

USPF Super Bench and Deadlift Sunday, January 28, 2007
Chatsworth, CA

NAME	WT Class	Bdy Wght	Age	Best Bench kgs	Best Bench LBS
Bench Only					
Open Women					
C LaMantia	148	139.00	14	32.50	72
T Merkelbach	SHW	203.00	21	57.50	126
Open Men					
C LaMantia (Guest)	114	103.50	10	25.00	55
C Marciales	181	174.00	29	75.00	165
A Fregoso	198	187.00	29	105.00	231
M Tronske	242	223.00	43	197.50	435
K Tawzer	242	230.50	55	147.50	325
R Ryan	242	229.50	29	142.50	314
Master 40-44					
M Tronske	242	223.00	43	197.50	435
Master 45-49					
M Brown	220	205.00	46	130.00	286
Master 50-54					
S Brown	308	292.50	53	232.50	512
Master 55-59					
K Tawzer	242	230.50	55	147.50	325
Master 70-74					
F Irons	198	196.00	71	122.50	270
Junior Men 20-23 Wilks Formula					
O Roussell	SHW	367.00	21	197.50	435
G Butler	220	214.00	22	172.50	380
L Guisinger	181	180.00	21	137.50	303
K Dougherty	198	195.00	22	112.50	248
242 Submaster Men					
J Decker	198	196.00	36	147.50	325
Police/Fire					
K Tawzer	242	230.50	55	147.50	325
BEST LIFTERS	Mike Tronske, Open				
	Steve Brown, Master				
	O'Niell Roussell, Junior				

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Deadlift Only	WT Class	Body Weight	Age	Best DL Kgs	Best DL LBS
Open Women					
C LaMantia	148	139.00	14	85.00	187
T Merkelbach					
	SHW	203.00	21	107.50	236
W SubMaster					
P Loera	105	105.00	35	102.50	225
Open Men					
C LaMantia (Guest)	114	103.50	10	65.00	143
F Astilla					
	165	161.50	29	172.50	380
C Marciales					
	181	174.00	29	182.50	402
R Lewis					
	220	217.50	29	310.00	683
J Grau					
	242	236.00	29	300.00	661
K Tawzer					
	242	230.50	55	137.50	303
R Ryan					
	242	229.50	29		O
Master 40-44					
M Tronske	242	223.00	43	250.00	551
Master 45-49					
M Brown	220	205.00	46	200.00	440
Master 50-54					
K Meskew	123	122.00	51	150.00	330
Master 55-59					
K Tawzer	242	230.50	55	137.50	303
Master 70-74					
F Irons	198	196.00	71	175.00	385
Junior Men 20-23 Wilks formula					
J Thomson	220	218.00	21	275.00	606
O Roussell	SHW	367.00	21	250.00	551
K Dougherty	198	195.00	22	182.50	402
198 Submaster Men					
J Decker	198	196.00	36	205.00	451
Police/Fire					
K Tawzer	242	230.50	55	137.50	303
BEST LIFTERS					
	Ryan Lewis, Open				
	Floyd Irons, Master				
	James Thomson, Junior				
State Bench records set:					
Steven Brown					
American Bench records set:					
Steven Brown					
State Deadlift records set:					
Patricia Loera, Kevin Meskew, Floyd Irons, James Thomson					
O'Neil Roussell					
American Deadlift records set:					
Patricia Loera, Kevin Meskew, James Thomson					