

USPF California State PL, BP, DL Championship  
 March 29-30, 2008

Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
<b>California State Powerlifting Championship</b>					
<b>148 JR Women 16-17</b>					
1	Sydney Mitchell	187.39	115.74	220.46	523.59
2	Catherine LaMantia	154.32	82.67	231.48	468.48
<b>132 JR Women 18-19</b>					
1	Morgan Hefley	187.39	143.30	286.60	617.29
<b>114 Open Women</b>					
1	Bonnie Aerts	170.86	110.23	220.46	501.55
<b>114 Master Women 45-49</b>					
1	Bonnie Aerts	170.86	110.23	220.46	501.55
<b>198+ Open Women</b>					
1	Nicki l'Anson	358.25	236.99	330.69	925.93
<b>198+ Master Women 40-44</b>					
1	Nicki l'Anson	358.25	236.99	330.69	925.93
<b>198+ Master Women 50-54</b>					
1	Mary Rubcic-Tawzer	154.32	121.25	275.58	551.15
<b>105 Master Women 65-69</b>					
1	Helene Tropp	99.21	99.21	209.44	407.85
<b>148 Junior Men 13-15</b>					
1	Jared Galapia	181.88	154.32	253.53	589.73
<b>181 Junior Men 13-15</b>					
1	Joey Iriberry	225.97	231.48	297.62	755.08
DQ	Adam Hryniewicki	275.58	-187.00		O
<b>242 Junior Men 13-15</b>					
1	Robbie Reed	286.60	176.37	363.76	826.73
<b>165 Junior Men 16-17</b>					
1	Roland Madera Jr	275.58	214.95	363.76	854.28
<b>165 Junior Men 18-19</b>					
DQ	Peyton Seals	275.58	-203.00		O
<b>220 Junior Men 20-23</b>					
1	Nathan Beckmann	407.85	297.62	551.15	1256.62
<b>308+ Junior Men 20-23</b>					
DQ	Anthony Cissell	-650.00			O
<b>123 Open Men</b>					
1	Charles LaMantia	132.28	71.65	176.37	380.29
<b>132 Open Men</b>					
1	Omar Alaqeeli	143.30	121.25	281.09	545.64
<b>165 Open Men</b>					
DQ	Thang Nguyen	-385.00			O

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Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
	<b>181 Open Men</b>				
1	James Simmons	485.01	341.71	512.57	1339.29
	<b>198 Open Men</b>				
1	Eddie Koo	540.13	407.85	650.36	1598.34
2	Brandon Littlefield	512.57	429.90	462.97	1405.43
3	Christopher McKelley	473.99	330.69	551.15	1355.83
4	Anthony Fregoso	270.06	253.53	413.36	936.96
	<b>220 Open Men</b>				
1	Andrew Acevedo	518.08	512.57	562.17	1592.82
2	Lord Elliott	584.22	374.78	589.73	1548.73
3	John Bostick	424.39	363.76	589.73	1377.88
4	Philip Russell	473.99	380.29	462.97	1317.25
5	Torr Olsen	435.41	275.58	440.92	1151.90
6	John Johnson	325.18	374.78	413.36	1113.32
DQ	Gary Hagins	501.55	336.20	-518.00	O
	<b>242 Open Men</b>				
1	Ricardo Costa Jr	501.55	501.55	501.55	1504.64
	<b>275 Open Men</b>				
1	Robert Speno	722.01	523.59	617.29	1862.89
2	Steve Denison	600.75	451.94	650.36	1703.05
	<b>308 Open Men</b>				
1	Alan Aerts	341.71	462.97	562.17	1366.85
	<b>308+ Open Men</b>				
1	Jake Petersen	699.96	451.94	578.71	1730.61
	<b>198 Master Men 40-44</b>				
DQ	Patrick Harranty	-518.00			O
	<b>275 Master Men 40-44</b>				
1	Mark Menslage	628.31	413.36	600.75	1642.43
2	Doug Hester	501.55	451.94	501.55	1455.04
	<b>220 Master Men 45-49</b>				
1	John Johnson	325.18	374.78	413.36	1113.32
2	Michael Brown	336.20	253.53	424.39	1014.12
	<b>275 Master Men 45-49</b>				
1	Steve Denison	600.75	451.94	650.36	1703.05
	<b>132 Master Men 50-54</b>				
1	Kevin Meskew	308.64	194.00	374.78	877.43
	<b>198 Master Men 50-54</b>				
1	Paul Dyer	297.62	214.95	374.78	887.35
	<b>220 Master Men 50-54</b>				
1	Greg Baxter	352.74	363.76	501.55	1218.04
2	Jeremy Neher	281.09	170.86	303.13	755.08
	<b>308 Master Men 50-54</b>				

