| MEN - OPEN | | USPF | ARIZONA S PUSH | STATE RE / PULL | CORDS | |
|--|----------------|----------|-------------------|--------------------|--------------------|----------|
| Lift Kgs Lbs Name Date | | | | | | |
| Bench Deadlift TOTAL | Weight | Lift | | | Name | Date |
| Deadlift TOTAL | 52kg/114.5lb | Bench | | | | |
| TOTAL kg/123.5lb Bench Deadlift TOTAL kg/132.2lb Bench Deadlift TOTAL 5kg/148lb Bench Deadlift TOTAL kg/165.2lb Bench Deadlift TOTAL kg/165.2lb Bench Deadlift TOTAL kg/181.7lb Bench Deadlift TOTAL kg/198.2lb Bench Deadlift TOTAL kg/198.2lb Bench Deadlift TOTAL 0kg/220lb Bench Deadlift TOTAL 0kg/220lb Bench Deadlift TOTAL 0kg/220lb Bench Deadlift TOTAL 0kg/242lb Bench Deadlift TOTAL 0kg/2450 540.1 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 5kg/275lb Bench 155.0 341.7 Michael Desrosies 4/5/2014 Deadlift TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 0kg/308.5lb Bench Deadlift TOTAL | J | Deadlift | | | | |
| Bench Deadlift TOTAL | | | | | | |
| Deadlift TOTAL | | 101712 | | | | |
| Deadlift TOTAL | 56ka/123 5lh | Rench | | | | |
| TOTAL kg/132.2lb Bench Deadlift TOTAL .5kg/148lb Bench Deadlift TOTAL kg/165.2lb Bench Deadlift TOTAL .5kg/181.7lb Bench Deadlift TOTAL .5kg/198.2lb Bench Deadlift TOTAL .0kg/220lb Bench Deadlift TOTAL .0kg/220lb Bench Deadlift TOTAL .0kg/242lb Bench Deadlift TOTAL .0kg/242lb Bench Deadlift TOTAL .5kg/25lb Bench Deadlift TOTAL .0kg/242lb Bench Deadlift TOTAL .0kg/242lb Bench Deadlift TOTAL .5kg/275lb Bench Deadlift TOTAL .5kg/308.5lb Bench Deadlift TOTAL .5kg/188.7kg/308.7kg .5kg/2014 .5kg/188.7kg .5kg/1 | 30kg/123.3ib | | | | | |
| Bench Deadlift TOTAL | | | | | | |
| Deadlift | | TOTAL | | | | |
| Deadlift | 00km/400 0lb | Danah | | | | |
| TOTAL 5kg/148lb Bench Deadlift TOTAL kg/165.2lb Bench Deadlift TOTAL 5kg/198.2lb Bench Deadlift TOTAL cg/198.2lb Bench Deadlift TOTAL 0kg/220lb Bench Deadlift TOTAL 0kg/220lb Bench Deadlift TOTAL 0kg/242lb Bench Deadlift TOTAL 0kg/242lb Bench Deadlift TOTAL 0kg/242lb Bench Deadlift 150.0 330.7 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 5kg/275lb Bench Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 Deadlift TOTAL 0kg/308.5lb Bench Deadlift TOTAL | 5UKg/132.2ID | | | | | |
| Bench Deadlift TOTAL | | | | | | |
| Deadlift TOTAL | | TOTAL | | | | |
| Deadlift TOTAL | 27 Flor/4 40U | D ! | | | | |
| TOTAL Bench Deadlift TOTAL | 57.5Kg/148ID | | | | | |
| Bench Deadlift TOTAL | | | | | | |
| Deadlift TOTAL | | TOTAL | | | | |
| Deadlift TOTAL | 75ka/165 21h | Ronah | | | | |
| TOTAL Skg/181.7lb | 3kg/165.2lb | | | | | |
| Skg/181.7lb Bench Deadlift TOTAL | | | | | | |
| Deadlift TOTAL Reg/198.2lb Bench Deadlift TOTAL | | TOTAL | | | | |
| Deadlift TOTAL Reg/198.2lb Bench Deadlift TOTAL | 32 5ka/181 7lh | Rench | | | | |
| TOTAL Reg/198.2lb Bench Deadlift TOTAL | 02.0Kg/101.7ID | | | | | |
| Bench | | | | | | |
| Deadlift TOTAL | | TOTAL | | | | |
| Deadlift TOTAL | 10ka/198 2lh | Rench | | | | |
| Dkg/220lb Bench Deadlift TOTAL | 50kg/150.2lb | | | | | |
| Dkg/220lb Bench Deadlift TOTAL | | | | | | |
