

| USPF AMERICAN RAW FULL POWER |          |       |        |                  |            |
|------------------------------|----------|-------|--------|------------------|------------|
| MASTER - MEN                 |          |       | 40-44  |                  |            |
| Weight                       | Lift     | Kgs   | Lbs    | Name             | Date       |
| 52kg/114.5lb                 | Squat    |       |        |                  |            |
|                              | Bench    |       |        |                  |            |
|                              | Deadlift |       |        |                  |            |
|                              | TOTAL    |       |        |                  |            |
| 56kg/123.5lb                 | Squat    |       |        |                  |            |
|                              | Bench    |       |        |                  |            |
|                              | Deadlift |       |        |                  |            |
|                              | TOTAL    |       |        |                  |            |
| 60kg/132.2lb                 | Squat    |       |        |                  |            |
|                              | Bench    |       |        |                  |            |
|                              | Deadlift |       |        |                  |            |
|                              | TOTAL    |       |        |                  |            |
| 67.5kg/148lb                 | Squat    |       |        |                  |            |
|                              | Bench    |       |        |                  |            |
|                              | Deadlift |       |        |                  |            |
|                              | TOTAL    |       |        |                  |            |
| 75kg/165.2lb                 | Squat    | 195.0 | 429.9  | Michael Edwards  | 5/21/2016  |
|                              | Bench    | 117.5 | 259.0  | Michael Edwards  | 5/21/2016  |
|                              | Deadlift | 202.5 | 446.4  | Michael Edwards  | 5/21/2016  |
|                              | TOTAL    | 505.0 | 1113.3 | Michael Edwards  | 5/21/2016  |
| 82.5kg/181.7lb               | Squat    | 135.0 | 297.6  | Joshua Hokkanen  | 11/12/2023 |
|                              | Bench    | 112.5 | 248.0  | Joshua Hokkanen  | 11/12/2023 |
|                              | Deadlift | 160.0 | 352.7  | Joshua Hokkanen  | 11/12/2023 |
|                              | TOTAL    | 405.0 | 892.9  | Joshua Hokkanen  | 11/12/2023 |
| 90kg/198.2lb                 | Squat    | 249.5 | 550.0  | Chuck Kaezyk III | 12/2/2017  |
|                              | Bench    | 172.5 | 380.3  | Chuck Kaezyk III | 12/2/2017  |
|                              | Deadlift | 247.5 | 545.6  | Johnny Layne     | 6/6/2014   |
|                              | TOTAL    | 662.0 | 1459.5 | Chuck Kaezyk III | 12/2/2017  |
| 100kg/220lb                  | Squat    |       |        |                  |            |
|                              | Bench    |       |        |                  |            |
|                              | Deadlift |       |        |                  |            |
|                              | TOTAL    |       |        |                  |            |
| 110kg/242lb                  | Squat    | 220.0 | 485.0  | Steven Martin    | 7/7/2018   |
|                              | Bench    | 215.0 | 474.0  | Steven Martin    | 7/7/2018   |
|                              | Deadlift | 272.5 | 600.8  | Trenton Johnson  | 11/18/2017 |
|                              | TOTAL    | 700.0 | 1543.2 | Steven Martin    | 7/7/2018   |
| 125kg/275lb                  | Squat    | 262.5 | 578.7  | Craig Bird       | 11/12/2023 |
|                              | Bench    | 192.5 | 424.4  | Craig Bird       | 11/12/2023 |
|                              | Deadlift | 322.5 | 711.0  | Craig Bird       | 11/12/2023 |
|                              | TOTAL    | 777.5 | 1714.1 | Craig Bird       | 11/12/2023 |
| 140kg/308.5lb                | Squat    | 275.0 | 606.3  | Brian Kipp       | 5/11/2013  |
|                              | Bench    | 181.4 | 400.0  | Anthony Gonzales | 7/31/2021  |
|                              | Deadlift | 287.5 | 633.8  | Brian Kipp       | 5/11/2013  |
|                              | TOTAL    | 727.5 | 1603.9 | Brian Kipp       | 5/11/2013  |
| 140+kg/ SHW                  | Squat    |       |        |                  |            |
|                              | Bench    |       |        |                  |            |
|                              | Deadlift |       |        |                  |            |
|                              | TOTAL    |       |        |                  |            |

