USPF ARIZO	NA STATE R	ECORDS	MASTE	R - WOMEN	40-44	
Weight	Lift	Kgs	Lbs	Name		Date
44kg/97lb	Squat Bench Deadlift TOTAL					
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL					
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					

			MASTER -		45-49	
Weight 44kg/97lb	Lift Squat Bench Deadlift TOTAL	Kgs	Lbs	Name		Date
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL	70.0 55.0 107.5 232.5	154.3 121.3 236.8 512.5	Cathy Boy Cathy Boy Cathy Boy Cathy Boy	wden wden	09/25/10 09/25/10 09/25/10 09/25/10
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					

				MASTER - WOMEN	50-54
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL	75.0 55.0 82.5 212.5	165.3 121.3 181.8 468.3	Carol Oliva Carol Oliva	02/13/10 02/13/10 02/13/10 02/13/10
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	97.5 47.5 142.5 287.5	215.0 124.7 314.2 633.8	Cristina Ramirez Cristina Ramirez	11/22/15 11/22/15 11/22/15 11/22/15
90kg/198.2lb	Squat Bench Deadlift TOTAL				
90+kg/UNL	Squat Bench Deadlift TOTAL				

USPF ARIZO			Lbs	- WOMEN	55-59	Data
Weight 44kg/97lb	Lift Squat Bench Deadlift TOTAL	Kgs	LDS	Name		Date
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL					
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					

	NA STATE RE Lift		Lbs	- WOMEN	60-64	Data
Weight 44kg/97lb	Squat Bench Deadlift TOTAL	Kgs	LDS	Name		Date
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL					
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					

			Lbs	- WOMEN	65-69	Data
Weight 44kg/97lb	Lift Squat Bench Deadlift TOTAL	Kgs	LDS	Name		Date
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL					
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					

				R - WOMEN	70-74	D /
Veight	Lift	Kgs	Lbs	Name		Date
4kg/97lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
	Courset					
8kg/105.7lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
2kg/114.5lb	Squat					
2Kg/114.515	Bench					
	Deadlift					
	TOTAL					
	IOTAL					
6kg/123.5lb	Squat					
0100, 1201010	Bench					
	Deadlift					
	TOTAL					
0kg/132.2lb	Squat					
U	Bench					
	Deadlift					
	TOTAL					
7.5kg/148.7lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
	_					
5kg/165.2lb	Squat					
	Bench					
	Deadlift					
	TOTAL					
	Course					
2.5kg/181.7lb						
	Bench					
	Deadlift					
	TOTAL					
0kg/198.2lb	Squat					
UNY 190.210	Bench					
	Deadlift					
	TOTAL					
	IUTAL					
0+kg/UNL	Squat					
	Bench					
	Deadlift					
	Deathin					

				R - WOMEN	75-79	Data
Veight 14kg/97lb	Lift Squat Bench Deadlift TOTAL	Kgs	Lbs	Name		Date
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL					
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					

				ER - WOMEN	80+	Data
Weight 44kg/97lb	Lift Squat Bench Deadlift TOTAL	Kgs	Lbs	Name		Date
48kg/105.7lb	Squat Bench Deadlift TOTAL					
52kg/114.5lb	Squat Bench Deadlift TOTAL					
56kg/123.5lb	Squat Bench Deadlift TOTAL					
60kg/132.2lb	Squat Bench Deadlift TOTAL					
67.5kg/148.7lb	Squat Bench Deadlift TOTAL					
75kg/165.2lb	Squat Bench Deadlift TOTAL					
82.5kg/181.7lb	Squat Bench Deadlift TOTAL					
90kg/198.2lb	Squat Bench Deadlift TOTAL					
90+kg/UNL	Squat Bench Deadlift TOTAL					