| Deadlift TOTAL Okg/242lb Bench 95.0 209.4 Gene Lawrence 5/3/2015 Deadlift 150.0 330.7 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 Skg/275lb Bench 155.0 341.7 Michael Desrosies 4/5/2014 Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL O+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | TOTAL | | | | |
| Deadlift TOTAL Okg/242lb Bench 95.0 209.4 Gene Lawrence 5/3/2015 Deadlift 150.0 330.7 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 Skg/275lb Bench 155.0 341.7 Michael Desrosies 4/5/2014 Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL O+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | 100kg/220lb | Bench | | | | |
| TOTAL | | | | | | |
| Dkg/242lb Bench 95.0 209.4 Gene Lawrence 5/3/2015 Deadlift 150.0 330.7 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 | | | | | | |
| Deadlift 150.0 330.7 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 5kg/275lb Bench 155.0 341.7 Michael Desrosies 4/5/2014 Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL 0+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | TOTAL | | | | |
| Deadlift 150.0 330.7 Gene Lawrence 5/3/2015 TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 5kg/275lb Bench 155.0 341.7 Michael Desrosies 4/5/2014 Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL 0+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | 10kg/242lb | Bench | 95.0 | 209.4 | Gene Lawrence | 5/3/2015 |
| TOTAL 245.0 540.1 Gene Lawrence 5/3/2015 5kg/275lb Bench 155.0 341.7 Michael Desrosies 4/5/2014 | | | | | | |
| Bench | | | | | | |
| Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL O+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | IOIAL | 270.0 | J-10.1 | CONC LAWIENCE | 3/3/2013 |
| Deadlift 272.5 600.8 Michael Desrosies 4/5/2014 TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL O+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | 25kg/275lb | Bench | 155.0 | 341.7 | Michael Desrosies | 4/5/2014 |
| TOTAL 427.5 942.5 Michael Desrosies 4/5/2014 Okg/308.5lb Bench Deadlift TOTAL O+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | 2g •• | | | | | |
| Okg/308.5lb Bench Deadlift TOTAL O+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | | | | | |
| Deadlift TOTAL 0+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | IOIAL | 421.0 | 342.0 | WINCHACI DESIUSIES | 4/3/2014 |
| Deadlift TOTAL 0+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | 140kg/308.5lb | Bench | | | | |
| TOTAL 0+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | | | | | |
| 0+kg/308+lb Bench Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | | | | | |
| Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | IOIAL | | | | |
| Deadlift TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | 40+kg/308+lh | Bench | | | | |
| TOTAL MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | | | | | |
| MEN ~ SUBMASTER 35-39 eight Lift Kgs Lbs Name Date | | | | | | |
| eight Lift Kgs Lbs Name Date | | IOTAL | | | | |
| eight Lift Kgs Lbs Name Date | | ME | EN ~ SUB <u>M</u> | ASTER 3 | 5-39 | |
| kg/114.5lb Bench | Veight | | | | | Date |
| | 2kg/114.5lb | Bench | | | | |

