

USPF ARIZONA STATE RAW FULL POWER

MASTER - MEN 40-44

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat	195.0	429.9	Michael Edwards	5/21/2016
	Bench	117.5	259.0	Michael Edwards	5/21/2016
	Deadlift	202.5	446.4	Michael Edwards	5/21/2016
	TOTAL	505.0	1113.3	Michael Edwards	5/21/2016
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat	157.5	347.2	Trenton Johnson	11/18/2017
	Bench	130.0	286.6	Trenton Johnson	11/18/2017
	Deadlift	272.5	600.8	Trenton Johnson	11/18/2017
	TOTAL	547.5	1207.0	Trenton Johnson	11/18/2017
125kg/275lb	Squat	195.0	429.9	Trenton Johnson	6/16/2019
	Bench	172.5	380.3	Trenton Johnson	6/16/2019
	Deadlift	280.0	617.3	Trenton Johnson	6/16/2019
	TOTAL	642.5	1416.5	Trenton Johnson	6/16/2019
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench				

Deadlift
TOTAL

USPF ARIZONA STATE RAW MASTER - MEN 45-49					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	190.0	418.9	Curtis Graves	6/16/2019
	Bench	120.0	264.6	Curtis Graves	10/30/2021
	Deadlift	192.5	424.4	Michael Wright	11/18/2017
	TOTAL	480.0	1058.2	Curtis Graves	10/30/2021
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	230.0	507.1	Edward Yarbrough	5/3/2015
	Bench	170.0	374.8	Edward Yarbrough	11/22/2015
	Deadlift	267.5	589.7	Edward Yarbrough	5/3/2015
	TOTAL	665.0	1466.1	Edward Yarbrough	5/3/2015
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 50-54					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	160.0	352.7	Curtis Graves	8/3/2024
	Bench	105.0	231.5	Curtis Graves	8/3/2024
	Deadlift	155.0	341.7	Curtis Graves	8/3/2024
	TOTAL	420.0	925.9	Curtis Graves	8/3/2024
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 55-59					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat	117.5	259.0	Richard Bieg	3/24/2012
	Bench	115.0	253.5	Richard Bieg	3/24/2012
	Deadlift	165.0	363.8	Richard Bieg	3/24/2012
	TOTAL	397.5	876.3	Richard Bieg	3/24/2012
90kg/198.2lb	Squat	45.0	99.2	Gary Panttila Sr.	9/22/2012
	Bench	35.0	77.2	Gary Panttila Sr.	9/22/2012
	Deadlift	92.5	203.9	Gary Panttila Sr.	9/22/2012
	TOTAL	172.5	380.3	Gary Panttila Sr.	9/22/2012
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 60-64					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat	100.0	220.5	David Tannenbaum	10/30/2021
	Bench	85.0	187.4	David Tannenbaum	10/30/2021
	Deadlift	127.5	281.1	David Tannenbaum	10/29/2022
	TOTAL	310.0	683.4	David Tannenbaum	10/30/2021
90kg/198.2lb	Squat	117.5	259.0	David Tannenbaum	8/3/2024
	Bench	92.5	203.90	David Tannenbaum	8/3/2024
	Deadlift	140.0	308.6	David Tannenbaum	8/3/2024
	TOTAL	350.0	771.6	David Tannenbaum	8/3/2024
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 65-69					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 70-74					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat	137.5	303.1	Douglas Lee	11/18/2017
	Bench	67.5	148.8	Douglas Lee	11/18/2017
	Deadlift	150.0	330.7	Douglas Lee	11/18/2017
	TOTAL	355.0	782.6	Douglas Lee	11/18/2017
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	87.5	192.9	Gene Lawrence	3/24/2012
	Bench	100.0	220.5	Gene Lawrence	3/24/2012
	Deadlift	145.0	319.7	Gene Lawrence	3/24/2012
	TOTAL	332.5	733.0	Gene Lawrence	3/24/2012
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 75-79					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	85.0	187.4	Donald Judd	9/22/2012
	Bench	52.5	115.7	Donald Judd	9/22/2012
	Deadlift	125.0	275.6	Donald Judd	9/22/2012
	TOTAL	262.5	578.7	Donald Judd	9/22/2012
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	95.0	209.4	Gene Lawrence	5/3/2015
	Bench	95.0	209.4	Gene Lawrence	5/3/2015
	Deadlift	150.0	330.7	Gene Lawrence	5/3/2015
	TOTAL	340.0	749.6	Gene Lawrence	5/3/2015
125kg/275lb	Squat	102.5	226.0	Gene Lawrence	11/16/2014
	Bench	95.0	209.4	Gene Lawrence	11/16/2014
	Deadlift	150.0	330.7	Gene Lawrence	11/16/2014
	TOTAL	347.5	766.1	Gene Lawrence	11/16/2014
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RAW MASTER - MEN 80+					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				