| USPF AMERICAN RAW MASTER - MEN 45-49 |          |       |        |               |            |
|--------------------------------------|----------|-------|--------|---------------|------------|
| Weight                               | Lift     | Kgs   | Lbs    | Name          | Date       |
| 52kg/114.5lb                         | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 56kg/123.5lb                         | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 60kg/132.2lb                         | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 67.5kg/148lb                         | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 75kg/165.2lb                         | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 82.5kg/181.7lb                       | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 90kg/198.2lb                         | Squat    | 195.0 | 429.9  | Frank Brown   | 9/22/2012  |
|                                      | Bench    | 142.5 | 314.2  | Frank Brown   | 9/22/2012  |
|                                      | Deadlift | 215.0 | 474.0  | Frank Brown   | 9/22/2012  |
|                                      | TOTAL    | 552.5 | 1218.1 | Frank Brown   | 9/22/2012  |
| 100kg/220lb                          | Squat    | 227.5 | 501.6  | Michael Poort | 7/30/2023  |
|                                      | Bench    | 182.5 | 402.3  | Michael Poort | 7/30/2023  |
|                                      | Deadlift | 267.5 | 589.7  | Michael Poort | 7/30/2023  |
|                                      | TOTAL    | 652.5 | 1438.5 | Michael Poort | 7/30/2023  |
| 110kg/242lb                          | Squat    | 252.5 | 556.7  | Michael Poort | 11/12/2023 |
|                                      | Bench    | 182.5 | 402.3  | Michael Poort | 11/12/2023 |
|                                      | Deadlift | 272.5 | 600.8  | Michael Poort | 11/12/2023 |
|                                      | TOTAL    | 707.5 | 1559.3 | Michael Poort | 11/12/2023 |
| 125kg/275lb                          | Squat    | 244.9 | 540.0  | Kevin Foster  | 5/15/2021  |
|                                      | Bench    | 150.0 | 330.7  | Scott Wahl    | 5/11/2013  |
|                                      | Deadlift | 242.7 | 535.0  | Kevin Foster  | 5/15/2021  |
|                                      | TOTAL    | 585.1 | 1290.0 | Kevin Foster  | 5/15/2021  |
| 140kg/308.5lb                        | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |
| 140+kg/ SHW                          | Squat    |       |        |               |            |
|                                      | Bench    |       |        |               |            |
|                                      | Deadlift |       |        |               |            |
|                                      | TOTAL    |       |        |               |            |

| USPF AMERICAN RAW MASTER - MEN 50-54 |          |       |        |                |           |
|--------------------------------------|----------|-------|--------|----------------|-----------|
| Weight                               | Lift     | Kgs   | Lbs    | Name           | Date      |
| 52kg/114.5lb                         | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |
| 56kg/123.5lb                         | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |
| 60kg/132.2lb                         | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |
| 67.5kg/148lb                         | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |
| 75kg/165.2lb                         | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |
| 82.5kg/181.7lb                       | Squat    | 127.5 | 281.1  | Scott Phillips | 7/7/2012  |
|                                      | Bench    | 115.0 | 253.5  | Scott Phillips | 7/7/2012  |
|                                      | Deadlift | 197.5 | 435.4  | Scott Phillips | 7/7/2012  |
|                                      | TOTAL    | 440.0 | 970.0  | Scott Phillips | 7/7/2012  |
| 90kg/198.2lb                         | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |
| 100kg/220lb                          | Squat    | 237.5 | 523.6  | Michael Poort  | 8/17/2025 |
|                                      | Bench    | 190.0 | 418.9  | Michael Poort  | 8/17/2025 |
|                                      | Deadlift | 255.0 | 562.6  | Michael Poort  | 8/17/2025 |
|                                      | TOTAL    | 675.0 | 675.0  | Michael Poort  | 8/17/2025 |
| 110kg/242lb                          | Squat    | 197.5 | 435.4  | Jeremy Cuccia  | 8/25/2024 |
|                                      | Bench    | 157.5 | 347.2  | Jeremy Cuccia  | 8/17/2025 |
|                                      | Deadlift | 227.5 | 501.6  | Jeremy Cuccia  | 8/17/2025 |
|                                      | TOTAL    | 567.5 | 1251.1 | Jeremy Cuccia  | 8/17/2025 |
| 125kg/275lb                          | Squat    | 215.5 | 475.0  | Kurt Gray      | 5/9/2015  |
|                                      | Bench    | 154.2 | 340.0  | Kurt Gray      | 5/9/2015  |
|                                      | Deadlift | 233.6 | 515.0  | Kurt Gray      | 5/9/2015  |
|                                      | TOTAL    | 603.3 | 1330.0 | Kurt Gray      | 5/9/2015  |
| 140kg/308.5lb                        | Squat    | 227.5 | 501.6  | Ray Hixon      | 5/22/2016 |
|                                      | Bench    | 175.0 | 385.8  | Ray Hixon      | 5/22/2016 |
|                                      | Deadlift | 255.0 | 562.2  | Ray Hixon      | 5/22/2016 |
|                                      | TOTAL    | 657.5 | 1449.5 | Ray Hixon      | 5/22/2016 |
| 140+kg/ SHW                          | Squat    |       |        |                |           |
|                                      | Bench    |       |        |                |           |
|                                      | Deadlift |       |        |                |           |
|                                      | TOTAL    |       |        |                |           |

