

**USPF ARIZONA STATE RAW FULL POWER  
WOMEN - OPEN**

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL	87.5 42.5 110.0 240.0	192.9 93.7 242.5 529.1	Zueyzan Montano Zueyzan Montano Zueyzan Montano Zueyzan Montano	10/30/2016 10/30/2016 10/30/2016 10/30/2016
56kg/123.5lb	Squat Bench Deadlift TOTAL	112.5 55.0 140.0 290.0	248.0 121.3 308.6 639.3	Chelcee Veltre Rachel Anaya Chelcee Veltre Chelcee Veltre	6/15/2019 11/22/2015 11/18/2017 11/18/2017
60kg/132.2lb	Squat Bench Deadlift TOTAL	92.5 57.5 125.0 272.5	203.9 126.8 275.6 600.8	Chelcee Veltre Gloria Valenzuela Gloria Valenzuela Gloria Valenzuela	10/30/2016 11/16/2014 11/16/2014 11/16/2014
67.5kg/148.7lb	Squat Bench Deadlift TOTAL	130.0 67.5 142.5 340.0	286.6 148.8 314.2 749.6	Stephanie Rosario Stephanie Rosario Stephanie Rosario Stephanie Rosario	10/30/2021 10/30/2021 10/30/2021 10/30/2021
75kg/165.2lb	Squat Bench Deadlift TOTAL	160.0 112.5 175.0 447.5	352.7 248.0 385.8 986.6	Victoria Yarbrough Victoria Yarbrough Victoria Yarbrough Victoria Yarbrough	5/1/2015 5/1/2015 11/16/2014 5/1/2015
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	150.0 100.0 182.5 412.5	330.7 220.5 402.3 909.4	Kristina Thoman Kendra Rivera Kendra Rivera Kendra Rivera	5/1/2015 10/30/2016 10/30/2016 10/30/2016
90kg/198.2lb	Squat Bench Deadlift TOTAL	192.5 110.0 200.0 502.5	424.4 242.5 440.9 1107.8	Jessica VanAsselberg Jessica VanAsselberg Jessica VanAsselberg Jessica VanAsselberg	10/30/2016 10/30/2016 10/30/2016 10/30/2016
90+kg/UNL	Squat Bench Deadlift TOTAL	182.5 102.5 170.0 447.5	402.3 226.0 374.8 986.6	Kristina Thoman Kristina Thoman Kristina Thoman Kristina Thoman	11/16/2014 5/21/2016 11/22/2015 5/21/2016

**USPF ARIZONA STATE RAW SUBMASTER - WOMEN 35-39**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat	77.5	170.9	Magdalena Moreno	10/30/2016
	Bench	42.5	93.7	Magdalena Moreno	10/30/2016
	Deadlift	110.0	242.5	Magdalena Moreno	10/30/2016
	TOTAL	230.0	507.1	Magdalena Moreno	10/30/2016
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	62.5	137.8	Andrea Robinson	5/1/2015
	Bench	35.0	77.2	Andrea Robinson	5/1/2015
	Deadlift	77.5	170.9	Andrea Robinson	5/1/2015
	TOTAL	175.0	385.8	Andrea Robinson	5/1/2015
67.5kg/148.7lb	Squat	130.0	286.6	Stephanie Rosario	10/30/2021
	Bench	67.5	148.8	Stephanie Rosario	10/30/2021
	Deadlift	142.5	314.2	Stephanie Rosario	10/30/2021
	TOTAL	340.0	749.6	Stephanie Rosario	10/30/2021
75kg/165.2lb	Squat	130.0	286.6	Adrienne Stimson	5/21/2016
	Bench	62.5	137.8	Amie Boozer	10/30/2021
	Deadlift	160.0	352.7	Adrienne Stimson	11/22/2015
	TOTAL	327.5	722.0	Adrienne Stimson	11/22/2015
82.5kg/181.7lb	Squat	150.0	330.7	Kristina Thoman	5/1/2015
	Bench	100.0	220.5	Kendra Rivera	10/30/2016
	Deadlift	182.5	402.3	Kendra Rivera	10/30/2016
	TOTAL	412.5	909.4	Kendra Rivera	10/30/2016
90kg/198.2lb	Squat	150.0	330.7	Kristina Thoman	4/5/2014
	Bench	95.0	209.4	Kristina Thoman	9/21/2013
	Deadlift	155.0	341.7	Kristina Thoman	9/21/2013
	TOTAL	392.5	865.3	Kristina Thoman	4/5/2014
90+kg/UNL	Squat	182.5	402.3	Kristina Thoman	11/16/2014
	Bench	100.0	220.5	Kristina Thoman	11/16/2014
	Deadlift	165.0	363.8	Kristina Thoman	11/16/2014
	TOTAL	447.5	986.6	Kristina Thoman	11/16/2014