| | Deadlift TOTAL | |
|----------------|----------------------------|-------|
| 56kg/123.5lb | Bench Deadlift TOTAL | |
| 60kg/132.2lb | Bench Deadlift TOTAL | |
| 67.5kg/148lb | Bench Deadlift TOTAL | |
| 75kg/165.2lb | Bench Deadlift TOTAL | |
| 82.5kg/181.7lb | Bench Deadlift TOTAL | |
| 90kg/198.2lb | Bench Deadlift TOTAL | |
| 100kg/220lb | Bench Deadlift TOTAL | |
| 110kg/242lb | Bench Deadlift TOTAL | |
| 125kg/275lb | Bench Deadlift TOTAL | |
| 140kg/308.5lb | Bench Deadlift TOTAL | |
| 140+kg/308+lb | Bench Deadlift TOTAL | |
| | | MEN ~ |

| MEN ~ MASTER 40-44 | | | | | | |
|--------------------|----------|-----|-----|------|------|--|
| Weight | Lift | Kgs | Lbs | Name | Date | |
| 52kg/114.5lb | Bench | | | | | |
| | Deadlift | | | | | |
| | TOTAL | | | | | |
| 56kg/123.5lb | Bench | | | | | |
| J | Deadlift | | | | | |

| | TOTAL | | | | |
|------------------------|----------------------------|----------|-----|------|------|
| 60kg/132.2lb | Bench Deadlift TOTAL | | | | |
| 67.5kg/148lb | Bench Deadlift TOTAL | | | | |
| 75kg/165.2lb | Bench Deadlift TOTAL | | | | |
| 82.5kg/181.7lb | Bench Deadlift TOTAL | | | | |
| 90kg/198.2lb | Bench Deadlift TOTAL | | | | |
| 100kg/220lb | Bench Deadlift TOTAL | | | | |
| 110kg/242lb | Bench Deadlift TOTAL | | | | |
| 125kg/275lb | Bench Deadlift TOTAL | | | | |
| 140kg/308.5lb | Bench Deadlift TOTAL | | | | |
| 140+kg/308+lb | Bench Deadlift TOTAL | | | | |
| | | MEN ~ MA | | | |
| Weight 52kg/114.5lb | Lift Bench Deadlift TOTAL | Kgs | Lbs | Name | Date |
| 56kg/123.5lb | Bench Deadlift TOTAL | | | | |
| 60kg/132.2lb | Bench Deadlift TOTAL | | | | |

| 67.5kg/148lb | Bench Deadlift TOTAL |
|----------------|----------------------------|
| 75kg/165.2lb | Bench Deadlift TOTAL |
| 82.5kg/181.7lb | Bench Deadlift TOTAL |
| 90kg/198.2lb | Bench Deadlift TOTAL |
| 100kg/220lb | Bench Deadlift TOTAL |
| 110kg/242lb | Bench Deadlift TOTAL |
| 125kg/275lb | Bench Deadlift TOTAL |
| 140kg/308.5lb | Bench Deadlift TOTAL |
| 140+kg/308+lb | Bench Deadlift TOTAL |

| | | 15N MAG | | 5 4 | | | | |
|--------------------|-------------|---------|-----|------------|------|--|--|--|
| MEN ~ MASTER 50-54 | | | | | | | | |
| Weight | Lift | Kgs | Lbs | Name | Date | | | |
| 52kg/114.5lb | Bench | | | | | | | |
| | Deadlift | | | | | | | |
| | TOTAL | | | | | | | |
| | . 0 . 7 . 2 | | | | | | | |
| 56kg/123.5lb | Bench | | | | | | | |
| 30kg/123.3lb | Deadlift | | | | | | | |
| | | | | | | | | |
| | TOTAL | | | | | | | |
| / | | | | | | | | |
| 60kg/132.2lb | Bench | | | | | | | |
| | Deadlift | | | | | | | |
| | TOTAL | | | | | | | |
| | | | | | | | | |
| 67.5kg/148lb | Bench | | | | | | | |
| 3 | Deadlift | | | | | | | |
| | TOTAL | | | | | | | |
| | IOIAL | | | | | | | |
| 751, a/105 01b | Danah | | | | | | | |
| 75kg/165.2lb | Bench | | | | | | | |

| | Deadlift TOTAL |
|----------------|----------------------------|
| 82.5kg/181.7lb | Bench Deadlift TOTAL |
| 90kg/198.2lb | Bench Deadlift TOTAL |
| 100kg/220lb | Bench Deadlift TOTAL |
| 110kg/242lb | Bench Deadlift TOTAL |
| 125kg/275lb | Bench Deadlift TOTAL |
| 140kg/308.5lb | Bench Deadlift TOTAL |
| 140+kg/308+lb | Bench Deadlift TOTAL |
| | |

