

USPF Koloseum Bench and Deadlift  
July 2, 2005 Fullerton, CA

Record	Place	NAME	DIVISION	WT Class	Bdy Wght	Age	Best Bench		
		<b>Bench Only</b>							
		<b>Women</b>							
	1	Barbara Fletcher	Open Women	114	109.00	26	154.32		
SR/AR	1	Mari Asp	Open Women	165	158.50	30	341.71	Best Lifter-Women	
SR	1	Monica Sparango	M40-44	148	148.50	42	132.28		
		<b>13-15 Junior Men</b>							
	DQ	Drew Horine	Junior 13-15	198	184.00	15	-214.95		
		<b>16-17 Junior Men</b>							
SR	1	Jonathan Hoffman	Junior 16-17	220	211.50	17	358.25		
	DQ	Peter Goodman	Junior 16-17	181	178.00	17	-248.02		
		<b>18-19 Junior Men</b>							
	1	Nathan Wright	Junior 18-19	308	298.00	19	347.22		
		<b>165 Open Men</b>							
	1	Arya Saffaie	Open Men	165	162.00	22	347.22		
	2	Tony Lopez	Open Men	165	165.25	20	264.55		
		<b>181 Open Men</b>							
	1	Steven Ward	Open Men	181	176.00	43	418.87		
	2	Omar Ochoa	Open Men	181	175.50	34	407.85		
	3	Michael Saffaie	Open Men	181	181.00	26	402.34		
	4	Leon Sparango	Open Men	181	172.50	32	308.64		
		<b>198 Open Men</b>							
	1	Jose Hernandez	Open Men	198	196.50	37	358.25		
		<b>242 Open Men</b>							
	1	Brad Bartos	Open Men	242	239.50	34	424.39		
	2	Quinton Doudera	Open Men	242	234.50	30	314.16		
		<b>275 Open Men</b>							
SR/AR	1	Scott Hoekstra	Open Men	275	259.00	38	611.78	Best Lifter-Men	
SR/AR	2	Dan Varela	Open Men	275	261.00	56	540.13		
	3	Braid DeWeese	Open Men	275	268.50	33	396.83		
	4	Patrick Connell	Open Men	275	245.50	23	314.16		
		<b>308 Open Men</b>							
	1	David Marr	Open Men	308	285.00	38	490.52		
	2	Paul Abbot	Open Men	308	279.50	31	424.39		
		<b>SHW Open Men</b>							
	1	Art Ramsey	Open Men	SHW	355.00	45	523.59		
	DQ	Antoni Patalano	Open Men	SHW	314.00	27	-363.76		
		<b>Master Men 40-49 by formula</b>							
SR/AR	1	Dan Smith	Master 45-49	308	299.50	47	501.55		
SR	2	Art Ramsey	Master 45-49	SHW	355.00	45	523.59		
	3	Ken Booth	Master 45-49	242	229.50	48	374.78		
		<b>Master Men 50-59</b>							
	1	Doug Knapp	Master 55-59	275	269.00	58	336.20		
		<b>Master Men 60-69</b>							
SR/AR	1	Daniel Smith III	Master 60-64	242	234.00	61	413.36		
		<b>Master Men 70-79</b>							
SR	1	Jim Andres	Master 70-74	148	140.50	70	176.37		

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		<b>Deadlift Only</b>							
		<b>Women</b>							
	1	Barbara Fletcher	Open Women	114	109.00	26	209.44		
	1	Mari Asp	Open Women	165	158.50	30	347.22	Best Lifter-Women	
SR/AR	1	Monica Sparango	Master 40-44	148	148.50	42	259.04		
		<b>13-15 Junior Men</b>							
SR	1	Drew Horine	Junior 13-15	198	184.00	15	385.81		
		<b>16-17 Teen Men</b>							
SR/AR	1	Jonathan Hoffman	Junior Men	220	211.50	17	407.85		
	2	Peter Goodman	Junior Men	181	178.00	17	303.13		
		<b>18-19 Teen Men</b>							
SR/AR	1	Nathan Wright	Junior Men	308	298.00	19	473.99		
		<b>181 Open Men</b>							
	1	Leon Sparango	Open Men	181	172.50	32	440.92		
		<b>220 Open Men</b>							
	1	James Coats	Open Men	220	200.00	23	485.01		
		<b>242 Open Men</b>							
	1	Quinn Doudera	Open Men	242	234.50	30	617.29		
	2	Brad Bartos	Open Men	242	239.50	34	518.08		
		<b>275 Open Men</b>							
	1	Steve Denison	Open Men	275	259.50	43	650.36		
	2	Patrick Connell	Open Men	275	245.50	23	578.71		
	3	Braid DeWeese	Open Men	275	268.50	33	556.66		
	4	Oscar Urbina	Open Men	275	256.00	30	440.92		
		<b>308 Open Men</b>							
	1	Paul Abbott	Open Men	308	279.50	31	699.96	Best Lifter-Men	
		<b>Master Men 40-49</b>							
	1	Ken Booth	Master 45-49	242	229.50	48	567.68		
	2	Mike Tronske	Master 40-44	220	214.00	41	479.50		
		<b>Master 50-59</b>							
	1	Brian Mayock	Master 55-59	198	191.50	55	429.90		
		<b>Master 60-69</b>							
	1	Larry Manly	Master 65-69	198	193.50	68	336.20		
		<b>SR=State Records AR=American Records</b>							

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	<b>State Single Lift Bench Records set:</b>		
	Mari Asp, 165 Open Women, 341 bench		
	Monica Sparango, 148 Master 40-44, 132 bench		
	Jonathan Hoffman, 220 Junior 16-17, 358 bench		
	Scott Hoekstra, 275 Submaster 35-39, 611 bench		
	Dan Varela, 275 Master 55-59, 540 bench		
	Art Ramsey, SHW Master 45-49, 523 bench		
	Dan Smith, 308 Master 45-49, 501 bench		
	Daniel Smith III, 242 Master 60-64, 413 bench		
	Jim Andres, 148 Master 70-74, 176 bench		
	<b>State Single Lift Deadlift Records set:</b>		
	Monica Sparango, 148 Master 40-44, 259 deadlift		
	Drew Horine, 198 Junior 13-15, 385 deadlift		
	Jonathan Hoffman, 220 Junior 16-17, 407 deadlift		
	Nathan Wright, 308 Junior 18-19, 474 deadlift		
	<b>American Single Lift Bench Records set:</b>		
	Mari Asp, 165 Open Women, 341 bench		
	Scott Hoekstra, 275 Submaster 35-39, 611 bench		
	Dan Smith, 308 Master 45-49, 501 bench		
	Dan Varela, 275 Master 55-59, 540 bench		
	Daniel Smith III, 242 Master 60-64, 413 bench		
	<b>American Single Lift Deadlift Records set:</b>		
	Monica Sparango, 148 Master 40-44, 259 deadlift		
	Jonathan Hoffman, 220 Junior 16-17, 407 deadlift		
	Nathan Wright, 308 Junior 18-19, 474 deadlift		
	<b>Thanks to all of our valuable help at the meet.</b>		
	Milos Sarcev, Promoter		
	Steve Denison, Meet director, National referee		
	Don Haley, International referee		
	Jim Merlino, National referee		
	Kevin Meskew, National referee		
	David Foster, State referee		
	Koloseum Gym staff for spotting and loading		