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Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
1	Alan Aerts	341.71	462.97	562.17	1366.85
	<b>198 Master Men 55-59</b>				
1	Kenny Croxdale	424.39	352.74	479.50	1256.62
2	Lothar Vallot	264.55	209.44	314.16	788.14
	<b>181 Master Men 65-69</b>				
1	Roy Taylor	303.13	165.35	421.08	889.56
	<b>198 Master Men 65-69</b>				
1	Steve Bloom	369.27	281.09	347.22	997.58
	<b>181 Master Men 70-74</b>				
1	Larry Manly	259.04	192.90	281.09	733.03
	<b>220 Master Men 70-74</b>				
1	Pete Wilson	385.81	325.18	143.30	854.28
	<b>165 Master Men 75-79</b>				
DQ	Richard Simon	-264.00			O
<b>California State Benchpress Championship</b>					
	<b>148 JR Women 16-17</b>				
1	Catherine LaMantia		82.67		82.67
	<b>114 Open Women</b>				
1	Bonnie Aerts		110.23		110.23
	<b>114 Master Women 45-49</b>				
1	Bonnie Aerts		110.23		110.23
	<b>165 Junior Men 18-19</b>				
DQ	Peyton Seals		-203.00		O
	<b>181 Junior Men 18-19</b>				
1	Fred Sanchez Jr		325.18		325.18
	<b>308+ Junior Men 20-23</b>				
DQ	Anthony Cissell		-435.00		O
	<b>123 Open Men</b>				
1	Jay Hadden		270.06		270.06
2	Charles LaMantia		71.65		71.65
	<b>132 Open Men</b>				
1	Omar Alaqeeli		121.25		121.25
DQ	Michael Ossola		-253.00		O
	<b>165 Open Men</b>				
1	Rudy Garcia		336.20		336.20
2	Brian Risenhoover		275.58		275.58
DQ	Thang Nguyen		-314.00		O
	<b>181 Open Men</b>				
1	Michael Risenhoover		286.60		286.60

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Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
	<b>220 Open Men</b>				
1	John Johnson		374.78		374.78
	<b>242 Open Men</b>				
1	Dennis Reneau		545.64		545.64
2	David Burke		270.06		270.06
	<b>275 Open Men</b>				
1	Scott Hoekstra		673.51		673.51
2	Steve Denison		451.94		451.94
	<b>308 Open Men</b>				
1	Alfred Galafate		507.06		507.06
2	Alan Aerts		462.97		462.97
	<b>308+ Open Men</b>				
1	Clay Tawzer		418.87		418.87
	<b>132 Master Men 40-44</b>				
DQ	Michael Ossola		-253.00		O
	<b>198 Master Men 40-44</b>				
1	Christopher Smith		358.25		358.25
2	Hoddy Fritz		325.18		325.18
	<b>275 Master Men 40-44</b>				
1	Scott Hoekstra		673.51		673.51
	<b>308 Master Men 40-44</b>				
1	Alfred Galafate		507.06		507.06
2	Fred Sheffield		413.36		413.36
	<b>165 Master Men 45-49</b>				
1	Rick Delacruz		242.51		242.51
	<b>220 Master Men 45-49</b>				
1	John Johnson		374.78		374.78
	<b>275 Master Men 45-49</b>				
1	Steve Denison		451.94		451.94
	<b>308 Master Men 45-49</b>				
1	Dan Smith		446.43		446.43
	<b>242 Master Men 50-54</b>				
1	Steve Denning		319.67		319.67
2	David Burke		270.06		270.06
	<b>275 Master Men 50-54</b>				
1	Chuck LaMantia		391.32		391.32
	<b>308 Master Men 50-54</b>				
1	Alan Aerts		462.97		462.97
	<b>242 Master Men 55-59</b>				
1	Ken Tawzer		369.27		369.27

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Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
	<b>275 Master Men 60-64</b>				
1	Ron Moormeister		374.78		374.78
	<b>308 Master Men 60-64</b>				
1	Doug Knapp		407.85		407.85
DQ	David Mishalof		-303.00		O
	<b>181 Master Men 65-69</b>				
1	Rudy Lozano		369.27		369.27
	<b>181 Master Men 70-74</b>				
1	Larry Manly		192.90		192.90
	<b>165 Master Men 75-79</b>				
1	Richard Simon		231.48		231.48
<b>California State Deadlift Championship</b>					
	<b>148 JR Women 16-17</b>				
1	Catherine LaMantia			231.48	231.48
	<b>132 JR Women 18-19</b>				
1	Morgan Hefley			286.60	286.60
	<b>114 Open Women</b>				
1	Bonnie Aerts			220.46	220.46
	<b>114 Master Women 45-49</b>				
1	Bonnie Aerts			220.46	220.46
	<b>165 Junior Men 16-17</b>				
1	Roland Madera Jr			363.76	363.76
	<b>198 Junior Men 16-17</b>				
1	Cord Andreoff			385.81	385.81
	<b>165 Junior Men 18-19</b>				
1	Jeffrey Belanger			424.39	424.39
2	Peyton Seals			347.22	347.22
	<b>123 Open Men</b>				
1	Charles LaMantia			176.37	176.37
	<b>132 Open Men</b>				
1	Omar Alaqeli			281.09	281.09
	<b>165 Open Men</b>				
1	Francis Astilla			462.97	462.97
2	Thang Nguyen			402.34	402.34
3	Brian Risenhoover			330.69	330.69
	<b>198 Open Men</b>				
1	Eddie Koo			650.36	650.36
2	Caesar Marciales			413.36	413.36
3	Anthony Fregoso			413.36	413.36
	<b>220 Open Men</b>				

