

USPF Venice Beach Push-Pull
Venice, CA August 6, 2005

Record	Place	NAME	DIVISION	WT Class	Bdy Wght	Age	Best Bench	Best Deadlift	Total
		Bench & Deadlift combined total							
		Open Women							
	1	Sabra Lucchesi	Open Women	123	121.00	49	203.93	270.06	473.99
	1	Monica Sparango	Open Women	148	148.00	42	132.28	264.55	396.83
		Junior Women							
SR/AR	1	Kate Radon	Junior 19-23	198+	267.50	23	242.51	330.69	573.20
		Master Women 40-49 formula							
AR	1	Sabra Lucchesi	Master 40-49	123	121.00	49	203.93	270.06	473.99
	2	Monica Sparango	Master 40-49	148	148.00	42	132.28	264.55	396.83
SR/AR	3	Monica Silva	Master 40-49	148	146.00	41	115.74	270.06	385.81
		Master Women 50-59 formula							
SR/AR	1	Karen Polansky	Master 50-59	198	195.50	58	181.88	363.76	545.64
SR/AR	2	Gretchen Slover	Master 50-59	181	180.00	51	104.72	231.48	336.20
		Junior Men 13-15 formula							
	1	Joseph Gordon	Junior 13-15	181	179.00	15	181.88	374.78	556.66
SR	2	Raymond Garcia	Junior 13-15	220	203.50	15	198.41	391.32	589.73
	3	Sean Southard	Junior 13-15	220	206.00	15	115.74	248.02	363.76
		Junior Men 19-23 formula							
AR	1	Kaleb Sanderson	Junior 19-23	181	176.50	20	330.69	584.22	914.91
	2	Derek Avila	Junior 19-23	165	165.00	19	165.35	308.64	473.99
	DQ	Noah Bryant	Junior 19-23	308	285.50	21	451.94	-529.10	
		148							
	1	Vince Tanabe	Open Men	148	146.00	42	231.48	501.55	733.03
		165							
	1	Ricardo Robles	Open Men	165	162.50	33	253.53	518.08	771.61
		181							
	1	Kaleb Sanderson	Open Men	181	176.50	20	330.69	584.22	914.91
	2	Leon Sparango	Open Men	181	174.00	32	330.69	446.43	777.12
	3	Rolando Robles	Open Men	181	173.50	26	270.06	446.43	716.50
		198							
	1	Jody Woods	Open Men	198	195.50	47	418.87	617.29	1036.16

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Record	Place	NAME	DIVISION	WT Class	Bdy Wght	Age	Best Bench	Best Deadlift	Total
		220							
	1	Shaun Myers	Open Men	220	214.00	30	352.74	496.04	848.77
		242							
	1	Andrew Acevedo	Open Men	242	233.50	26	473.99	479.50	953.49
	2	Barrett Marum	Open Men	242	232.50	27	374.78	540.13	914.91
	3	Quinn Doudera	Open Men	242	225.50	30	314.16	562.17	876.33
	4	Joe Dentice	Open Men	242	235.50	46	369.27	485.01	854.28
		275							
AR	1	Patrick Holloway	Open Men	275	270.50	38	540.13	710.98	1251.11
	2	Ron Perkins	Open Men	275	272.00	47	529.10	705.47	1234.58
	3	Mark Bell	Open Men	275	262.50	28	562.17	617.29	1179.46
	4	Brad Bartos	Open Men	275	252.50	34	424.39	551.15	975.54
	5	Patrick Collard	Open Men	275	273.00	38	518.08	374.78	892.86
		308							
SR/AR	1	Scott Cartwright	Open Men	308	304.00	35	622.80	661.38	1284.18
SR	2	Paul Abbott	Open Men	308	293.50	31	501.55	739.64	1241.19
	3	Brian Meek	Open Men	308	282.50	59	473.99	551.15	1025.14
	4	Jonas Johnsen	Open Men	308	294.00	32	253.53	507.06	760.59
	DQ	Jerry Pritchett	Open Men	308	280.00	24	473.99	-755.08	
		Master Men 40-49 Formula							
SR/AR	1	Ron Perkins	Master 40-49	275	272.00	47	529.10	705.47	1234.58
SR/AR	2	Jody Woods	Master 40-49	198	195.50	47	418.87	617.29	1036.16
							4th-442	4th-628	
	3	Joe Dentice	Master 40-49	242	235.50	46	369.27	485.01	854.28
	4	Jonathan Dean	Master 40-49	220	208.50	41	236.99	462.97	699.96
		Master Men 50-59 Formula							
	1	Brian Meek	Master 50-59	308	282.50	59	473.99	551.15	1025.14
	2	Kenny Croxdale	Master 50-59	220	204.50	56	380.29	562.17	942.47
		Master Men 60+ Formula							
SR/AR	1	Rudy Lozano	Master 60+	198	186.50	66	369.27	440.92	810.19
SR=State Record, AR=American Record									

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State Single Lift Bench Records set:			
Kate Radon, 198+ Junior 20-23, 242 bench			
Karen Polansky, 198 Master 55-59, 181 bench			
Gretchen Slover, 181 Master 50-54, 104 bench			
Scott Cartwright, 308 Submaster 35-39, 622 bench			
Ron Perkins, 275 Master 45-49, 529 bench			
Jody Woods, 198 Master 45-49, 442 bench			
Rudy Lozano, 198 Master 65-69, 369 bench			
State Single Lift Deadlift Records set:			
Monica Silva, 148 Master 40-44, 270 deadlift			
Kate Radon, 198+ Junior 20-23, 330 deadlift			
Karen Polansky, 198 Master 55-59, 363 deadlift			
Gretchen Slover, 181 Master 50-54, 231 deadlift			
Raymond Garcia, 220 Junior 13-15, 391 deadlift			
Paul Abbott, 308 Open, 739 deadlift			
Ron Perkins, 275 Master 45-49, 705 deadlift			
Jody Woods, 198 Master 45-49, 628 deadlift			
Rudy Lozano, 198 Master 65-69, 440 deadlift			
American Single Lift Bench Records set:			
Sabra Lucchesi, 123 Master 45-49, 203 bench			
Karen Polansky, 198 Master 55-59, 181 bench			
Kate Radon, 198+ Junior 20-23, 242 bench			
Scott Cartwright, 308 Submaster 35-39, 622 bench			
Ron Perkins, 275 Master 45-49, 529 bench			
Rudy Lozano, 198 Master 65-69, 369 bench			
American Single Lift Deadlift Records set:			
Kate Radon, 198+ Junior 20-23, 330 deadlift			
Monica Silva, 148 Master 40-44, 270 deadlift			
Karen Polansky, 198 Master 55-59, 363 deadlift			
Gretchen Slover, 181 Master 50-54, 231 deadlift			
Kaleb Sanderson, 181 Junior 20-23, 584 deadlift			
Patrick Holloway, 275 Submaster 35-39, 710 deadlift			
Rudy Lozano, 198 Master 65-69, 440 deadlift			
Jody Woods, 198 Master 45-49, 628 deadlift			
Thanks to all of our valuable help at the meet.			
Scott Layman, State Referee			
Chuck LaMantia, National Referee, Announcer			
Jack Hughes, International Referee			
Jim Merlino, National referee			
Kevin Meskew, National Referee			
Steve Denison, National Referee			
Gary Ridgeway, National Referee			
David Foster, State Referee			
Bill Ennis, International Referee			
Spotter/Loaders:			
Venice Beach Staff			