

2020 USPF National Results

Sponsored by The Animal House Gym

Indicates a record

Women's Full Power

Raw- OPEN

Dakota Green (BWT-113) SQ. 80.0, BE. 60.0, DL 110, TOT 250.0

Stacey Hartwig (SHW) SQ. 160.0 BE. 170.0 DL 162.5 TOT 492.50

Women's Squat Only

Raw – JR

Sydney Simms (BWT 161) SQ. 110.0, TOT 110.0

Women's Push/ Pull

Raw- JR

Sydney Simms (BWT 161) BE. 65.0, DL 125.0, TOT 190.0

Raw- Open

Jamie Notch Francis (BWT SHW) BE. 82.5, DL 137.5, TOT 220.0

Women's Bench Only

Raw- Open

Stacey Hartwig (BWT SHW) BE. 72.5, TOT 72.5

Men's Full Power

Raw- Teen

Trevor Weeden (BWT 128) SQ. 115, BE. 65.0, DL 112.5, TOT 292.5 – RECORDS **BE. 67.5 DL 117.5**

Raw – Junior

Jackson Dingess (BWT 172) SQ. 182.5, BE. 132.5, DL 202.5, TOT 517.5

Michael McManus (BWT 219) SQ. 182.5, BE. 120.0, DL 217.5, TOT 520.0

Austin Bohn (BWT 206) SQ. 185.0, BE. 172.5, DL 255.0, TOT 562.5

Raw- Open

Anton Abraham (BWT 217) SQ. 205, BE. 150, DL 252.5, TOT 607.5

Ron Gibson (BWT 217) SQ. 210, BE. 152.5, DL 227.5, TOT 590.0

Brandon Heaney (BWT 238) SQ. 262.5, BE. 162.5, 267.5, TOT 692.5

Kenny Zimmerman (BWT 241) SQ. 300, BE. 212.5, DL. 335.0, TOT 847.5

Emilio Duran (BWT 240) SQ. 272.5, BE. 160.0, DL 250.0, TOT 682.5

Raw- Master

Ron Green (BWT 217) SQ. 200, BE. 155, DL. 210, TOT 565

Kevin Youngblood (BWT 219) SQ. 112.5, BE. 90, DL. 187.5, TOT 390

SING.PLY- OPEN

Gabriel Cabrera (BWT 305) SQ. 272.5, BE. 155.0, DL. 207.5, TOT 635

Tyler Butcher (BWT SHW) SQ. 455, BE. 320, DL. 320 TOT 1095

Men's Squat Only

Raw- Open

Matt Zimmerman (BWT 197) SQ. 137.5, TOT 137.5

Men's Push/Pull

Raw- Open

Matt Zimmerman (BWT 197) BE. 72.5, DL. 137.5 TOT 210

Kenny Zimmerman (BWT 241) BE. 205, DL. 310, TOT 515

Dan Shaver (BWT 262) BE. 192.5, DL. 290, TOT 482.5

Men's Bench Only

Sing. Ply- Open

Tyler Donell (BWT 238) BE. 215, TOT 215

Raw- Open

Mario Rizo (BWT 211) BE. 205, TOT 205