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Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
1	John Johnson			413.36	413.36
	242 Open Men				
1	David Burke			468.48	468.48
	275 Open Men				
1	Steve Denison			650.36	650.36
	308 Open Men				
1	Alan Aerts			562.17	562.17
2	Alfred Galafate			556.66	556.66
	308+ Open Men				
1	Clay Tawzer			457.45	457.45
	308 Master Men 40-44				
1	Alfred Galafate			556.66	556.66
	165 Master Men 45-49				
1	Rick Delacruz			275.58	275.58
	220 Master Men 45-49				
1	John Johnson			413.36	413.36
	275 Master Men 45-49				
1	Steve Denison			650.36	650.36
	220 Master Men 50-54				
1	Greg Baxter			501.55	501.55
2	Jeremy Neher			303.13	303.13
	242 Master Men 50-54				
1	David Burke			468.48	468.48
	308 Master Men 50-54				
1	Alan Aerts			562.17	562.17
	181 Master Men 65-69				
1	Roy Taylor			421.08	421.08
2	Rudy Lozano			369.27	369.27
	165 Master Men 70-74				
1	Roger Hill			407.85	407.85
	181 Master Men 70-74				
1	Larry Manly			281.09	281.09
	165 Master Men 75-79				
1	Richard Simon			314.16	314.16
<b>Powerlifting Best Lifters:</b>					
Women-Nicki l'Anson					
Open men-Robert Speno					
Junior men-Nathan Beckmann					
Master men-Kenny Croxdale					
<b>Benchpress Best Lifters:</b>					

Place	NAME	Best Squat	Best Bench	Best Deadlift	Total lb
	<b>Women-Bonnie Aerts</b>				
	<b>Junior men-Fred Sanchez Jr</b>				
	<b>Open men-Scott Hoekstra</b>				
	<b>Master men-Rudy Lozano</b>				
	<b>Deadlift Best Lifters:</b>				
	<b>Women-Morgan Hefley</b>				
	<b>Junior men-Jeffrey Belanger</b>				
	<b>Open men-Eddie Koo</b>				
	<b>Master men-Roger Hill</b>				
	<b>Meet Director/Promoter: Steve Denison</b>				
	<b>Score Table-</b>				
	<b>Announcer: Chuck LaMantia, Lisa Wheeler</b>				
	<b>Score cards- Tom Miller</b>				
	<b>Referees:</b>				
	<b>Gordon Santee-International</b>				
	<b>Jim Merlino-National</b>				
	<b>Pete Wilson-National</b>				
	<b>Kevin Meskew-National</b>				
	<b>Scott Layman-National</b>				
	<b>Victor Elliott-National</b>				
	<b>Gretchen Buerki-National</b>				
	<b>Lance Slaughter-National</b>				
	<b>Ken Wheeler-National</b>				
	<b>Lisa Wheeler-National</b>				
	<b>Steve Matthews-State</b>				
	<b>Karen Matthews-State</b>				
	<b>Alan Aerts-State</b>				
	<b>Curtis Pracht-State</b>				
	<b>Thanks to our Spotter/loaders:</b>				
	<b>Brad Iannucci, Rob Duran, Troy Harris, Ruben Rosado</b>				
	<b>Thanks to our sponsors:</b>				
	<b>Con-Cret, <a href="http://www.con-cret.com">www.con-cret.com</a></b>				
	<b>Team Alan and Bonnie Aerts</b>				
	<b>Inzer Advance Designs, <a href="http://www.inzernet.com">www.inzernet.com</a></b>				
	<b>At Large Nutrition</b>				
	<b>House of Pain, Chris Grantano</b>				
	<b>Iron Bug Clothing, Curtis Pracht</b>				
	<b>CSS Photo Design, Keith Lemm</b>				
	<b>Strength &amp; Power Productions-Chuck LaMantia</b>				
	<b>Army National Guard</b>				
	<b>The 4th California Powerlifting Hall of Fame was conducted by</b>				
	<b>Bill Ennis. Presentation of the awards was done by Brigadier</b>				
	<b>James Combs--Joint Forces Training Base Commander.</b>				
	<b>The Army National Guard Color Guard presented the colors prior to the</b>				
	<b>National Anthem.</b>				
	<b>The following individuals were inducted into the 2008 Hall of Fame:</b>				
	<b>Pete Wilson-Fresno</b>				
	<b>Kent Bush-Bakersfield</b>				
	<b>Steve Foster-Bakersfield</b>				
	<b>Sam Samaniego-Bakersfield</b>				
	<b>Kevin Meskew-Arleta</b>				

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	Bob Wieland-Pasadena				