| | | MEN ~ MAS | TER 55- | 59 | |
|----------------|-------------------|-----------|---------|------|------|
| Weight | Lift | Kgs | Lbs | Name | Date |
| 52kg/114.5lb | Bench Deadlift | | | | |
| | TOTAL | | | | |
| 56kg/123.5lb | Bench Deadlift | | | | |
| | TOTAL | | | | |
| 60kg/132.2lb | Bench | | | | |
| | Deadlift TOTAL | | | | |
| 67.5kg/148lb | Bench | | | | |
| | Deadlift TOTAL | | | | |
| 75kg/165.2lb | Bench | | | | |
| | Deadlift TOTAL | | | | |
| 82.5kg/181.7lb | Bench | | | | |
| | Deadlift | | | | |

| | TOTAL |
|---------------|----------------------------|
| 90kg/198.2lb | Bench Deadlift TOTAL |
| 100kg/220lb | Bench Deadlift TOTAL |
| 110kg/242lb | Bench Deadlift TOTAL |
| 125kg/275lb | Bench Deadlift TOTAL |
| 140kg/308.5lb | Bench Deadlift TOTAL |
| 140+kg/308+lb | Bench Deadlift TOTAL |

| | | MEN ~ MAS | TER 60- | 64 | |
|----------------|----------|-----------|---------|------|------|
| Weight | Lift | Kgs | Lbs | Name | Date |
| 52kg/114.5lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 56kg/123.5lb | Bench | | | | |
| 30kg/123.3lb | Deadlift | | | | |
| | TOTAL | | | | |
| | TOTAL | | | | |
| 60kg/132.2lb | Bench | | | | |
| _ | Deadlift | | | | |
| | TOTAL | | | | |
| | | | | | |
| 67.5kg/148lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 75kg/165.2lb | Bench | | | | |
| 7 okg/ 100.21b | Deadlift | | | | |
| | TOTAL | | | | |
| | | | | | |
| 82.5kg/181.7lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 001 /400 011 | | | | | |
| 90kg/198.2lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |

| 100kg/220lb | Bench Deadlift TOTAL |
|---------------|----------------------------|
| 110kg/242lb | Bench Deadlift TOTAL |
| 125kg/275lb | Bench Deadlift TOTAL |
| 140kg/308.5lb | Bench Deadlift TOTAL |
| 140+kg/308+lb | Bench Deadlift TOTAL |

| | | MEN ~ MAS | TERS 65 | -69 | |
|----------------|----------------------------|-----------|---------|------|------|
| Weight | Lift | Kgs | Lbs | Name | Date |
| 52kg/114.5lb | Bench Deadlift TOTAL | | | | |
| 56kg/123.5lb | Bench Deadlift TOTAL | | | | |
| 60kg/132.2lb | Bench Deadlift TOTAL | | | | |
| 67.5kg/148lb | Bench Deadlift TOTAL | | | | |
| 75kg/165.2lb | Bench Deadlift TOTAL | | | | |
| 82.5kg/181.7lb | Bench Deadlift TOTAL | | | | |
| 90kg/198.2lb | Bench Deadlift TOTAL | | | | |
| 100kg/220lb | Bench Deadlift TOTAL | | | | |

| 110kg/242lb | Bench Deadlift TOTAL |
|---------------|----------------------------|
| 125kg/275lb | Bench Deadlift TOTAL |
| 140kg/308.5lb | Bench Deadlift TOTAL |
| 140+kg/308+lb | Bench Deadlift TOTAL |