| USPF AMERICAN RAW MASTER - MEN 55-59 |          |       |        |                 |           |
|--------------------------------------|----------|-------|--------|-----------------|-----------|
| Weight                               | Lift     | Kgs   | Lbs    | Name            | Date      |
| 52kg/114.5lb                         | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |
| 56kg/123.5lb                         | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |
| 60kg/132.2lb                         | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |
| 67.5kg/148lb                         | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |
| 75kg/165.2lb                         | Squat    | 145.0 | 319.7  | Don Fields      | 1/10/2015 |
|                                      | Bench    | 25.0  | 55.1   | Don Fields      | 1/10/2015 |
|                                      | Deadlift | 192.5 | 424.4  | Don Fields      | 1/10/2015 |
|                                      | TOTAL    | 362.5 | 799.2  | Don Fields      | 1/10/2015 |
| 82.5kg/181.7lb                       | Squat    | 200.0 | 440.9  | Eddie Vaughn    | 5/18/2024 |
|                                      | Bench    | 130.0 | 286.6  | Eddie Vaughn    | 5/18/2024 |
|                                      | Deadlift | 227.5 | 501.6  | Eddie Vaughn    | 5/18/2024 |
|                                      | TOTAL    | 517.5 | 1140.9 | Eddie Vaughn    | 5/18/2024 |
| 90kg/198.2lb                         | Squat    | 182.5 | 402.3  | Jesse Carreon   | 8/25/2024 |
|                                      | Bench    | 127.5 | 281.1  | Jesse Carreon   | 8/25/2024 |
|                                      | Deadlift | 200.0 | 440.9  | Jesse Carreon   | 8/25/2024 |
|                                      | TOTAL    | 510.0 | 1124.4 | Jesse Carreon   | 8/25/2024 |
| 100kg/220lb                          | Squat    | 227.5 | 501.6  | Steven Pederson | 6/10/2017 |
|                                      | Bench    | 161.0 | 355.0  | Marco Hinojosa  | 8/1/2020  |
|                                      | Deadlift | 235.0 | 518.1  | Randy Burress   | 12/6/2014 |
|                                      | TOTAL    | 585.0 | 1289.7 | Steven Pederson | 6/10/2017 |
| 110kg/242lb                          | Squat    | 192.8 | 425.0  | Neil Eddins     | 7/31/2021 |
|                                      | Bench    | 157.5 | 347.2  | Marco Hinojosa  | 7/30/2022 |
|                                      | Deadlift | 229.1 | 505.0  | Neil Eddins     | 7/31/2021 |
|                                      | TOTAL    | 564.7 | 1245.0 | Neil Eddins     | 7/31/2021 |
| 125kg/275lb                          | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |
| 140kg/308.5lb                        | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |
| 140+kg/ SHW                          | Squat    |       |        |                 |           |
|                                      | Bench    |       |        |                 |           |
|                                      | Deadlift |       |        |                 |           |
|                                      | TOTAL    |       |        |                 |           |

