

USPF ARIZONA STATE RECORDS			MASTER - MEN		40-44
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	245.0	540.1	Jonathan Marshall	04/05/14
	Bench	165.0	363.8	Jonathan Marshall	04/05/14
	Deadlift	245.0	540.1	Jonathan Marshall	04/05/14
	TOTAL	655.0	1440.0	Jonathan Marshall	04/05/14
100kg/220lb	Squat	272.5	600.8	Jon Marshall	11/22/2015
	Bench	232.5	512.6	Alex Dacanay	4/5/2014
	Deadlift	250.0	551.0	Edward Yarbrough	9/27/2008
	TOTAL	725.0	1598.4	Alex Dacanay	11/22/2015
110kg/242lb	Squat	267.5	589.7	Sam Mangialardi	11/16/2014
	Bench	182.5	402.3	Sam Mangialardi	11/16/2014
	Deadlift	265.0	584.2	Sam Mangialardi	11/16/2014
	TOTAL	715.0	1576.3	Sam Mangialardi	11/16/2014
125kg/275lb	Squat	255.0	562.2	Sam Mangialard	09/21/13
	Bench	162.5	358.3	Sam Mangialard	09/21/13
	Deadlift	247.5	545.6	Sam Mangialard	09/21/13
	TOTAL	665.0	1466.1	Sam Mangialard	09/21/13
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		45-49
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	155.0	341.5	Mike Jones	4/19/2008
	Bench	95.0	209.3	Mike Jones	4/19/2008
	Deadlift	167.5	369.3	Mike Jones	09/27/08
	TOTAL	415.0	914.8	Mike Jones	4/19/2008
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	137.5	303.0	Bill Mellinger	1/31/2009
	Bench	102.5	225.8	Bill Mellinger	1/31/2009
	Deadlift	160.0	352.5	Bill Mellinger	1/31/2009
	TOTAL	400.0	881.8	Bill Mellinger	1/31/2009
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat	185.0	451.8	Michael Bowden	9/27/2008
	Bench	187.5	336.0	Michael Bowden	9/27/2008
	Deadlift	220.0	551.0	Michael Bowden	9/27/2008
	TOTAL	590.0	1300.8	Michael Bowden	9/27/2008
140+kg/ SHW	Squat	222.5	490.5	Michael Bowden	9/26/2009
	Bench	267.5	589.5	Michael Bowden	9/25/2010
	Deadlift	282.5	622.8	Michael Bowden	9/25/2010
	TOTAL	710.0	1565.3	Michael Bowden	9/26/2009

USPF ARIZONA STATE RECORDS			MASTER - MEN		50-54
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	142.5	314.2	Mike Jones	3/26/2011
	Bench	92.5	203.9	Mike Jones	3/26/2011
	Deadlift	157.5	347.2	Mike Jones	3/26/2011
	TOTAL	387.5	854.3	Mike Jones	3/26/2011
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	147.5	325.0	Bill Mellinger	9/26/2009
	Bench	107.5	236.8	Bill Mellinger	9/26/2009
	Deadlift	172.5	380.3	Bill Mellinger	9/26/2009
	TOTAL	427.5	942.3	Bill Mellinger	9/26/2009
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat	272.5	600.8	Jeff Cole	3/24/2012
	Bench	132.5	286.5	Jeff Cole	9/25/2010
	Deadlift	240.0	529.0	Jeff Cole	9/26/2009
	TOTAL	637.5	1405.4	Jeff Cole	3/24/2012
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		55-59
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	167.5	369.3	Bill Sands	9/26/2009
	Bench	115.0	253.5	Bill Sands	9/24/2011
	Deadlift	185.0	407.9	Bill Sands	9/24/2011
	TOTAL	465.0	1025.1	Bill Sands	9/24/2011
100kg/220lb	Squat	192.5	424.4	Bill Sands	3/26/2011
	Bench	122.5	270.1	Bill Sands	3/26/2011
	Deadlift	207.5	457.5	Bill Sands	3/26/2011
	TOTAL	522.5	1151.9	Bill Sands	3/26/2011
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		60-64
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat	95.0	209.3	Kim Martin	4/19/2008
	Bench	67.5	148.8	Kim Martin	4/19/2008
	Deadlift	145.0	319.5	Kim Martin	4/19/2008
	TOTAL	307.5	677.8	Kim Martin	4/19/2008
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat	140.0	308.5	Robert Cooley	9/25/2010
	Bench	105.0	231.3	Robert Cooley	9/25/2010
	Deadlift	170.0	374.8	Robert Cooley	9/25/2010
	TOTAL	405.0	892.8	Robert Cooley	9/25/2010
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		65-69
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		70-74
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	102.5	226.0	Donald Judd	03/26/11
	Bench	55.0	121.3	Donald Judd	03/26/11
	Deadlift	140.0	308.6	Donald Judd	03/26/11
	TOTAL	295.0	650.4	Donald Judd	03/26/11
82.5kg/181.7lb	Squat	172.5	380.3	Peter Jezyk	02/13/10
	Bench	70.0	154.3	Peter Jezyk	02/13/10
	Deadlift	187.5	413.3	Peter Jezyk	02/13/10
	TOTAL	430.0	947.8	Peter Jezyk	02/13/10
90kg/198.2lb	Squat	130.0	286.5	Donald Judd	9/27/2008
	Bench	65.0	143.3	Bill Pearce	2/13/2010
	Deadlift	160.0	352.5	Bill Pearce	2/13/2010
	TOTAL	342.5	755.0	Donald Judd	9/27/2008
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		75-79
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	105.0 55.0 130.0 290.0	231.5 121.3 286.6 639.3	Donald Judd Donald Judd Donald Judd Donald Judd	09/21/13 09/21/13 09/21/13 09/21/13
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL	95.0 95.0 150.0 245.0	209.4 209.4 330.7 749.6	Gene Lawrence Gene Lawrence Gene Lawrence Gene Lawrence	05/03/15 05/03/15 05/03/15 05/03/15
125kg/275lb	Squat Bench Deadlift TOTAL	97.5 97.5 145.0 340.0	215.0 215.0 319.7 749.6	Gene Lawrence Gene Lawrence Gene Lawrence Gene Lawrence	08/22/15 08/22/15 08/22/15 08/22/15
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift TOTAL				

USPF ARIZONA STATE RECORDS			MASTER - MEN		80+
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				