

14USRR

LIFTERS  
 2014 USPF RED RIVER OPEN  
 BENCH PRESS AND DEADLIFT CHAMPIONSHIP  
 FEBRUARY 8, 2014 SHAWNEE, OKLAHOMA

LIFTERS

NAME	CITY/CLUB	WEIGHT	CLASS	DIV	TM	FLT	LOT	COEFF
-- 148 --								
HAWKINS, DEE	ELLENCHOCTAW CHOCTAW, OKLA CAPUTO'S GYM	145.50	148	WMD	2	1	3	
MORTON, STACY	THE VILLAGE, OK CAPUTO'S GYM	141.50	148	WMD	2	1	4	
HAWKINS, JORDAN	SPRINGFIELD, MO CAPUTO'S GYM	148.00	148	WOD	2	1	2	
LEAL, JESSICA	EDMOND, OKLA CAPUTO'S GYM	0.00	148	WOD	2	1	6	
-- 181 --								
FLEMING, MARCHAND	WEWOKA, OKLA CRAIN	177.50	181	MMB	1	1	7	
FLEMING, MARCHAND	WEWOKA, OKLA CRAIN	177.50	181	MMD	1	1	7	
-- 198 --								
SMITH, JASON	BETHANY, OKLA CRAIN	198.00	198	MMB	1	1	12	
-- 220 --								
CAPUTO, CARMEN	MWC, OKLAHOMA CAPUTO'S GYM	210.00	220	MMB	2	1	1	
CAPUTO, CARMEN	MWC, OKLAHOMA CAPUTO'S GYM	210.00	220	MMD	2	1	1	
EVANS, PETER	OKC, OKLAHOMA CAPUTO'S GYM	216.00	220	MOD	2	1	5	
-- 275 --								
HENSHAW, RANDY	SHAWNEE, OKLA CRAIN	249.50	275	MMD	1	1	8	
OAKLEY, ROYDEN	PRAGUE, OKLA CRAIN	271.50	275	MOB	1	1	10	
OAKLEY, ROYDEN	PRAGUE, OKLA CRAIN	271.50	276	MOD	1	1	10	
-- 308 --								
MCCONNELL, DONNY	MWC, OKLAHOMA CAPUTO'S GYM	281.00	308	MMB	2	1	9	
MCCONNELL, DONNY	MWC, OKLAHOMA CAPUTO'S GYM	281.00	308	MMD	2	1	9	

TEAM 1-CAPUTO'S GYM 2-CRAIN

BEST LIFTER MEN MASTER BENCH PRESS-MARCHAND FLEMING  
 MASTER DEADLIFT-MARCHAND FLEMING  
 OPEN BENCH PRESS-DONNIE MCCONNELL  
 OPEN DEADLIFT-ROYDEN OAKLEY  
 WOMEN MASTER DEADLIFT-STACY MORTON

S=STATE RECORD A=AMERICAN RECORD

14USRR

ATTEMPTS  
 2014 USPF RED RIVER OPEN  
 BENCH PRESS AND DEADLIFT CHAMPIONSHIP  
 FEBRUARY 8, 2014                      SHAWNEE, OKLAHOMA

ATTEMPTS

NAME	DIV	SQUAT	BENCH	SUB	DEADLIFT	TOTAL
-- 148 --						
HAWKINS, DEE	WMD				185 205 215	215.0
MORTON, STAC	WMD				185 205 225	225.0
LEAL, JESSIC	WOD					
HAWKINS, JOR	WOD				190 215 230	230.0
-- 181 --						
FLEMING, MAR	MMB		325 345	345.0		
FLEMING, MAR	MMD				550 600 615	615.0
-- 198 --						
SMITH, JASON	MMB		355 -382A	355.0		
-- 220 --						
CAPUTO, CARM	MMB		250 275 305	305.0		
CAPUTO, CARM	MMD				405A 445A 500A	500.0
EVANS, PETER	MOD				405 440 475	475.0
-- 275 --						
HENSHAW, RAN	MMD				-440 440 -500	440.0
OAKLEY, ROYD	MOB	350 -375		350.0		
OAKLEY, ROYD	MOD				600 630 -650	630.0
-- 308 --						
MCCONNELL, D	MMB		350 375 440S	440.0		
MCCONNELL, D	MMD				405 455S 500A	500.0

TEAM 1-CAPUTO'S GYM 2-CRAIN  
 BEST LIFTER MEN MASTER BENCH PRESS-MARCHAND FLEMING  
 MASTER DEADLIFT-MARCHAND FLEMING  
 OPEN BENCH PRESS-DONNIE MCCONNELL  
 OPEN DEADLIFT-ROYDEN OAKLEY  
 WOMEN MASTER DEADLIFT-STACY MORTON

S=STATE RECORD    A=AMERICAN RECORD