| USPF AMERICAN RAW MASTER - MEN 60-64 |          |       |        |                  |            |
|--------------------------------------|----------|-------|--------|------------------|------------|
| Weight                               | Lift     | Kgs   | Lbs    | Name             | Date       |
| 52kg/114.5lb                         | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 56kg/123.5lb                         | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 60kg/132.2lb                         | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 67.5kg/148lb                         | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 75kg/165.2lb                         | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 82.5kg/181.7lb                       | Squat    | 125.0 | 275.6  | Greg Harper      | 5/11/2013  |
|                                      | Bench    | 85.0  | 187.4  | David Tannenbaum | 10/30/2021 |
|                                      | Deadlift | 165.0 | 363.8  | Greg Harper      | 5/11/2013  |
|                                      | TOTAL    | 365.0 | 804.7  | Greg Harper      | 5/11/2013  |
| 90kg/198.2lb                         | Squat    | 124.7 | 275.0  | John Veal        | 7/25/2014  |
|                                      | Bench    | 95.3  | 210.00 | John Veal        | 7/25/2014  |
|                                      | Deadlift | 200.0 | 440.9  | John Veal        | 6/7/2014   |
|                                      | TOTAL    | 412.8 | 910.0  | John Veal        | 7/25/2014  |
| 100kg/220lb                          | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 110kg/242lb                          | Squat    | 202.5 | 446.4  | Jason Jillian    | 4/14/2024  |
|                                      | Bench    | 147.5 | 325.2  | Jason Jillian    | 4/14/2024  |
|                                      | Deadlift | 225.0 | 496.0  | Jason Jillian    | 4/14/2024  |
|                                      | TOTAL    | 575.0 | 1267.7 | Jason Jillian    | 4/14/2024  |
| 125kg/275lb                          | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 140kg/308.5lb                        | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |
| 140+kg/ SHW                          | Squat    |       |        |                  |            |
|                                      | Bench    |       |        |                  |            |
|                                      | Deadlift |       |        |                  |            |
|                                      | TOTAL    |       |        |                  |            |

| USPF AMERICAN STATE RAW MASTER - MEN 65-69 |          |       |        |                  |            |
|--------------------------------------------|----------|-------|--------|------------------|------------|
| Weight                                     | Lift     | Kgs   | Lbs    | Name             | Date       |
| 52kg/114.5lb                               | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 56kg/123.5lb                               | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 60kg/132.2lb                               | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 67.5kg/148lb                               | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 75kg/165.2lb                               | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 82.5kg/181.7lb                             | Squat    | 127.0 | 280.0  | Mickey Sehorn    | 8/1/2020   |
|                                            | Bench    | 97.5  | 215.0  | Mickey Sehorn    | 8/1/2020   |
|                                            | Deadlift | 181.4 | 400.0  | Mickey Sehorn    | 8/1/2020   |
|                                            | TOTAL    | 406.0 | 895.0  | Mickey Sehorn    | 8/1/2020   |
| 90kg/198.2lb                               | Squat    | 102.1 | 225    | John Veal        | 11/10/2018 |
|                                            | Bench    | 79.4  | 175.0  | John Veal        | 11/10/2018 |
|                                            | Deadlift | 147.4 | 325.0  | John Veal        | 11/10/2018 |
|                                            | TOTAL    | 328.9 | 725    | John Veal        | 11/10/2018 |
| 100kg/220lb                                | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 110kg/242lb                                | Squat    | 90.0  | 198.4  | Greg Kaske       | 4/5/2014   |
|                                            | Bench    | 90.0  | 198.4  | Greg Kaske       | 4/5/2014   |
|                                            | Deadlift | 125.0 | 275.6  | Greg Kaske       | 4/5/2014   |
|                                            | TOTAL    | 305.0 | 672.4  | Greg Kaske       | 4/5/2014   |
| 125kg/275lb                                | Squat    | 150.0 | 330.7  | Dominic LiCavoli | 10/30/2021 |
|                                            | Bench    | 117.5 | 259.0  | Dominic LiCavoli | 10/30/2021 |
|                                            | Deadlift | 190.0 | 418.9  | Dominic LiCavoli | 10/30/2021 |
|                                            | TOTAL    | 457.5 | 1008.6 | Dominic LiCavoli | 10/30/2021 |
| 140kg/308.5lb                              | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |
| 140+kg/ SHW                                | Squat    |       |        |                  |            |
|                                            | Bench    |       |        |                  |            |
|                                            | Deadlift |       |        |                  |            |
|                                            | TOTAL    |       |        |                  |            |

