

2021 United States Powerlifting Federation
West Virginia State Open and High School State Championships

DIV/WT CLASS	Event	Name	Age	Wt	SQUAT	BENCH	DEADLIFT	TOTAL	Place
Women's Open									
148	FP RAW DIV 3	Heather Weaver	29	148	187	104	214	505	1st
Men's Bench									
OPEN 181	Bench Only - RAW	Joe Whytsell		177.5		424			1st
M 56-59 198	Bench Only - RAW	Dan Lass	56	217.3		330			1st
M 56-59 242	Bench Only - RAW	Rick Perkins	59	227.8		275			1st
Men's Jr. 18-19 Power									
181	Div 1 - Single ply	Jackson Dingess	19	179	462	303	501	1266	1st
Men's M40-49									
181	FP RAW DIV 3	Donnie Miller		170.6	270	220	319	809	1st
Men's Open									
308	Div 1 - Single ply	Gary Nichols		297.5	501	308	534	1343	1st

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HIGH SCHOOL 9th and 10th GRADES

132lb

Parker Fields	131.5	292	159	391	748	1st
Ryan Martin	127.2	264	132	352	748	2nd

142lb

Nathan Ford	139.1	275	148	374	797	1st
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198lb

Synjen Perkins	188.5	165	132	231	533	1st
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HIGH SCHOOL 11th and 12th GRADES

132

Devin Easton	131.9	308	203	352	863	1st
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165

Gavin Quioco	163.1	473	270	484	1227	1st
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181

Jude Childers	177	407	270	429	1106	1st
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HIGH SCHOOL 11th and 12th GRADES

198

Ayden Edwards 189 402 181 462 1045 1st

220

Caden Frederick 219.7 374 219 363 979 1st

308

Kennedy Jeter 290 396 264 402 1062 1st
Dawson Meeks 292.5 374 264 402 979 2nd
Matt McLanahan - - - - - DQ