

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - OPEN Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|---------------|-------------|
| 52kg/114.5lb | | | | |
| 56kg/123.5lb | | | | |
| 60kg/132.2lb | | | | |
| 67.5kg/148.7lb | | | | |
| 75kg/165.2lb | | | | |
| 82.5kg/181.7lb | | | | |
| 90kg/198.2lb | 155.0 | 341.5 | Matt Cole | 3/21/2009 |
| 100kg/220.2lb | | | | |
| 110kg/242.5lb | 142.5 | 314.0 | Conrad Pacek | 3/21/2009 |
| 125kg/275.5lb | 155.0 | 341.5 | Paul Leonard | 3/21/2009 |
| 140kg/308.5lb | 205.0 | 451.8 | Jessie Lanier | 3/21/2009 |

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (13 - 15) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (16 - 17) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (18 - 19) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - JUNIORS (20 - 23) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Submaster (35-39) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|---------------|-------------|
| 52kg/114.5lb | | | | |
| 56kg/123.5lb | | | | |
| 60kg/132.2lb | | | | |
| 67.5kg/148.7lb | | | | |
| 75kg/165.2lb | | | | |
| 82.5kg/181.7lb | 147.5 | 325.0 | Charles Brown | 3/21/2009 |
| 90kg/198.2lb | | | | |
| 100kg/220.2lb | | | | |
| 110kg/242.5lb | | | | |
| 125kg/275.5lb | | | | |
| 140kg/308.5lb | | | | |

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (40-44) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|--------------|-------------|
| 52kg/114.5lb | | | | |
| 56kg/123.5lb | | | | |
| 60kg/132.2lb | | | | |
| 67.5kg/148.7lb | | | | |
| 75kg/165.2lb | | | | |
| 82.5kg/181.7lb | | | | |
| 90kg/198.2lb | | | | |
| 100kg/220.2lb | | | | |
| 110kg/242.5lb | | | | |
| 125kg/275.5lb | 155.0 | 341.5 | Paul Leonard | 3/21/2009 |
| 140kg/308.5lb | | | | |

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (45-49) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|--------------|-------------|
| 52kg/114.5lb | | | | |
| 56kg/123.5lb | | | | |
| 60kg/132.2lb | | | | |
| 67.5kg/148.7lb | | | | |
| 75kg/165.2lb | | | | |
| 82.5kg/181.7lb | | | | |
| 90kg/198.2lb | 227.5 | 501.6 | Jon Marshall | 10/30/2021 |
| 100kg/220.2lb | | | | |
| 110kg/242.5lb | | | | |
| 125kg/275.5lb | | | | |
| 140kg/308.5lb | | | | |
| (SHW) | | | | |

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (50-54) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
| 52kg/114.5lb | | | | |
| 56kg/123.5lb | | | | |
| 60kg/132.2lb | | | | |
| 67.5kg/148.7lb | | | | |
| 75kg/165.2lb | | | | |
| 82.5kg/181.7lb | | | | |
| 90kg/198.2lb | | | | |
| 100kg/220.2lb | | | | |
| 110kg/242.5lb | | | | |
| 125kg/275.5lb | 137.5 | 303.0 | Jeff Cole | 3/21/2009 |
| 140kg/308.5lb | | | | |

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (55-59) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|---------------|-------------|
| 52kg/114.5lb | | | | |
| 56kg/123.5lb | | | | |
| 60kg/132.2lb | | | | |
| 67.5kg/148.7lb | | | | |
| 75kg/165.2lb | | | | |
| 82.5kg/181.7lb | | | | |
| 90kg/198.2lb | | | | |
| 100kg/220.2lb | 102.5 | 225.8 | William Sands | 3/21/2009 |
| 110kg/242.5lb | | | | |
| 125kg/275.5lb | | | | |
| 140kg/308.5lb | | | | |

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (60-64) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (65-69) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (70-74) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (75-79) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)

USPF ARIZONA STATE SINGLE LIFT RECORDS
BENCH PRESS
MEN - Masters (80+ Over) Division 2

| <u>Weight Class</u> | <u>Kgs</u> | <u>Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|------------|------------|-------------|-------------|
|---------------------|------------|------------|-------------|-------------|

52kg/114.5lb

56kg/123.5lb

60kg/132.2lb

67.5kg/148.7lb

75kg/165.2lb

82.5kg/181.7lb

90kg/198.2lb

100kg/220.2lb

110kg/242.5lb

125kg/275.5lb

140kg/308.5lb

(SHW)