50	303.00	State Rec Master		
										Am Rec Master		

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1st place Team--Orange County Strength Club from the Chronic Gym of Fountain Valley: Kandie Van Affelen, John Dorsten, Mark Straley, and Bill Ennis.												
2nd place Team--Iron Sharks of Ontario with team members: Flarry Marangio, Ray Mansfield, Bob Byrne, and William McCaslin.												
State Single Lift Bench Records set:												
Mari Asp, 148 Open Women, 275 lbs												
Kandie Van Affelen, 123 Master Women 40-44, 88 lbs												
Rick White, 242 Junior men 20-23, 440 lbs												
Scott Hoekstra, 275 Open and Submaster, 578 lbs												
Rudy Lozano, 181 Master men 60-64, 341 lbs												
State Single Lift Deadlift Records set:												
Rick White, 242 Junior men 20-23, 545 lbs												
Paul Leonard, 308 submaster men 35-39, 661 lbs												
Vince Tanabe, 148 Master men 40-44, 501 lbs												
Flarry Marangio, 220 Master men 75-79, 303 lbs												
American Single Lift Bench Records set:												
Mari Asp, 148 Open Women, 275 lbs												
Scott Hoekstra, 275 Submaster 35-39, 578 lbs												
American Single Lift Deadlift Records set:												
Paul Leonard, 308 Open and Submaster men, 661 lbs												
Vince Tanabe, 148 Master men 40-44, 501 lbs												
Bill Ennis, 181 Master men 55-59, 473 lbs												
Flarry Marangio, Master men 75-79, 303 lbs												
Thanks to all of our valuable help at the meet.												
Don Haley, International referee												
Fran Haley, International referee												
Gordon Santee, International referee												
Bill Ennis, International referee												
Jim Merlino, National referee												
Vince Moser, National referee												
Lance Slaughter, National referee, timekeeper & bar-load program												
Kevin Meskew, National referee												
Steve Denison, National referee, meet director												
Gretchen Buerki, National referee												
Chuck LaMantia, National referee, announcer												
Kellie LaMantia, State referee, score table												
Manny Sanchez, co-meet director												
Laurie Fowler, score table computer input												
Kevin Nunez, expeditor												
Mike Elwell, spotter/loader												
Tom Reynolds, spotter/loader												
Dean Carriger, spotter/loader												
I also want to mention that we had two competitors that competed Raw in the benchpress with no bench shirt. Narbe Mansourian took the Gold with a 363 lb Raw bench in the 148 open men and Michael Green took the Gold in the 220 open men.												
Two former World Champions were in attendance at the meet: Dave Shaw and Terry McCormick. Both will be inducted into the Calif Powerlifting Hall of Fame at the State Powerlifting meet on March 27th.												
Thanks to our Sponsors:												
Inzer Advance Designs, John Inzer												
BFC, Chuck LaMantia, Disc Jockey												
Chronic Gym, Manny Sanchez												
Calif Army National Guard												
House of Pain Iron Wear												
XS Energy Drink, Garnett Sailor												
Crain's Muscle World												
American Eagle Gym												