

Wesco Showdown

Grand Junction

11-Jun-23

FULL POWER - DIVISION (Raw KS D3, Raw KW D4, Single Ply D1, or Multi Ply D2)

MEN

NAME	WT CLASS	SQUAT	BENCH	DEADLIFT
Jordan Lamgo Raw KS	220	210	150	240
Mica Tokita Raw KS	165	180	110	230

FULL POWER - DIVISION (Raw KS D3, Raw KW D4, Single Ply D1, or Multi Ply D2)

WOMEN

NAME	WT CLASS	SQUAT	BENCH	DEADLIFT
Amber Bird Raw KS	198	100	65	125
Marissa Testino Raw KS	132	87.5	60	130
Shelby Brand Raw KS	198	112.5	65	142.5

TOTAL

600

520

TOTAL

290

277.5

320