| USPF AMERICAN RAW MASTER - MEN 70-74 |          |       |       |               |            |
|--------------------------------------|----------|-------|-------|---------------|------------|
| Weight                               | Lift     | Kgs   | Lbs   | Name          | Date       |
| 52kg/114.5lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 56kg/123.5lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 60kg/132.2lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 67.5kg/148lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 75kg/165.2lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 82.5kg/181.7lb                       | Squat    | 137.5 | 303.1 | Douglas Lee   | 11/18/2017 |
|                                      | Bench    | 67.5  | 148.8 | Douglas Lee   | 11/18/2017 |
|                                      | Deadlift | 150.0 | 330.7 | Douglas Lee   | 11/18/2017 |
|                                      | TOTAL    | 355.0 | 782.6 | Douglas Lee   | 11/18/2017 |
| 90kg/198.2lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 100kg/220lb                          | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 110kg/242lb                          | Squat    | 87.5  | 192.9 | Gene Lawrence | 3/24/2012  |
|                                      | Bench    | 100.0 | 220.5 | Gene Lawrence | 3/24/2012  |
|                                      | Deadlift | 145.0 | 319.7 | Gene Lawrence | 3/24/2012  |
|                                      | TOTAL    | 332.5 | 733.0 | Gene Lawrence | 3/24/2012  |
| 125kg/275lb                          | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 140kg/308.5lb                        | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 140+kg/ SHW                          | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |

| USPF AMERICAN RAW MASTER - MEN 75-79 |          |       |       |               |            |
|--------------------------------------|----------|-------|-------|---------------|------------|
| Weight                               | Lift     | Kgs   | Lbs   | Name          | Date       |
| 52kg/114.5lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 56kg/123.5lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 60kg/132.2lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 67.5kg/148lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 75kg/165.2lb                         | Squat    | 85.0  | 187.4 | Donald Judd   | 9/22/2012  |
|                                      | Bench    | 52.5  | 115.7 | Donald Judd   | 9/22/2012  |
|                                      | Deadlift | 125.0 | 275.6 | Donald Judd   | 9/22/2012  |
|                                      | TOTAL    | 262.5 | 578.7 | Donald Judd   | 9/22/2012  |
| 82.5kg/181.7lb                       | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 90kg/198.2lb                         | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 100kg/220lb                          | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 110kg/242lb                          | Squat    | 95.0  | 209.4 | Gene Lawrence | 5/3/2015   |
|                                      | Bench    | 95.0  | 209.4 | Gene Lawrence | 5/3/2015   |
|                                      | Deadlift | 150.0 | 330.7 | Gene Lawrence | 5/3/2015   |
|                                      | TOTAL    | 340.0 | 749.6 | Gene Lawrence | 5/3/2015   |
| 125kg/275lb                          | Squat    | 102.5 | 226.0 | Gene Lawrence | 11/16/2014 |
|                                      | Bench    | 95.0  | 209.4 | Gene Lawrence | 11/16/2014 |
|                                      | Deadlift | 150.0 | 330.7 | Gene Lawrence | 11/16/2014 |
|                                      | TOTAL    | 347.5 | 766.1 | Gene Lawrence | 11/16/2014 |
| 140kg/308.5lb                        | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |
| 140+kg/ SHW                          | Squat    |       |       |               |            |
|                                      | Bench    |       |       |               |            |
|                                      | Deadlift |       |       |               |            |
|                                      | TOTAL    |       |       |               |            |



| USPF AMERICAN STATE RAW MASTER - MEN 80+ |          |     |     |      |      |
|------------------------------------------|----------|-----|-----|------|------|
| Weight                                   | Lift     | Kgs | Lbs | Name | Date |
| 52kg/114.5lb                             | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 56kg/123.5lb                             | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 60kg/132.2lb                             | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 67.5kg/148lb                             | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 75kg/165.2lb                             | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 82.5kg/181.7lb                           | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 90kg/198.2lb                             | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 100kg/220lb                              | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 110kg/242lb                              | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 125kg/275lb                              | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 140kg/308.5lb                            | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |
| 140+kg/ SHW                              | Squat    |     |     |      |      |
|                                          | Bench    |     |     |      |      |
|                                          | Deadlift |     |     |      |      |
|                                          | TOTAL    |     |     |      |      |