| | | MEN ~ MAS | TER 70- | 74 | |
|----------------|----------------------------|-----------|---------|---------------|----------|
| Weight | Lift | Kgs | Lbs | Name | Date |
| 52kg/114.5lb | Bench Deadlift TOTAL | J | | | |
| 56kg/123.5lb | Bench Deadlift TOTAL | | | | |
| 60kg/132.2lb | Bench Deadlift TOTAL | | | | |
| 67.5kg/148lb | Bench Deadlift TOTAL | | | | |
| 75kg/165.2lb | Bench Deadlift TOTAL | | | | |
| 82.5kg/181.7lb | Bench Deadlift TOTAL | | | | |
| 90kg/198.2lb | Bench Deadlift TOTAL | | | | |
| 100kg/220lb | Bench Deadlift TOTAL | | | | |
| 110kg/242lb | Bench Deadlift TOTAL | | | | |
| 125kg/275lb | Bench | 112.5 | 248.0 | Gene Lawrence | 5/4/2013 |

| | Deadlift TOTAL | 137.5 250.0 | 303.1 551.2 | Gene Lawrence Gene Lawrence | 5/4/2013 5/4/2013 |
|---------------|----------------------------|----------------|----------------|--------------------------------|----------------------|
| 140kg/308.5lb | Bench Deadlift TOTAL | | | | |
| 140+kg/308+lb | Bench Deadlift TOTAL | | | | |

| | | MEN ~ MAS | STER 75- | 79 | |
|----------------|----------|-----------|----------|---------------|----------|
| Weight | Lift | Kgs | Lbs | Name | Date |
| 52kg/114.5lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| | | | | | |
| 56kg/123.5lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 001 /400 011 | 5 . | | | | |
| 60kg/132.2lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 67.5kg/148lb | Bench | | | | |
| 07.5kg/140lb | Deadlift | | | | |
| | TOTAL | | | | |
| | 101712 | | | | |
| 75kg/165.2lb | Bench | | | | |
| 5 | Deadlift | | | | |
| | TOTAL | | | | |
| | | | | | |
| 82.5kg/181.7lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 001/400 011- | Danah | | | | |
| 90kg/198.2lb | Bench | | | | |
| | Deadlift | | | | |
| | TOTAL | | | | |
| 100kg/220lb | Bench | | | | |
| 100kg/22010 | Dench | | | | |
| | TOTAL | | | | |
| | TOTAL | | | | |
| 110kg/242lb | Bench | 95.0 | 209.4 | Gene Lawrence | 5/3/2015 |
| 3 | Deadlift | 150.0 | 330.7 | Gene Lawrence | 5/3/2015 |
| | TOTAL | 245.0 | 540.1 | Gene Lawrence | 5/3/2015 |
| | | | | | |
| 125kg/275lb | Bench | 97.5 | 215.0 | Gene Lawrence | 08/22/15 |
| | Deadlift | 145.0 | 319.7 | Gene Lawrence | 08/22/15 |
| | TOTAL | 242.5 | 534.6 | Gene Lawrence | 08/22/15 |
| | _ | | | | |
| 140kg/308.5lb | Bench | | | | |
| | Deadlift | | | | |

TOTAL

140+kg/308+lb Bench

Deadlift TOTAL

| | | MEN ~ MA | STER 80 |)+ | |
|----------------|----------------------------|----------|---------|------|------|
| Weight | Lift | Kgs | Lbs | Name | Date |
| 52kg/114.5lb | Bench Deadlift TOTAL | J | | | |
| 56kg/123.5lb | Bench Deadlift TOTAL | | | | |
| 60kg/132.2lb | Bench Deadlift TOTAL | | | | |
| 67.5kg/148lb | Bench Deadlift TOTAL | | | | |
| 75kg/165.2lb | Bench Deadlift TOTAL | | | | |
| 82.5kg/181.7lb | Bench Deadlift TOTAL | | | | |
| 90kg/198.2lb | Bench Deadlift TOTAL | | | | |
| 100kg/220lb | Bench Deadlift TOTAL | | | | |
| 110kg/242lb | Bench Deadlift TOTAL | | | | |
| 125kg/275lb | Bench Deadlift TOTAL | | | | |
| 140kg/308.5lb | Bench Deadlift TOTAL | | | | |
| 140+kg/308+lb | Bench Deadlift TOTAL | | | | |